

Levitation: spells, and method

This is a short collection a spells and methods to achieve levitation.

By Lisa Parris:

Instructions

Step 1

Begin by sitting in a comfortable position in an uncluttered room. Close your eyes and draw a deep breath, in through the nose and out through the mouth. Imagine yourself floating on the surface of a calm pool of clear, blue water; the sun is shining and you are warm and relaxed. Now envision yourself rising up above the water, floating toward the sandy shores, drifting higher to hover over the treetops, and higher still toward the mountain tops, before finally coming to rest on a cloud.

Step 2

Repeat this visualization 5 to 10 times, until you are comfortable with it and feel light and relaxed. Then, repeat the visualization one more time while saying the following:

Higher than a bird's sweet song,
Gravity within be gone,
Let me float and let me fly,
Up where I'm relaxed and calm.
As the blue sky calls me home,
I shall not fall nor fear,
My body floating on and up,
Over sand and sea and pier.

Step 3

Open your eyes when you have finished the chant. If you are not floating, repeat the chant as many times as necessary to achieve levitation.

Step 4

Return to the floor by closing your eyes and picturing yourself gradually drifting from the sky to the mountains. From the mountains, float slowly over the trees of the forest and the sandy shores, eventually returning to the surface of the sea. It is important to see yourself returning to land slowly. A rapid descent could result in a crash landing and possible injury.

Step 5

Say the following while visualizing your downward progression:

Up in the air
Weightless and high
I take a breath and release a sigh
Releasing air I held within
Returning to where I have been
Drifting down on to the ground
Help me land without a sound.

Levitation spells are very challenging to cast and generally require lots of practice. Do not be discouraged if you're not successful on the first attempt.

Once cast, a levitation spell cannot be reversed; however, the strength of the spell will decrease over time and will eventually wear off completely.

How to Levitate Off The Ground Without Using Tricks or Technology

by Satchell1

Instructions

Things You'll Need:

A strong state of mind

Step 1

1) ask yourself why you want to levitate. is it because you want to impress people. Is it because you want to emulate a favorite superhero of yours? Your reasons should not be egotistical.

The achievement of "supernatural" abilities and an ego-based mindset are mutually exclusive. In other words, the moment you no longer care about levitating for your friends is the time that you may achieve it.

Step 2

2) Go into a deep trance. You might use sound, such as meditation music, or you may prefer absolute quiet.

Step 3

3) Raise your energy, filling your body. If you have a visualization technique, such as increasing your kundalini or opening your chakras, you can do that now.

Step 4

4) Now visualize yourself as a body of energy. Manipulate the energy without actively moving your body.

Step 5

5) Visualize the body of energy entering the space above you. Realize that the air around is just a fluid of particles, just like you. All particles are made up of the same components, so just transition into your body into the particles above you. If your mind is strong and your trance is deep, you'll find yourself floating in the air.

Tips & Warnings

Remember, if you're pursuing this goal to impress your friends, it will never happen! You will never be able to show your friends, nor should you ever want to.

Don't look to YouTube to show you the way. Anyone who has the desire to show off for others lacks the right mindset to truly levitate.

If you go towards a wall, you may find yourself moving through it, or if not, bumping it. Be careful!

How to Cast a Spell to Levitate Objects

By Matthew J Schieltz

Levitating objects is one of the many things that many people interested in the paranormal, Wiccan, or Witchcraft culture may try to accomplish even though it may take months or even years to acquire the ability to do so. Levitating objects, also known as harnessing your Cone of Power, can be an incredible feeling once accomplished. There are, indeed, many barriers to overcome when learning how to levitate objects, but it is actually not that hard once you have done it at least once. Here are instructions for how to cast a spell to levitate objects.

Instructions

Things You'll Need:

The object you'd like to levitate

A specific "spell" in mind

Sufficient time for the spell to take place

Step 1

Decide which object you'd like to levitate. For this example, and for your first time levitating objects, it's best to use something very small like a pencil or dice.

Step 2

Go to a quiet area in your house, such as your bedroom or in a den or reading area.

Step 3

Turn off everything that will distract you from levitating objects. This includes turning off the television, unplugging the phone, turning off your cell phone, and closing the curtains or blinds.

Step 4

Position the object you are practicing levitating with right in front of you.

Step 5

Focus all of your attention on the object, (i.e. the dice or the pencil) and concentrate on how much energy is required to move or levitate the object.

Step 6

While focusing on the object, be aware of the energy inside and outside of yourself as you visualize and try to raise your Cone of Power, or energy, around yourself and the object. This can be done with your eyes either open or closed.

Step 7

With your mind, move or levitate the dice or the pencil in the direction you want it to move by focusing on the energy inside you and the energy inside the object.

Step 8

Use and say a Wiccan, magic, or other kind of "spell" that you may want to try in order to help your efforts of levitating objects.

Step 9

Keep focusing on moving and/or levitating the object with your mind and energy for about a half hour. If no results occur then you can always practice again another time.

Step 10

Practice trying to levitate a simple object every day at the same time for about thirty minutes to a full hour until you can successfully move objects and make them levitate!

Tips & Warnings

Don't get discouraged if you can't levitate an object with mental spells and concentration in one sitting. Many people take weeks or months to begin levitating objects!
