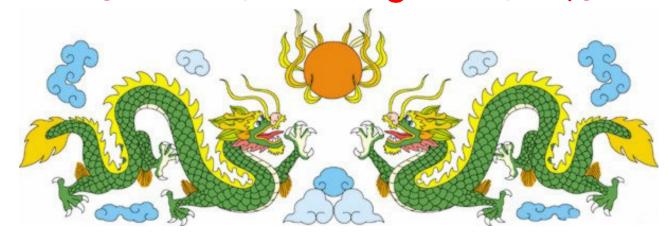
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LightWorkerTM Turkey Medicine Empowerment



Channeled by Lisa "Ladywolf" Center Manual written by Lisa Center Latout by Jens Søeborg

Front page: Artwork from Outer Banks Posters

LW Turkey Medicine Empowerment

The LightWorkerTM Turkey Medicine Empowerment is a part of LightWorkerTM Animal Empowerments, mainly channelled and written by Lisa "Ladywolf" Center:

LightWorker™ Animal Empowerments (Lisa "Ladywolf" Center)

LightWorker™ Bear Medicine Empowerment (Lisa "Ladywolf" Center)

LightWorker™ Cougar Medicine Empowerment (Lisa "Ladywolf" Center)

LightWorker™ Coyote Medicine Empowerment (Lisa "Ladywolf" Center)

LightWorker™ Deer Medicine Empowerment (Lisa "Ladywolf" Center)

LightWorker[™] Fox Medicine Empowerment (Lisa "Ladywolf" Center)

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LightWorker™ Turkey Medicine Empowerment (Lisa "Ladywolf" Center)

LightWorker™ Turtle Medicine Empowerment (Lisa "Ladywolf" Center)

LightWorker™ Wolf Empowerment (Lisa Center & Jens Söeborg)

You also find empowerments and healing from Lisa "Ladywolf" Center in

LightWorker[™] **Animal Healing Series** (Lisa "Ladywolf" Center & Jens Söeborg)

LightWorker[™] Animal Path Healing (Lisa "Ladywolf" Center)

LightWorker™ Bear Reiki (Lisa Center & Jens Söeborg)

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LightWorker™ Centaurs Lair (Andrea "Chisara" Baginski)

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LightWorker™ Wodwoses Lair (Andrea "Chisara" Baginski)

And more to come





The Turkey

"Turkey has been called the earth Eagle. Those that remain wild and untamed are a sight to behold. Springtime is when I see Turkey the most though their cycle of power is autumn. I am more likely to see them in a group but once in awhile I catch sight of a lone female on the land. Last spring, I got to see a hen and her brood walking daily across the field to the nest they had somewhere in the woods next to the house. I am grateful to see Turkey has come again. The Universe is letting me know I will have another year of Harvest. Turkey medicine is about shared blessings and teaches us to recognize and develop the Divine within through giving.

An old Zuni legend is very similar to the Cinderella story. It is called the Poor turkey girl. It is the story of a young girl who is living alone and trying to take care of herself. Her parents have passed and she is very poor. Everyone in her village raise turkeys and the young girl works with the turkeys in exchange for food and an occasional hand me down piece of clothing. Her clothing is always dirty and her hair unkempt but she faithfully walked the turkeys out to graze daily. They would return nightly with her to stay in their home in the village. One day she hears of a special celebration that has everyone talking and preparing for the day. It is the Dance of the Sacred Bird and everyone will wear their finest clothes and dance until dawn. The poor turkey girl knows she will not be able to attend. As the days leading up to the dance come and go she talks aloud about how much she would love to be clean with pretty clothes to wear. She does not realize the turkeys

listen to her. On the day of the Dance, the oldest male comes before her and tells her to bring everyone in early on this day. They ask her to trust them and she will be rewarded. Once they return to the village the turkeys take the girls clothing and stomp and prance on every piece until it is clean and looking new. Turkeys are attracted to bright shiny things so they had a stash of sparklies that included earrings and a necklace the girl could wear. Like the Fairy Godmother in Cinderella, Turkey provided the means for the Poor Turkey girl to find happiness.



Turkey feathers have been used in ceremony and as decoration by Native tribes. The Native American headdress pictured in this manual is made from turkey feathers. Many people use these feathers in their smudging ceremonies. The wind from the feathers waving burns the sage brighter and sends the smoke as a message to the Great Spirit.

Turkeys live for about 12 years. The number twelve ties them close to the earth and her cyclic rotation. When turkey presents itself in your life, you can expect a full year of rich harvest. Turkey encourages you to trust and know that your needs will be met.

It takes a turkey egg 28 days to hatch. Baby turkeys are called pouts and the females are hens. Males are called Tom in the U.S. and Stags in Britain. There are farms that raise the bird for profit and these birds are much heavier than their wilder counterparts. They are usually too heavy to fly. Thus, many people do not realize Turkey does fly. A day



in the life is usually spent searching for food. The night is spent in the lower branches of trees. Acorns, seeds, nuts, small insects and wild berries make up most of the turkey diet. Acorns and nuts represent hidden wisdom and growth. The fact that this is a mainstay of the diet could indicate something hidden is about to be revealed. Another question you might consider, if turkey has appeared to you, is "are you sure everything is what it seems to be at this time?" Turkey is also linked to the third eye and inner vision and it can be announcing a time of increased sight.

The eggs are tan and brown speckled and as many as 18 at a time can be incubated in a nest. The nest can usually be found under a low bush in the woods. Pouts can not fly for 2 weeks. They flock with their Mother all year. It is the male that is an open book. It could be said they wear their emotions on their chins. Their snood, turkey beard, skin at their throats, turns colors depending on the state they are in. It can be very bright red when excited but it can also be white or blue if they are under stress.



Shamans hold the turkey in high esteem because he sees and hears so well. They would often turn themselves into a Turkey to strut around the villages. Turkey is known to be the one who taught early natives how to raise corn and fight off evil spirits.

You are asked to look at the way you yourself give to others. Do you give out of pure heart or do you give so others will say "Oh look how good he is he gives so much." Before the 1900's, in the United States, Native Americans used to hold a sacred ceremony they called the Giveaway or Potlatch. At these celebrations tribes would come together and give everything they had if they thought someone else could use it. Some people would have such strong faith in the Nation of the

people they would give everything they owned. When we are all at a place where we can give that way, we will be a much closer people and there will be evidence of shared blessings in our societies, instead of hoarding or poverty.

It is interesting to note that the Giveaway was halted by the government in the early 1900's. The idea of giving everything away when you were poor to begin with was so foreign to the government officials they thought it would be best to not allow them anymore.

Turkeys Medicine

Turkey medicine is about honoring the earth and its inhabitants. People with this totem are more than willing to sacrifice of themselves. Turkey is often the medicine of Saints and mystics. You can walk with pride if you are gifted with turkey medicine. You are selfless and act in the highest good of all concerned. You are one who has transcended self, for this medicine rests in enlightenment.



Turkey's Wisdom Includes:

- Sacrifice of self for a higher purpose
- Understanding the gift of giveaway
- Honoring the earth
- Harvest bounties

You can hear Turkey speak at www.geocities.com/RainForest/

Turkey ceremony:

Begin the ceremony by honoring the four directions. Prepare as you would for any meditation and call whatever guides you may want to assist with the empowerment. Wild turkeys love the woods so you may find yourself meeting there. With his/her presence you can except to learn the true nature of giving and a bountiful harvest within your own life for the coming year. Enjoy the abundance of Turkey and remember to always thank them and acknowledge the blessings.

May you walk in peace with the Earth. Ladywolf

