



The Planet Saturn

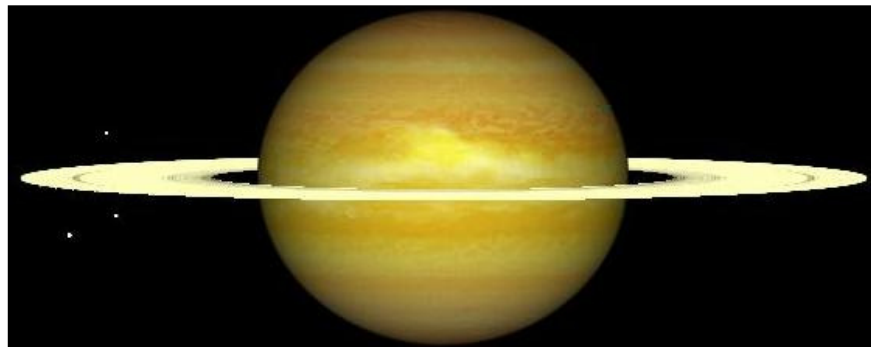
Manual and Channeling

By

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(Information from various sources)

This manual is to be passed to Reiki Masters only.

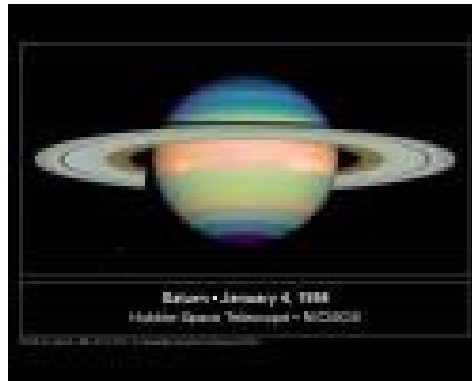


*When you are attuned to the energies of Planet Saturn you will receive the following attributes and energies
While, at first glance, the energies of Saturn appear to be negative, there is much to be learned from them*



Enjoy!





Saturn, the grim reaper and lord of time embodies solidification, concentration and hardness.

He is the merciless teacher of duty and responsibility.

He governs the aging and dying process and his character is inflexible, rigid, dry and cold.

His metal is lead, the heaviest metal of them all.

His stones are black like Obsidians and Jet.

In the animal kingdom his signature can be found amongst the cold-blooded reptilians and amongst certain insects such as the workaholic-seeming ants.

Saturn is the second largest planet in our solar system.

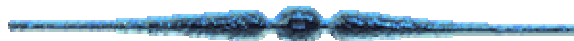
You probably know Saturn because of its rings such a beautiful planet!

Those rings have massive amount of water by the way.

Saturn rotates extremely fast in relation to its size but it takes almost 30 years from the planet to complete its cycle around the Sun.

This long cycle is also the basis for a astrological phenomenon called Saturn Return .

SATURN-Cold, dry, chronic, contracting, crystallizing, binding, restricting, centripetal, obstructive.



Healing associations

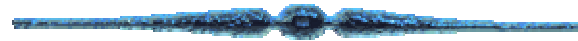
You can use the energies of Saturn when dealing with the following .

-Gall bladder, pneumogastric or vagus nerve, teeth, skin, joints, ligaments, sigmoid flexure.

Saturn represents skin, teeth and bone related illnesses and arthritis as well calcium deficiency and kneecap problems.

Musical Note

'F'



Saturn in Mythology

In Roman mythology, Saturn was a god of harvest. This doesn't stray too far from Saturn's present role in astrology. Saturn was also the father of Jupiter. Fittingly Jupiter killed his own father and threw him to ocean (story has more detail, but I try to keep this corner of Internet fairly clean, for those who wonder what actually happened to Jupiter's body, can think of birds and bees), where the remains of Jupiter started Venus.



Numerology

Number 8:

Element: Earth (practical & Methodological)

Planet : Saturn

Best Day : Saturday

Colors : Dark colors like Black, Navy and Dark brown

Saturn the God

*Saturn, god of harvest or time of reaping
(sixth planet from the sun).*



Harvest time in ancient Italy belonged to the god of reaping, whom the Romans called Saturn. A symbol curved like his sickle represents the planet.



Saturn (Sower) is closely connected with Demeter (Ceres) and his worship continued at Rome along with that of Zeus or Jupiter.

He was an ancient Roman god of fertility, especially of agriculture.

He was believed to be the deity who had introduced agriculture and with it civilization and government.

He carried a sickle as his symbol.

Saturn was worshiped in a winter festival called the Saturnalia and his name was/is used for the day of the week, Saturday.

The Saturnalia started about December 17 and lasted for seven days.

A harvest-home or winter solstice celebration marked by carnival, exchange of gifts, feasting, license and misrule, and a cessation of all public works.

Masters served slaves; kings were chosen by lot, usually from among criminals or slaves, to preside over the feast, given ass ears, and then slain.

A sacrificial victim was chosen to represent both the god himself and the king-surrogate

He was slain and sent to the underworld to merge with his divine counterpart.

Its riotous indulgence is the source of the phrase Saturnalia of crime.

It is said to have merged into the Christmas festival.

Astrological sign associated with Saturn

The planet Saturn "rules" the sign of Capricorn.



The ancients associated the sign of Capricorn with Saturn and found many similarities between characteristics displayed by the sign of Capricorn and those who had Saturn prominent in their chart.

Saturn is often referred to as the planet of Buddhists, because its lessons are always hard earned and full of delays, frustrations, setbacks, disappointments and constant opposition, but increase self-discipline and always lead to long-lasting results.

Saturn represents those areas of your life where you feel held back and restricted but where you can accomplish the most (often by over-compensating for your insecurities).

It shows any phobias, pessimism, lack of faith and over-cautiousness but also accomplishments due to hard work and perseverance. Saturn represents the conscientious, ambitious, hard working and responsible side of your nature.

Saturn represents skin, teeth and bone related illnesses and arthritis as well calcium deficiency and kneecap problems.

Its size gives Saturn a big influence on us. Unlike scientific facts tell us, Saturn, being gas planet with density less than water

Saturn belongs to Earth element.

This same earthly relation can also be seen in Oriental cultures.

Saturn is also masculine planet. This could come from its state of being oblate spheroid.

Well, that kind of ball, which is flattened from the top and bottom and rounded from both sides.

Although Saturn was associated to harvesting it is not joyous sign. It is very stressful to ponder about weather and other aspects of good harvest. This sign has developed to a mixture of pessimistic traits.

It is described to be realistic, sad, cold and restricted.

Saturn is called The Bringer of Old Age .

On more positive note, Saturn is associated with planning and thinking ahead, therefore making it a wise sign whenever having influence on zodiac.

This planet tends to bring you challenges and restrictions even when very well placed, although then you tend to have the necessary maturity required to overcome and succeed. Sometimes referred to as the great teacher , Saturn tends to have a hand in delivering to you your tough karma.

Whichever area of life, indicated by house position, that Saturn arrives in it is there that you will learn some of your toughest lessons and be required to work hardest

- *Capricorn the Goat*



December 22 January 19
I Use

Duality: Feminine

Triplicity: Earth

Modality: Cardinal

Ruling Planet: Saturn

Associated Gemstone: Garnet

Metal: Lead

Tarot Card: The Devil

Positive Qualities

Cautious, realistic, hard-working, high standards, conventional, loyal to tradition, respects authority.

Negative Qualities

Egotistical, narcissistic, status-seeking, unforgiving, never satisfied.



CAPRICORN:

Key words and concepts:

Detached, serious, mature, ambitious, concerned with prestige and stature, practical, shrewd, objective, cold and austere, sombre, solitary.

Most astrologers associate various things with a zodiac sign.

For example, particular colours, gems, etc. are associated with a zodiac sign according to many astrologers.

Some associations are given below:

Element: *Earth.*

Capricorn is the Cardinal Earth sign of the zodiac.

Ruling planet: *Saturn.*

Anatomy: *Knees.*

Colour: *Gray, black.*

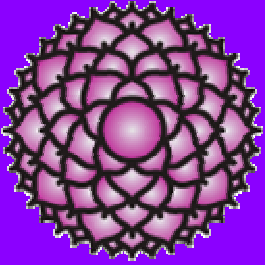
Gems: *Sapphire and clear quartz,.*

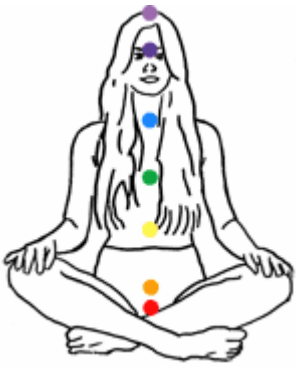
Flower Essences: *Borage, scotch broom, and trillium,*

In Chinese astrology, *Saturn also relates to the element earth*

Chakra

Chakra: Crown, 7th.

Chakra	Color	Primary Functions	Associated Element	Symbol
Crown (just above the head) sahasrāra,	white or violet ; may assume color of dominant chakra	connection to the divine	space / thought	



Vedic Astrological Information:

Ruling Planet: Saturn

Gemstones: Blue sapphire, amethyst, blue spinel.

Metal to be used: Gold

Number: 8

Ring Hand: Right (men), left (women).

Affected Chakra: Heart, anahata.

Day for Invocation: Saturday

**Mantra of Invocation: "Om sham shanaiscaraya namah" Repeat 16 times.
Pronunciation: "Owm sharm shan-ice-chara-ya nama-ha"**

Associated Tarot card

The Devil

The Devil (Le Diable)

The Lord of the Gates of Matter;

The Child of the Forces of Time

Card Number: 15

Key Number: 26

Rulership: Capricorn

Hebrew Letter: Ayin

Translation: Eye

Numerical Value: 12



Kabbalah association

Binah

the second intellectual Sephirah on the tree of life.

In Western occultism, Binah is seen to take the raw force of Chokmah, and to channel it into the various forms of creation. For example, in a car, you have the fuel and an engine.

While Chokmah is the fuel, pure energy, Binah is the engine, pure inert mechanism. Either one without the other is useless.

In its role as the ultimate Object, as opposed to Chokmah as the Subject, its role is similar to the role of Shakti in Indian mysticism.

It is feminine, because it literally gives birth to the whole of creation, providing the supernal womb, with Chokmah providing the raw energy.

The name of God associated with Binah is Jehovah Elohim,

the archangel that presides over it is Jzaphkiel, the order of angels that resides in it are the Aralim (the Thrones)

and the planet associated with it is Saturn.



Gemstones associated with Saturn



Amethyst

Blue sapphire, amethyst, indicolite, blue spinel, lapis.

Keywords: Psychic, Sobriety

Amethyst is purple quartz, and is a meditative and calming stone.

It works in the emotional, spiritual, and physical planes to provide calm, balance, patience, and peace.

Amethyst is also beneficial when dealing with legal problems and money issues, which can lead to prosperity and abundance.

Emotionally, amethyst can help heal personal losses and grief. Amethyst has a gently sedative energy that promotes peacefulness, happiness, and contentment. It also brings emotional stability and inner strength, and can enhance flexibility and cooperation. Amethyst can help get rid of addictions (alcohol, drugs, smoking, etc.) and compulsive behaviors of all kinds.

In the psychic and spiritual realms, amethyst is an excellent all-purpose stone that can increase spirituality and enhance intuition and psychic powers of all kinds.

It does this by making a clear connection between the earth plane and other planes and worlds. Amethyst is also excellent for meditation and lucid dreaming. It is known to open one's channels to telepathy, past life regression, clairaudience, clairvoyance, and communication with angels. Amethyst also protects against psychic attacks, especially during spiritual work, and protects one from thieves, and protects travelers.

Physically, amethyst is beneficial for reducing withdrawal symptoms of all kinds, blood sugar imbalances, depression, general healing, left brain imbalances, headaches, arthritis, insomnia, nightmares, other sleep disorders, ADD/ADHD, generalized anxiety, mania, ear aches, pain relief, circulatory system issues, endocrine system problems, chronic fatigue, fibromyalgia, immune system deficiencies, and general healing.

Amethyst is associated with the third eye and crown chakras primarily, but can also open the heart chakra.

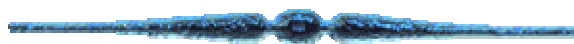
Obsidian



Obsidian was revered by ancient cultures. It was one of the major barter materials, and prized for its ability to be worked to razor-sharp edges for arrows and spears. It has been used since prehistoric times for making tools, masks, weapons, mirrors and jewelry.

Healing properties of Obsidian

Obsidian helps to protect the very sensitive against depression. It is the stone of the soft hearted and gentle people of the world. Use obsidian to help block negativity of any kind. As a black gemstone, it symbolizes self control and resilience. Black stones have protective energies in the sense that black is the absence of light, and therefore, can be used to create invisibility.



Jet



These are one persons stones!

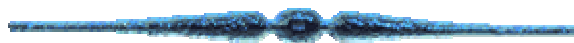
They ward off evil, especially magickal evil and lift fear and depression. They are a link between the physical and the spiritual and are used to balance the emotions. They protect from possession.

They were once used to repel plague, fever and negativity.

They tend to filter out germs and aid, headaches, toothache, stomach diseases, goiter, dropsy, hysteria and hallucinations caused by fever. They are used in women's complaints. Jet helps during labour and, when powdered and mixed with bees wax, are applied to tumors.

They offer protection from thunderstorms

Jet is grounding and balancing, and as it also carries a negative electrical charge, is good for drawing power and knowledge to the bearer. Made of burned, then fossilized trees, it helps to tap into the ancient wisdoms and transformative powers of the Earth. It is also helpful in stabilizing finances, and is said to soothe migraines.

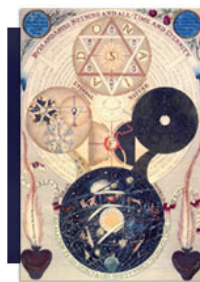




Metal associated with Saturn

*Sol gold is, and
Luna silver we declare,
Mars yron,
Mercurie is quyksilver,
Saturnus leed,
and Jupiter is
And Venus coper,
by my fathers kyn*

Chaucer 1386)



The Traditional Association
of Saturn & Lead

by Nick Kollerstrom

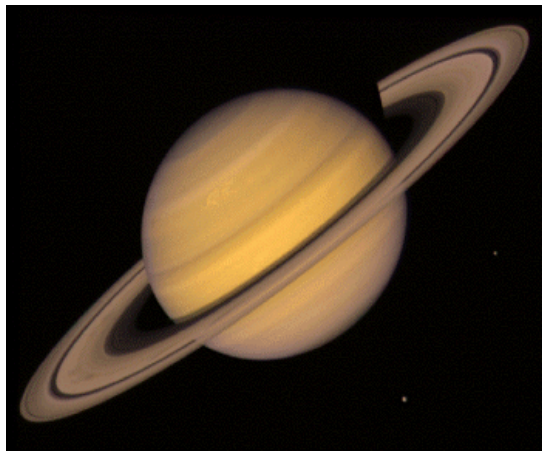
Through countless centuries a living connection between the earth and heavens was taken for granted. The metals were considered to have an inherent affinity with their parent planets, and represented a material expression of living cosmic energies.

Lead was the first metal to be extracted from ores some 9000 years ago. As the 'basest' of the traditional seven metals, lead's 'negative-Saturn' properties are fairly evident. It has been used for bullets and tombs, and especially in England has a long tradition of poisoning the general populace. Wine and cider used to be drunk out of pewter goblets, and pewter then contained lead, and one dreads to think what effect this had. Nowadays lead still remains the one and only pollutant whose toxic levels overlap those found in the general population. For long the government showed a leaden inertia about investigating the problem.

'Saturnism' was one of the first industrial diseases to be recognized, so named because its symptoms – headaches, fatigue, irritability and depression – seemed reminiscent of a 'saturnine' humour.

slo

The Saturn-archetype is associated with the notion of a boundary or limit, which reminds us of lead-property. west conductor of electricity and the least lustrous or resonant.



Herbs associated with Saturn

Saturn governs the drying and wilting process that concludes the growing cycle of a plant.

He is also responsible for the formation of seeds which in concentrated form contain all the potential growing power for the next season.

His herbs are often straggly looking plants such as Horsetails, and frequently are greyish- blue in appearance or are marked by blue flowers.

Their taste often is acrid, pungent and bitter.

Their healing properties are styptic, astringent and sometimes even anaesthetic.

Saturn rules a number of deadly poisonous plants as well, which in the right dosage can be powerful healers but administered in the wrong proportions have the power to kill.

Some of Saturns herbs are Chicory, Comfrey, Woad, Aconite and Belladonna.

In the human body Saturn rules the skin, bones and teeth.

Many of his Herbs are used to heal strains, sprains, bruise and broken bones



Chicory *Healing Power and Curative Properties*

Chicory is a tonic herb when taken in moderate quantities. It increases the secretion and discharge of urine. It is also a stimulant and a mild laxative. This herb helps the functions of the liver and gall bladder



woad, *name for a perennial plant (Isatis tinctoria) of the family Cruciferae (mustard family) and for a blue dye obtained from its leaves. Medicinal properties include wound healing and preventing infection.*



Comfrey:

Aka Black Wort, Boneset, Consolida, Slippery root, Healing Herb

Element: Water

Planet: Saturn

Powers: Uses include being highly nutritious; soothes stomach, heals sprains, strains, fractures, sores, etc.; rheumatism/arthritis; protection; safety traveling. _



Aconite *Anodyne, diuretic and diaphoretic. The value of Aconite as a medicine has been more fully realized in modern times, and it now rank as one of our most useful drugs. It is much used in homoeopathy. On account of its very poisonous nature, all medicines obtained from it come, however, under Table 1 of the poison schedule: Aconite is a deadly poison.*



Belladonna *It wasn't until after the Renaissance that the medical properties of belladonna began to be studied in greater depth. Its anaesthetic properties were noted as well as attempts to isolate the active ingredient of belladonna – atropine*



Oils

CYPRESS OIL
Gender: Feminine
Ruling Planet: Saturn
Element: Earth
Longevity, Healing, Comfort, Protection





Attunement Procedure

The Symbols



Once you have been attuned to The Planet Saturn energies, you are able to pass the attributes and energies on to others.

The attunement procedure is simple

There are 3 symbols.

The symbol for Saturn itself and the associated astrological sign of Capricorn plus the Sacred Phoenix symbol which seals In the other symbols

The attunement is done by Intention.

Suggested Method

This is by no means the only method but it is the one I use.

Preparation:

Light a candle, play soft music, light incense, dim the lights etc according to your methods

Relax.

Call in your Guides, God, Goddess, Great Spirit or whoever you relate to.

Ask for their protection and help with the attunement

State your intention

i.e. to be a clear, pure channel to send the energies of the Planet Saturn to . for the best that is possible for their Greater Good, and for them to receive it perfectly and use it for the greater good of all..

You may want to use the Usui Distant symbol if you are doing a distant attunement

To access the energies of Saturn

Picture yourself in some quiet ,safe place.

It is night and the sky is filled with millions of blue-white glittering stars.

Just gaze at them in your mind's eye .feel your eyes getting very heavy and feel a soft, gentle breeze wafting around you like a delicate silk scarf.

Now, picture the Planet Saturn

See this beautiful planet and its many rings

As you watch it turning on its axis you become aware of 3 symbols leaving the orbit of your planet and gently floating to earth towards you..

One is quicker than the others you can feel the energies from it and as it gets closer they become stronger and stronger.

Feel those powerful energies, feel it melt into your body.

Feel the power and the wisdom and the knowledge.

Allow it to be.

Let go of all external influences and relax into the moment.

What do you see, what do you feel?

Everyone will experience something different as it brings to you only what you need.

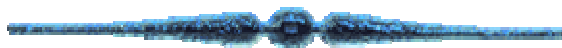
After a few moments you are aware that the other symbols are now right in front of you. Draw them into your energy field too and feel the love and

*warmth as the 3 symbols merge
They are like triple flames;*

they belong to one another and now they belong to you.

*You may call on these symbols at any time that you need to re-charge
or re-connect with the special energies of Mars.*

*Spend as much time as you need absorbing the ancient knowledge then
when you are ready slowly come back to this planet Earth, take a
couple of deep breaths and thank your guides and higher self for
taking you on this journey.*



This manual may be given freely to students but is not to be sold or altered in any way

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