



SELENITE



SELENITE :

The word selenite comes from the Greek language and means of moon. It's metaphysical properties open, align, and clears the aura bodies. It is a great mover of energy.

Color: White / Energies: Healing, Power, Love, Protection

Planet: Moon / Chakra: Crown...

*Selenite has a number of forms....some of which we deal with here in the manual****

SELENITE ...a relatively soft Gypsum mineral, found throughout the United States as well as areas around the world where evaporated salt water has been trapped in land locked areas.

Selenite is a variety of gypsum and is also known as Satin Spar due to its thin, straight crystal fibres. Selenite is usually clear but can also be found in vibrant orange and pale lemon varieties.

Commonly referred to as the "Salt of the Earth" – this mineral has the same composition as our saline human bodies.

This may help us begin to understand its ability to resonate so well with our physical body as well as being our special facilitator from Mother Earth in transitioning from a more physical constitution, to a light bodied one.

Selenite comes in a number of forms: as a clear crystal with both clarity and a lovely shimmery quality, and in a form called a rosette....as a group of crystals that grow together, often on a matrix base.

The clear selenites, like all clear crystals -- quartz, calcite, fluorite, and danburite -- have the quality of activating the seventh (crown) chakra.

The seventh chakra is our direct connection to spirit. When it is balanced we understand our relationship with the universe. We feel our connection with other humans and other forms of life.

Clear selenite's particular contribution towards furthering this connection is its ability to allow us to consciously understand our own deepest inner truth, that part of ourselves which is not body, not emotions or thoughts, but pure spirit. In this sense, it helps us to be in touch with our purpose for being in physical existence.

Because of its ability to help us filter out ego-based messages and thoughts it is an excellent crystal for meditation when placed on the crown (top of the head). It can also help to clear up mental confusion.



*Selenite rosettes–The Desert Rose**



Selenite rosettes are named for their resemblance to roses. Each rosette appears to have many petals. They are usually tan or beige in color, and are opaque.

Spiritually, the rose represents pure love, which is the highest vibration. I think of selenite rosettes as grounding this energy. I like to use them at the base chakra (from the feet to the hip), where they stabilize my own energy and that of any other crystals with which I may be meditating.

Selenite Rose – Desert Rose

Some minerals form rosette shapes, and selenite is one of these. The selenite rose rock is also called "the desert rose"...

Some desert rose metaphysical properties are:

- *Mental clarity*
- *Increase awareness of self and environment*
- *Allows one to see inner truth*
- *Promotes success in business*
- *Assists in accessing past lives*

One may be assisted to both find and feel great love for self and the universe through association with the lessons of this crystal.....



Energetically:

- ***Selenite is the best crystal to seal the aura from energy leaks and susceptibility of unwanted energies entering the aura. Scan the aura with a wand or if working on yourself hold a sphere.***
- ***Selenite helps in cell regeneration and is therefore popularly used against cancer, wrinkles, and tumors.***
- ***Selenite is self cleaning and will clean other stones, place them on a Selenite log or cluster.***

- *Use at the Crown chakra to raise your vibrations and connect with other dimensions.*
- *Make a crystal grid or layout to anchor the light body back to earth.*
- *Desert Rose: keeps you centered and calm while you are multi-tasking*
- *Desert Rose: reminds you of your uniqueness and individuality in the world.*





Peach Selenite

In addition to the properties of white selenite, peach selenite is a transformation stone. It helps to heal old emotional wounds and transforms this negative energy to healing, forgiveness and acceptance. Use peach selenite to increase self awareness and travel a new path.

Peach Selenite is a soul defining crystal. It works with you to awaken the true nature of your soul and allow all that you are to be revealed. It will take away all self made blocks that are holding you from facing the truth in your life and support you during these revelations. It will not insist but it gently propels you

forward so that you can leave all that holds you from your true path and purpose in this life time.

This gentle crystal of the Light will bring you guidance and comfort as you awaken to your new way and draws to you the Light healings and blessings that will ease your transition. It is a perfect crystal when you are experiencing great change or shifts in energy especially after past life work where much has been denied of your sight.



Peach Selenite will help you to see all that is hidden and to

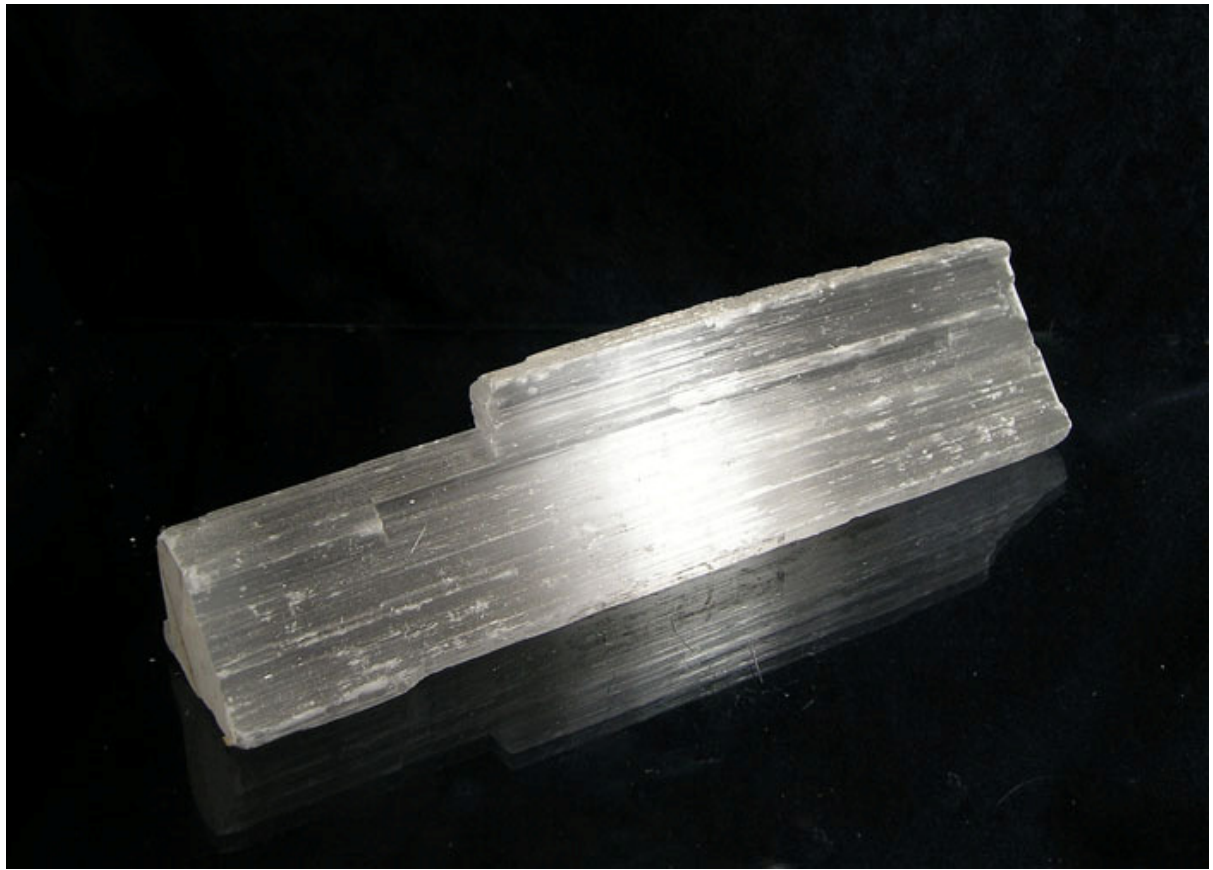
understand the nature of that which is revealed. It will draw you to find the way forward amidst indecision and help you to choose a path only of Light. In this time of the Age of Light, we are being asked to leave all that no longer serves, as for many of us we have been taken down paths that were not our own. To move forward and resume our Divine Intended path you may be asked to leave all that you have known in this life so that you can find the true Lighted way of your life.

***Peach Selenite** will bring you support and loving guidance to face this reality and again bring action to your path and purpose in this lifetime.*

For the Body

Peach Selenite can assist with toxin release, accepting responsibility for health management and weight loss motivation.





This crystal has a very important role to play in the activation on the soul star.

However, we can start accessing its energy right now. Selenite can show us how to bring the divine laws and principles into our lives. It can also teach us to combine spirit and matter so that we will be able to integrate the life force that is spirit into our physical bodies. In effect, spirit will find a home within each of us. This is a slow and gentle process, as our bodies would not be able to adapt quickly to this new energy.

*In crystal healing, Angel Wings Selenite is the ideal crystal to place on the Soul Star****



Clusters can be used to charge and and cleanse other crystals by placing them upon the cluster.

These beautiful beings assist us in accepting lifes ups and downs, realising that no matter what happens, we are perfect. It is through our own empathy that our hearts open and through this opening Love, the Supreme Power, can heal.

Fishtail or Angel Wing Selenite is quite distinctive as its shaft extends out in a christmas tree formation forming 'feathery wings'. So quite befitting with the doctrine of signatures, Angel Wings Selenite maybe used for connecting with the Angelic Realm, invoking guardian Angels and communicating with your

spirit guides. This form of selenite raises your vibratory field to see, hear, feel and commune with the spirit world, and I can assure you the experience is breathtaking.

In crystal healing, Angel Wings Selenite is the ideal crystal to place on the Soul Star, an energy centre that sits above the Crown Chakra. The Soul Star is your quintessential integration point between the Cosmos and your Crystalline Matrix (Energetic Body's & Physical Body). Your gifts, talents, past life memory's and potential future reality's are all held within this energy centre, and it is here that your life review takes place when you die and your soul leaves the physical body.

When placed on your Soul Star during a healing or personal meditation session, Angel Wings Selenite opens and expands this energy centre, assisting you to bring forward your soul memory's into your conscious mind. Selenite facilitates access to these memory's not only to assist your own growth toward your soul's highest potential in this lifetime, but also for the highest good of all humanity.

As your Soul Star expands, Angel Wings Selenite facilitates the movement of energy along your Hara Line, the vertical line of energy that connects your Crystalline Matrix into the electromagnetic ley-lines and portals of planet Earth. Selenite strengthens your Hara Line connection, thus assists you in bringing your goals and dreams from our Soul into a physical

reality here on Earth.

If you are feeling lost, having difficulty with manifestation, or undergoing any major life transitions, Angels Wings Selenite is the ideal crystal to bring about major transformation and abundance on all levels.

Selenite reminds you that you are only limited by our own perceptions and beliefs. Thus once you allow yourself to move beyond the threshold of your believed limitations, you have access to an unlimited source of potentialities.

Golden Selenite is an ascension crystal as we journey into the Golden Age of 2012. Golden Selenite grounds us into the Earth's core, runs energy up our main line of energy (hara line), opening our higher vibrational chakras all the way through to source. Golden Selenite then brings down energy through all Golden Suns, and grounds these energies into the core of the Earth.

*Work with Golden Selenite to communicate with higher vibrational beings who are working with the inner Earth beings to ensure our transition to 2012 is a peaceful and loving one. They will show you your role in this Great Shift, and how you can achieve the highest level of your Souls Potential at this time. **Corresponding Chakras: Crown, All Astrological Sign:***

Taurus



Selenite Ball

*Selenite is named for Selene, an ancient Moon goddess.
Exchanged between lovers, it will bring about reconciliation.*

*It has a fine vibration that brings mental clarity, and helps you to
access angelic guidance. It dispels confusion and allows you to
see the bigger picture.*

*Selenite instills a deep peace and can also increase your telepathic
ability.*

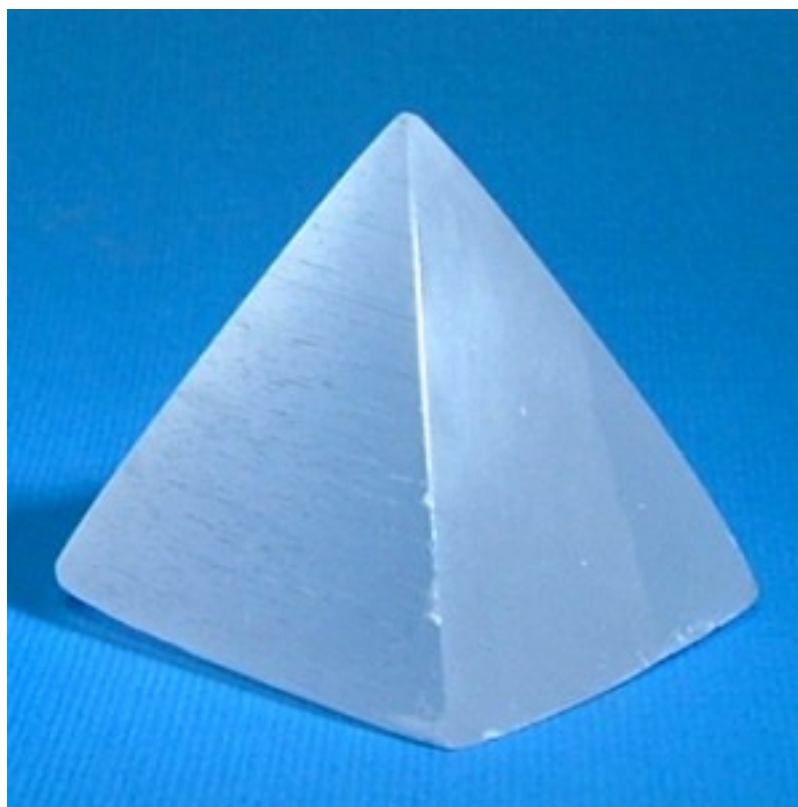
It makes a wonderful protection stone. Place a selenite sphere at the corners of your home to create a peaceful, safe environment that will not be disturbed by outside influences.



POWERFUL ENOUGH TO CLEAN & REPROGRAM QUARTZ

Selenite is the only mineral other than Apophyllite which is powerful enough to clear negative energies from Quartz Crystal. Selenite is further unique due to the fact that it is the only mineral capable of programming Quartz Crystal. Place any crystal, specimen or pocket stone you have been working with in contact with a Selenite Crystal. The Selenite will clean energies that are present as well as recharge other crystals and stones. Increasing the energy and reprogramming of crystals or stones can be

accomplished by pointing a Selenite Crystal at the stone and visualizing how you wish the energy of that stone to perform.



CONTACT SPIRIT GUIDES AND HIGHER BEINGS

Guides and other Higher Beings or even Totems can be more easily contacted using a Selenite Crystal. It provides for clarity of the mind, expanding ones awareness of the self and of ones surroundings. Since Selenite crystals are very potent, you should be careful of your thoughts when working with it. Rub your Selenite in an outward direction with two or three fingers. At the same time visualize and ask to contact a guide. Selenite provides a bridge to other worlds.

ACCESS PAST-LIVES AS WELL AS FUTURE LIVES

This access is provided by rubbing the crystalline structure with a finger or thumb (not a fingernail); during this activation process, when meditative state is attained, the visual images will begin.



ACCESSES ANCIENT KNOWLEDGE

Selenite is often used for clarity of mental processes. It was the original record keeping stone in Atlantean and Lemurian times. Using the same rubbing technique used in accessing past/future lives, ask your Selenite for passage to particular areas of knowledge. Many times that knowledge is given to you in while in meditation, in dreams or astral traveling. When using your

Selenite Crystal in any of these ways or to amplify healing, make certain you use your inner powers to wipe clean the energy that has been placed into the Selenite.



OPENS CROWN AND THIRD EYE

Superior for psychic development and intuitive processes. Selenite more manageable than Quartz Crystal since Quartz has that uncompromising habit of amplifying everything, positive or negative. As a bridge to altered states of consciousness, Selenite is an excellent tool for visualization, meditation and working with the subconscious. Goes to the source of physical disorders and

provides insights into probable causes. Outstanding as a journeying tool for Shamans.

LOVE ATTRACTOR AND RESTORER OF HARMONY

Its unique ability to connect and balance the Spiritual and Physical bodies enables Selenite to do similar work between two persons. Selenite is so powerful as a record keeper that some couples use a large Selenite piece as a message center. It tends to smooth out any difficulties due to unclear messages.

POTENT AID TO HEALING

Working with the subtle bodies Selenite pushes one to the area most in need of clearing and balancing. Its power in working with all of the chakras makes Selenite a universal healing implement. Selenite is not like any other healing stone or wand that focuses its particular energy on a problem. Selenite works like a tuner on a radio to discover locations of static in the aura. As your own awareness grows so will your use of this mystical mineral.

Selenite is a relatively soft Gypsum mineral, found throughout the United States as well as areas around the world where evaporated salt water has been trapped in land locked areas.

Commonly referred to as Salt of the Earth - this mineral is made up of the same composition as our saline human bodies. This may help us begin to understand its ability to resonate so well

with our physical body as well as our special facilitator from Mother Earth in transitioning from a more physical constitution, to a light bodied one.



Selenite Heart

Translucent Selenite has a very fine vibration and brings clarity of mind, opening the crown chakra and higher crown chakras and accessing angelic consciousness and higher guidance. Pure Selenite is link to the light body, helping to anchor it in the earth vibration.

Selenite is a calm stone that instills deep peace and is excellent for meditation or spiritual work. Telepathy is enhances by each person holding a piece of pure vibration Selenite. The purest

translucent white Selenite has an ethereal quality and is said to inhabit the place between light and matter. N ancient stone, it is nevertheless one of the most powerful crystals for the new vibration on earth.

Selenite can be used to form a protective grid around a house, creating a safe and quiet space that does not allow outside influences in– use internally in the corner of the house. A large piece of Selenite placed in the house ensures a peaceful atmosphere. Selenite wands can be used to detach entities from the aura or preventing anything external from influencing the mind.

*Carrying the imprint of all that has happened in the world, **Selenite reaches other lives and is very useful for checking on progress made and accessing the plan for the present life from the between–lives state. It pinpoints lessons and issues that are still being worked upon, and shows how they can best be resolved. It can be used for scrying, to see the future or to ascertain what has happened in the past.***

Psychologically, Selenite assists judgment and insight. Mentally, it clears confusi9on and aids in seeing the deeper picture. It brings about a conscious understanding of what has been occurring at the subconscious level. This s a powerful disperser and stabilizer for erratic emotions.

Healing:

Selenite aligns the spinal column and promotes flexibility. It guards against epileptic seizures. This stone neutralizes mercury

poisoning from dental amalgam and reverses the effects of free radicals. It is an excellent crystal for breastfeeding and nurturing a child. Its finest healing occurs on the energetic levels.

Many of us that have incarnated at this time have been spiritually active in past lives... and developed gifts and talents that our Higher Self still remembers. This stone may act as a conduit to other dimensions... as we remember past lives in different places.

Using this crystal may allow you to gain access to your past memories and gifts... and make major changes in your current life... in line with your soul's purpose. Selenite is a link to the Lightbody... bringing through new codes to assist in its anchoring. It aids you to break through illusion so you may see yourself as you truly are... from a spiritual perspective.



Selenite stimulates brain activity and provides for clarity of mind, works well in facilitating that clarity in areas of disputes and legal matters.

In MEDITATION placing Selenite a few inches above the head will help in the cleansing, clearing and balancing of all chakras. Selenite can assist in the bridging of the conscious mind to the super conscious mind, allowing one to connect with one's SOUL STAR. (A chakra median located outside the body and above one's head).

Selenite crystals are high vibration stones that will move your spiritual growth forward quickly. They are a stone of the third eye chakra, the crown chakra and the soul star chakra. By opening the crown chakra... this stone allows you to access the transpersonal chakras... from the eighth chakra through to the fourteenth chakra.

Use this stone at the heart chakra or third eye first... and you may find that you will feel the energy moving through the crown chakra. Once it clears any negativity or distortions from the crown chakra... the energy is then free to flow via the stellar gateway to the soul star chakra. It has the capacity to take you to the Higher realms... which often happens quickly. Using Selenite can be powerful for activating dormant abilities from past lives.

Selenite stimulates brain activity and provides for clarity of mind, works well in facilitating that clarity in areas of disputes and legal matters.

By rubbing selenite with your thumb and forefinger one may activate the energies of this most conductive mineral. It is easily scratched if one uses their fingernails, so activation is best achieved by rubbing. Selenite is excellent for the straightening of one's spinal column, whether in the hand of professional body and energy workers or through one's own personal direction.

Selenite's ability to direct energies is unparalleled in nature. It can channel light much in the same way as fiber optics do, making this one of the most sought after minerals of this New Age. It provides for us a direct corridor through its natural striations, allowing us to connect with universal light energy.

Native Americans utilize pieces of selenite in their ceremonial and sweat lodge fires to assist with vision questing.

MASSAGE ENTHUSIASTS love this mineral's soft feel, it warms up easily to the touch, and with its rounded ends can be used to get into some of those tough to reach places of the body (saving your thumbs when performing trigger point massage.)

Excellent mineral for: Massage Therapist, Physical Therapist, Personal Trainers, Spiritual Teacher and Practitioners, Philosophers, and Futurists.



Selenite

Selenite is excellent in aiding with clear thinking and to help in processing information. It increase ones awareness both when looking inward and at the world around you.

Providing both flexibility and resolve, assisting in adjudicating and facilitating material acquisitions Selenite is a great metaphysical stone to keep at your workspace.

Selenite can be successfully used to clear the auric body and aid connection with higher self. It is used for healing at a core level. On a physical level it is useful for lower back pain.



Selenite Crystals (Giant)

Deep below the surface of an isolated mountain range in Mexico sit two rooms of splendor: translucent crystals the length and girth of mature pine trees lie pitched atop one another, as though moonbeams suddenly took on weight and substance. In April 2000, brothers Eloy and Javier Delgado found what experts believe are the world's largest freestanding crystals while blasting

a new exploration tunnel deep in the silver, lead and zinc Naica Mine of southern Chihuahua. After discovering a small opening about 300 metres down, Eloy squirmed inside and found an 8 metre cavern full of immense crystals. One and a half months later, another team of Naica miners happened upon an even larger cavern adjacent to the first one.

Selenite (chemical formula: $\text{CaSO}_4 \cdot 2\text{H}_2\text{O}$) is a hydrous calcium sulfate, meaning it is composed of oxygen, sulfur, hydrogen, calcium and water. It is a glassy, well-crystallized form of gypsum and is often referred to as satin spar.



*****EMPOWERMENT*****

*Selenite offers us an opportunity to unlock the doorway to our etheric chakras....enabling the Higher Self to accept and ground the self's *Light Body*....Empowering us to take the next step in our evolutionary path as Human Beings.....Resonating frequency with the Crown Chakra...clearing and transforming this centre to enable clear communications with the Higher Chakras....the Higher Levels of Self....This is established most proficiently at the 8th Chakra...the Seat of the Soul....and here maintains a state that is admissible for higher(est) communication, reception, and transformation....at the Divine rate for the individual concerned....*

All in Divine Time.....

This is entirely an inspirational and individual process....

*Within the crystal lies the Divine Blueprint**

Radiance Shines / From within so without

All flows from and to the SOURCE

*In this cycle of LIGHT AND LIFE**

*MEDITATION/VISUALIZATION**

(CLEAR AND SACRED SPACE)*

*Through intent....and the study of the manual....you are setting
the platform for the Empowerment*....*

*Define a sacred space for yourself....one where you will not be
disturbed.....Aromatherapy....Pictures of Crystal....Piece of crystal
for each hand.....all add to the vibration.....*

*As is the practice....give thanks....and call in your Higher Self and
your Angelics and Guides and Masters....all beings of the Light
you wish to be present....*

*Intend to receive the empowerment...ie say I am receiving the
empowerment of the SELENITE*

CRYSTAL....or words of your choice....*

*Ask the Crystal to join you....and be open to receive
communication....this may take many forms....be open and
receptive....flow*****

*Take your time...relax...comfortably....allow your thoughts to
quieten....release any that are not of your highest good....Enjoy
the peace of Receptivity....*

*Know at some level of your being...you are communicated with
the Stone Spirit of Selenite....and all it's forms....*

*This is a very worthwhile way to commune with and show
intention of purpose to.....this stone....*

*When you feel it is time...return to everyday beta
consciousness...(around twenty minutes or so)*

*When you are ready come back to everyday
consciousness....Know a connection has been made and this is a
lasting one....Be aware of insights and perceptual shifts in the
days following the empowerment....*

*Enjoy.....the Mineral Light Kingdom is full of Wise Council and
Wonder....and freely gives to us All****

*Give Thanks****



THIS MANUAL AND THE ATTUNEMENT IS PRICE-LESS....NO MONETARY CHARGE...HOWEVER PLEASE RESPECT THE ENERGY AND TIME OF THE AUTHOR...AND KEEP INTACT AND GIVE CREDIT IF PASSED ALONG....

THIS MANUAL HAS BEEN MADE FOR THE MESSENGER OF SPIRIT NETWORKS* (mosangels.ning.com) (MINERAL LIGHT KINGDOM* Groups)**

By E1* (Networks Creator : Grand Master Teacher)

Researched by using my own library and training...guidance and the internet....

MAY BE PASSED ON BY A QUALIFIED TEACHER IN THE METHOD PREFERRED....