



*Reiki Rays*

# REIKI CASE STUDIES

*Psoriasis, Lower Back Pain,  
Frozen Shoulder, Trauma, and more*



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Frozen Shoulder, Trauma, and more*

## Table of Contents

A Case Study: Irritability and a Frozen Shoulder .....	4
Case Study: Reiki and Psoriasis Treatment .....	7
Reiki to Remove Trauma.....	10
Reiki Away Your Lower Back Pain .....	13
Burn Healing Miracle with Reiki .....	15
Case Study: The Third Eye Chakra .....	17
Reiki and Shoulder Pain.....	20
Case Study: Reiki and Pregnancy.....	22
<i>About the Authors</i> .....	24

# **A Case Study: Irritability and a Frozen Shoulder**

*By Tammy Hatherill*

A fit and healthy 44 year old female came to see me desperate for help and assistance. She had a good life and was enjoying it immensely, apart from the fact she found herself irritable and cranky from lack of sleep, when her frozen shoulder played up. She was at her wits end and sick to death of paying out money to the chiropractor who she claims, wasn't helping her in the least.

For the sake of this article I will name my client 'Sarah'.

Sarah had no preconceived ideas about Reiki, and chose to go with the Crystal Reiki that I offer, for the double dose of healing from both the crystals emitting their beautiful healing properties, as well as the glorious Reiki energy.

The first session was interesting to say the least. I discovered that her root/base chakra was blocked. This chakra is responsible for self-preservation, personal survival and our identification with the physical world. As it turned out Sarah was experiencing great problems with her neighbours and almost felt intimidated and frightened by them. Her fear of them stopped her from going outdoors as much as she would like, so she stayed inside the house.

Although her frozen shoulder issue had been 'present' many more years than the issue with the neighbours, I truly felt it had become worse because Sarah was 'frozen' with how to proceed with the family living next door... manifesting in her shoulder.

Considering I can't direct Reiki to go to any particular area of the body, or to deal with any particular issue, I trusted it would go exactly where it was required, and I truly believed the biggest issues at this point in time, was the blocked root/base chakra and the irritation that Sarah was feeling when it came to her neighbours. Truth be told, it doesn't matter what the Reiki Practitioner thinks is the problem, as the Reiki (coming from divine source and knowledge) will always flow precisely where it needs to.

I also sent Reiki into the future for Sarah, so contact might be more pleasant and amicable on the next few encounters. I also sent Reiki around her property, and concentrated on releasing and clearing her fear. I used the non-traditional symbol of Tamasura – which helps to release fear.



On conclusion of Sarah's very first Reiki treatment she felt rejuvenated and relaxed. She felt much calmer, grounded and in control. She thoroughly enjoyed the experience and for weeks and months afterwards she was still feeling good and in control. The next door neighbours were not affecting her as much as they once did.

“REIKI DOESN'T ‘CURE’ ANYTHING BUT IT SURE CAN CHANGE YOUR LIFE” quote Tammy Hatherill

Therefore her 2nd session of Reiki was approximately 16 weeks after the first, and this time I definitely felt a change in energy around her left shoulder. I was now experiencing the heat generating in my palms as I touched her in this area. So as always I did an all over Reiki treatment, however I did concentrate on using my symbols and releasing the energy and tensions in the left shoulder. If the Reiki was meant to help this ailment then it would. If not that it would travel to the area it was meant to.

I used the non-traditional symbol of the Ra-Mu (the releasing symbol) to ‘unlock’ the frozen shoulder in conjunction with all four traditional Reiki symbols:



As with the first treatment Sarah felt totally rejuvenated afterwards, and advised that she felt no pain in her shoulder.

It would be five months before Sarah returned for another Crystal Reiki treatment. She bounced into my practice full of wonder and amazement of the power of Reiki.

Since that 2nd treatment she hadn't experienced any further issues with her shoulder. In-fact she stated, her husband was AMAZED that Sarah could sleep on that side of her body. She had never been able to because of the severe and debilitating pain. Sarah tried to explain to her hubby, all about Reiki and fell short because she couldn't find the words to describe it. All she could say is it's the best feeling she has ever had. Her husband was astounded that Sarah had not returned to the chiropractor during the five months either. She truly had no further pain in her shoulder. She was overjoyed, because now she could sleep and was no longer in pain or irritable. It made a huge impact in her life.

This third treatment was one of pure relaxation for Sarah. It was a relaxing and invigorating session, where she was lost in a state of bliss and glory. The Reiki energy went to small areas of life that were out of balance and helped to rectify them in a very gently and non-invasive way. I could see Sarah almost float out of my room.

Now Sarah books in for a treatment whenever she feels the need, or her body indicates that a session is required. She loves it and vows by its healing abilities. She has been referring many people to me as well, which is a lovely indicator of her belief and faith. As a practitioner, to see such results, and to see the profound difference in a person – is rewarding and liberating.

Reiki is a gentle and yet powerful tool to help the body to help itself. I hope you find this case study useful in understanding Reiki just that little bit more.

With love, light and harmony.

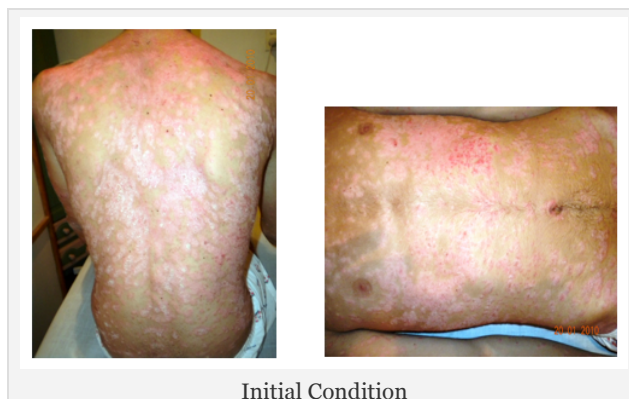
# Case Study: Reiki and Psoriasis Treatment

*By Gustavo Cristian Fritz*

Emotions have a great power inside us that we should be aware of, because they have the power to give us health or, conversely, take it away.

Humans are integral beings composed of physical body, mind, emotions and spirit. When one part is ill, it affects all the others. For example, if we are always concerned about everything, we end up affecting the stomach and spleen-pancreas; or it may happen that, as a result of hepatitis, we are in a bad mood at the slightest disappointment.

This case involves a 17 year-old-boy who suddenly found himself affected by a kind of psoriatic outbreak all over his body. As expected, he began treatment with one dermatologist after another. In the long run, he came to visit me in the conditions amply represented in the first two pictures. After filling out a questionnaire, we decided to start Reiki conventional treatment. This involves 4 consecutive sessions and later 4 more sessions, one every week. Adding to the Reiki treatment and because the initial situation presented (think about the situation on a teen boy with this condition throughout his body including the face), Rescue Remedy was recommended up to a time when the boy would be able to achieve a recommendation tailored to his real emotional condition, which would require at least one, two or more interviews.



As all the people who practice Reiki know, it involves no diagnosis or prognosis. However, in the first session, there was a point that was clear: he came here because he was willing to be better, he should make the effort and I should simply help him as cane to lead his way.

As we expected, many things occurred during those first 4 sessions. Things were unlocked and those were reflected in the change of his attitude and posture.

After the first 8 sessions and with only a month and a day of treatment, he achieved what is shown in the second pair of pictures. As you can see the lesions disappeared leaving only the difference of pigmentation marks on the skin. The same degree of change was achieved in his attitude and he knew it when he said: "I'm in a better mood and I am not rude anymore. I really feel better."

I acknowledge that I have seen many wonderful things through Reiki, but in this case, the change was in such a short time after a long time of suffering that it surprised me. The strength that he put in his recovery really made the difference.

### **Condition after one month of treatment**



I wanted to briefly show this case in these lines, since many times before giving routine meetings, we forget the power that we have and that everyone is playing their role in whatever they do.

Let God surprise us about what can be achieved when someone decides to heal and is helped with true love through Reiki, Bach Flowers or the therapy that is appropriate for him or her.

When we try to do something by heart, the universe conspires with us so that it becomes possible. Imagine where you can get when many people are together in a chain of Reiki to distance!

We still ride around this beautiful road and although not all are roses, plants are worth trying.



**As the Reiki Master Jorge Barbieri Mejia, who said:**

**THE POWER IS INSIDE YOU.**

*You are the one who decides how to live or give you the opportunity to live better. You must give the first step for any change.*

# Reiki to Remove Trauma

*By Tammy Hatherill*

Only this month I received a phone call from an extremely distressed woman. She was desperate for me to help her, although she wasn't sure if it was a Tarot reading or a Reiki treatment that was required. I gently asked her what was happening in life. Her story made me extremely angry!! Ultimately it was Reiki that would help. Here is her story.

A few years ago "Sharon" was in a very vulnerable state and required direction, so she went for a tarot reading for guidance, and came away believing she was cursed! This 'Tarot Reader' filled my client with so much fear and terror, that for years she believed a curse was on her because she was told in GREAT detail that her young son would die at a certain age, and exactly how he would die. The Tarot Reader also told Sharon, that she was at risk of being murdered or at least an attempt would be made on her life. To add to this provocation of dread and trepidation, Sharon was told explicitly she was not allowed to tell anyone else about this curse or what was said during the reading. Sharon was also informed the curse could not be lifted and any attempt to do so would only make it stronger and more dangerous.

Yes, I understand that most people exposed to threats like this would get up and walk out (and I STRONGLY encourage you to do so IF you are ever exposed to fear in any form), however please remember that 'generally' when someone comes to a tarot reader they have current issues, and unfortunately for Sharon she was extremely vulnerable and extremely susceptible to the fear based on information provided.

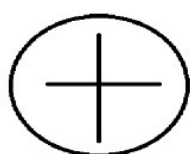
Sharon has never told a soul, before me. This has been a daily trauma for her as she wakes up stressing about her child and her life. She goes to bed stressing about it. She has become a hermit and locked within her own home, because of fear of becoming hurt or killed. She is trapped within her life because she can't talk to anyone. It's built to a point that she could no longer function and so out of sheer desperation and nowhere else to turn. She phoned me. I thank 'God' she did.

On a beautiful Friday night, Sharon attended my Reiki Practice, and I could feel and sense her shock. Her energy was heavy and she had very little resistance to the ebbs and flows of life. It really felt like her life-force was completely depleted and I don't know how she was functioning. It was seeping out from the holes, rips and tears in her auric field. All caused from

continuous tension. For years she's had no relief. Most of her waking moments are filled with the scenes painted by the supposed Tarot Reader, and even sleep (when it came) didn't ease it because of the dreams. Sharon was in a total state of trauma and distress.

Sharon received a powerful Crystal Reiki treatment. She received the beautiful loving energy of Reiki and of course crystals which have healing properties of their own. She was given a double dose of love and light. I worked with the Reiki energy and although I can't direct it, I intuitively feel it went to the auric tears and rips and sewed them together with beautiful coloured stiches. I know during the treatment I was surrounded by an ENORMOUS angelic presence and other spiritual guides. Sharon was encased and surrounded by many spiritual helpers. This treatment is one of, if not the most powerful one I have ever been blessed to participate in.

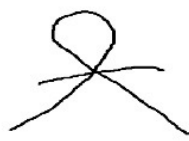
I wrapped her in a blanket of Reiki Energy and used so many of the Reiki Symbols, most importantly the Master symbol, as well as relevant Non-Traditional symbols such as the following:



**Christos**  
**For Protection**



**Tamasura**  
**to help with Fear**



**Ta**  
**An Angel of Light**



**Ka Futu**  
**For Peace**



**Katra San**  
**To bring in the light**

I also did a lot of cord cutting. Cutting the strings and hooks and energy that kept Sharon 'attached' to that horrendous Tarot Reading experience and the information given to her. Plus I also sent Reiki Energy back through time and space to help heal the situation from the moment it occurred.

Considering Reiki can do no harm, I explained to Sharon that this treatment would not cause any ill effects and would only help and assist. It certainly wouldn't make any supposed curse, stronger. I also passed along the fact this 'Tarot' Reader was not genuine and that Sharon was safe to release her fears. Sharon was safe to talk to her husband about the information or talk to anyone about the horrendous reading all those years ago. Sharon had been manipulated into keeping silent which is a tactic many abusers use. This is the information I received whilst conducting the Reiki Treatment: the tarot reader was not a genuine psychic and was intent on making money and controlling people through fear.

After the treatment Sharon felt lighter although admitted she still had concerns and fear, although she felt much calmer, more relaxed and more able to see things clearly. She's embarrassed that this encounter has impacted her so greatly. I am aware that Sharon will need more than one treatment, however with all clients; I don't push more appointments on them. I told Sharon to monitor how she feels and her body would tell her if she needs another treatment. Sharon is aware that she is more than welcome to come back at any time for another session, to help lift another layer of trauma off her shoulders.

I want to encourage anyone and everyone that if you are ever exposed to information such as what Sharon has been, to please get up, walk away and don't pay. Genuine and caring psychics will not provoke fear. If they can see something disturbing, there are ways to say it positively and without creating stress. If you have been exposed to something like this, then I encourage you to find a reputable Reiki Master to help you to overcome the 'psychic attack'.

Wishing everyone love and light and thank you for reading this article. I hope it has helped your understanding a little more on what Reiki can help and assist with. Reiki is such a beautiful modality.

Love, light and harmony.

# Reiki Away Your Lower Back Pain

*By Patti Deschaine*

There are many causes of back pain, and lower back pain specifically. Sprains, pulled muscles, over exercising, over doing in general, bad posture, hip and congenital issues, all of these lead to pain and muscle spasm.

Think of your skeleton from the feet up. Every bone is meant to be aligned, from heels to ankles, to knees to hips. The spine with its energy centers holds everything upright, even, balanced symmetrical. Hips should be squared, shoulders even, head held high as if from a single thread. Those of you who do yoga may recognize the components of this alignment. In my own yoga practice, I strive for exactly this balance in my poses.



Image by [géry60](#)

Problem is, we are not all perfect and we get out of balance, physically, mentally and spiritually. We pay chiropractors and other medical professionals to fix our aches and pains. We put our hard earned cash on the counter for prescription drugs, but is there a simpler, better way? Certainly powerful pain meds have their place, but chronic use can lead to addiction. And while you should always seek medical attention for serious injuries, Reiki healing can be a wonderful alternative or complement to traditional medicine.

I personally have a lot of experience with lower back pain. A fused vertebrae in my spine makes one side of my back muscles pull harder to make up for the lack of movement on my left side. Because of this, my hips go cock-eyed - the left side pulls forward, the right back, making it absurdly easy for me to strain those muscles. Over the years, I have visited several chiropractors. Sometimes this helped and sometimes it didn't. I had better experience with therapeutic massage, which I love but the expense demands that I be practical about frequency. So recently I have tried practicing more focused Reiki self-healing.

Now, I self heal a lot. Daily. Not for long periods of time, but certainly every night before falling asleep, I call in Reiki energy as I meditate and review my

day. And I always call in the energy as I start my day connecting to spirit. But I don't necessarily direct the energy anywhere in particular, my hands just land where they may, typically on my belly. Reiki energy always goes to exactly where it is needed anyway, right?

This week, after driving 17 hours from Maine to my new home in North Carolina, I had more than the usual amount of back strain. It got so bad I could hardly move the entire weekend.

So I got out some crystals that assist with pain: a clear crystal wand, a healer's gold stone, some blue kyanite, a red jasper to ground. Then I set out to clear my chakras. I did it exactly as I would for someone who comes to me for healing. I used the symbols to call in Reiki energy and the wand to sense the spinning movement of the chakras, starting with the root chakra. Working my way up through all seven chakras to the crown - I cleared the blockages, then sent in balanced Reiki energy.

Naturally, I felt better immediately. Even though I had massage with Reiki last week and have regular sessions via healing circles, I still had some blockages that caused me trouble. With those blockages removed, I noticed more ease of movement and much less pain. In addition, Reiki energy's warmth is very soothing to aches and pains. With some Reiki and a couple of days rest, I was back to feeling well enough to get on my yoga mat again.

# Burn Healing Miracle with Reiki

By Angie Webster

Today, the fact that I am typing this article is a miracle. A miracle granted through the healing tools offered to us by the Universe. Last night, as I was making our evening meal, I very badly burned my left index finger. I was sure I would not be able to write today, yet here I am, writing my second article of the day!

I received the burn when I reached into a hot oven to retrieve a casserole dish that had been baking for 20 minutes. I thought my hand was covered by the hot pad, but it was exposed and I grabbed the dish with my bare fingers before I realized it. After letting out a few exclamations and curses, I placed my hand over the burn and began to channel Reiki to it. The finger had almost immediately swollen to three or four times its size, to the point that I could not bend it at the first two knuckles. It was very red and had a large blister across the entire finger pad.



Image by audreyjm529

I will admit that giving Reiki to the finger increased the burning, as the healing energy flowed and worked with the injured flesh, but I knew it would help, so I continued. As I was doing this, I was also shifting into calmer thinking, partly through intention, and partly because Reiki was helping me to settle the startle energy that came with burning my hand. My confidence that Reiki would prevent the burn from being as bad as it could be helped me to have more peace. I knew it would help in the best way possible and I simply rested with that and became calm.

After a few minutes, I stopped the Reiki treatment for a moment and applied calendula cream to the burn. This cream is made from a flower that is very useful with burns, cuts, scrapes and rashes, as well as sunburn. Right after I applied the cream, I placed a black tourmaline crystal over the burn. This stone magnetizes harmful or negative energy out of the body or the aura. As soon as I placed it over the burn, I could feel the heat being sucked out of it. I allowed it to do this for two or three minutes.

After using the black tourmaline, I could visually see that the redness was decreased and the blistered area had shrunk. This was only 5-10 minutes after the burn, and after using only Reiki, calendula and black tourmaline! Instead of the redness, swelling and blistering increasing, as usually happens in the 15-20 minutes following a burn, it was decreasing dramatically! Though it still hurt a great deal, I could clearly see it was healing, and rapidly. It made sense to me that it might hurt very badly for something to heal as rapidly as my finger was. The skin was actually repairing and renewing at an extremely high speed. I knew the pain would ease as the skin finished repairing.

Seeing that the healing was working, I sat down to apply more Reiki. In total, I applied Reiki to the finger for about 10 more minutes. For the last five minutes of that, I held the black tourmaline over the burn as I channeled Reiki, asking that it continues to pull out as much of the injury as it could. I showed the burn to my husband after I was done and he couldn't believe it! There was barely a blister left. You could still clearly see where the fingerprints had been burned off of my finger, as the area was smooth and shiny, but only a tiny line was still blistered. By the time we went to bed, the redness and swelling were nearly gone, as well. I had almost no pain by then.

When I woke up this morning, I was awake and actively using my hand for almost an hour before I remembered I had burned it so severely last night. The pain was completely gone and I had to look very closely to see any sign of injury remaining. Even the smoothness where the fingerprints were burned away is already beginning to heal, regenerating new fingerprints!

Today I am writing, as usual, thanks to Reiki and the herbs and stones offered to us as healing gifts from the Universe. We can heal, in the greatest and highest good, if we believe and make use of what we have at our disposal.

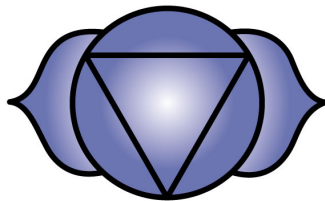


# Case Study: The Third Eye Chakra

*By Haripriya Suraj*

## The Case

Dev (name changed) has been suffering with intermittent neck pain for several years. He is in his mid thirties. In the past, doctors prescribed painkillers and suggested a few neck strengthening exercises. He did not wish to take the painkillers and was not motivated enough to keep up with the exercises. When he came in for a Reiki healing, the neck pain was rather severe and had moved up to his head. It hurt behind his right eye.



After an assessment of his energy field, I found that Dev had a fully blocked third eye chakra and a fairly open crown chakra. I found some blocks in the throat chakra as well, but the third eye was calling out for attention. Though he is not a Reiki channel, Dev lives largely by the Reiki principles. He feels no anger or worry. He is content with all that he has in life and is kind to every soul. He is an embodiment of practical spiritual wisdom. However, he is completely closed when it comes to extra sensory perception and connection with higher realms of energy, which are aspects related to the third eye chakra. I found this combination of an open crown and a fully blocked third eye rather unusual.

I sensed intuitively that Dev was a very powerful person but his third eye had shut down due to some past life trauma. People with blocked third eyes were often psychics and healers in their past lives. They either misused their power or were punished for being powerful. I felt very strongly that Dev was one of those souls. Also, he was not willing to consider that the root cause of his blocked third eye could be related to past life trauma. So, I found his case to be rather challenging.

## The Healing

I consulted my Reiki Guides and Angels who guided me to trust my intuition and proceed with courage. I used a combination of Violet Flame Healing,

Reiki and Crystal Healing. We did three sessions of healing. In all three sessions, I started with the violet flame healing to remove the block. The block felt like a huge piece of rock that had hardened behind his right eye (which is where he felt the pain). I could also sense a thick veil covering his eye, which indicated that the third eye was shut tightly. I was then guided to place rose quartz crystals on his physical eye and also heal it with Reiki using the OM symbol. Rose quartz is traditionally used for the heart chakra. However, I received strong signals that they must be used on his eye and I just followed the guidance coming in. As the crystals worked on his eyes, I proceeded to do a full body Reiki healing to balance his energies.

I also did a card reading to receive further guidance for both of us. He was guided to practise Yoga to strengthen his neck and I was guided to be very gentle with his healing. My Guides and Angels told me not to push things beyond what he could cope. I sensed that his third eye was traumatised to such an extent that it refused to come out of hiding. My Guides and Angels told me that only love has the power to melt barriers that cannot be broken by any other means. I then understood why I had been guided to use the Rose Quartz on his eye. It was to replace the trauma in his third eye with the gentle energies of love emitted by the soothing crystal.



## Result

I received feedback from Dev that the pain came down significantly after the sessions but it is still triggered at times. I was wondering if I should offer to do more healing. I consulted my Guides and Angels again, who told me that my role in his healing is complete for the time being. The three sessions of healing we did ensured that love made its entry through the shut doors of his third eye and that was all he needed at that point. They asked me to let go and trust that he will heal fully when the time is right. Hence, I did not recommend any further healing to him.

## **Learning**

I learnt that healing is not always about ensuring that all traces of pain vanish and the client joyfully exclaims:

*“Wow. What a miracle!”*

Healing has so many layers to it and at times we healers just have to let go and allow people to learn their lessons in time. We need to strike a balance between assisting the healing process and letting go when necessary. We need to trust that a higher wisdom is in charge. People will heal in ways that are right for them and not necessarily in the way that we feel is right for them.

# Reiki and Shoulder Pain

*By Ashwita Vajandar*

Lower back and shoulder pains seem to be one of the most common problems today. While we could attribute the physical cause of these problems to desk jobs and computers, we know once we start taking healing more seriously, that mere changes in physical surroundings aren't enough to create problems. There has to be an emotional cause.

In my observation, a shoulder ache almost always comes along with a block in the heart chakra. We all get hurt at some or the other stage in our lives. While some incidents we sail through comfortably, healing and moving on, some others leave us sore and hurting, unwilling to move on. These don't always have to be the big, dramatic events in our lives; even the small, insignificant wounds can sometimes create long lasting blocks.

When we're left sore after a painful incident, we shut our hearts down. After all, what better way to prevent getting hurt than to not let anyone into the heart? No vulnerability, no pain. Imagine a person trying to protect their heart region. We'd see a person crossing his arms in front of his heart, shoulders hunched forward. If you observe carefully, this is exactly the posture the shoulders have in people suffering from shoulder pain. The shape is completely opposite to the natural position of the shoulders, and obviously, there is going to be stiffness and pain in no time. Healing may bring temporary relief by loosening up the shoulders, but life situations that threaten to hurt can bring back the pain quickly.

## **Healing the Heart**

Closing the heart down keeps the pain out, but also the love. It becomes harder to accept as well as to show love.

We shut our hearts down because of an underlying belief that opening our heart up can bring us pain. The solution over here lies not in replacing this belief with another, because love and hurt do go hand in hand, but in healing our fear of getting hurt. A dedicated sportsman experiences plenty of hard work, plenty of pain, maybe even injuries, but that doesn't bother him, because the sport also brings him joy. It is the same with opening up the heart. Yes it will bring pain. It will also bring love, joy, togetherness, and in its ultimate flowering, infinite bliss.

- Create a sacred space, maybe light a few candles, lamps, or incense.
- Bring into your awareness a situation where you are afraid of getting hurt. This could be a real incident or an imagined one. Become aware of the feelings this situation brings up.
- Stay with the pain, drop the resistance to it.
- Embrace the pain, breathe into it, breathing in love.
- Start your full body Reiki healing, starting with the heart chakra.

Regular practice of this exercise will help you be more open and loving. Your shoulders will start to straighten up by themselves, and the pain will disappear.

# Case Study: Reiki and Pregnancy

By Neetu Jha

I am a regular Reiki practitioner. Reiki manifested lots of magic in my life. However, I am going to share the most beautiful experience of my life, "**My Pregnancy**".

Pregnancy is a magical part of any woman. But the expecting mother has to go through lots of energy change. This will result many physical and emotional issues. Some of these issues are morning sickness, nausea, fatigue, mood swings and the list is endless. Like all other girls I was also scared of pregnancy due to all the above problems associated with it. But what could be better way to balance our energy than Reiki. As always Reiki showed its magic and planned a delightful journey for me and my baby during pregnancy.



Image by nanny snowflake

There are various manners of embracing the divine energy as per one's convenience and choice. However, Reiki guided me to channelize its magical power in following way. I sincerely followed the signal of sacred energy which made me and my baby's journey pleasant.

## **Daily Healing of All Major Chakras:**

- Healing all major chakras helped me and my baby to fight with day-to-day illnesses during and after pregnancy.
- Helped to produce sufficient amount of breast milk.
- Eliminate the pregnancy stretch marks.
- Helped to quickly reduce the weight gain during pregnancy.
- Enhanced the immunity of baby.
- Helped my baby to quickly adjust with outside environment.

**Daily Healing of Uterus** (Divine energy given to the uterus directly passes to the baby):

- It healed my baby throughout the pregnancy
- Baby was "Happy and Healthy" in the womb
- Protected from all negative energy (like evil eye etc)

- Divine energy also healed her all past life karma

### **Daily healing of Intention slip for delivery:**

As per direction of divine energy I composed an intention slip with following intention for easy delivery:

-----  
... has had a comfortable and health pregnancy starting from the month of conceive; She has had a comfortable and very easy delivery, and the baby is comfortable through the entire process; The baby is born happy and healthy, into a happy and healthy family;

***"This is so, thank you Reiki, thy will be done"***

-----  
The sacred energy kept me very active and healthy throughout the pregnancy. There was no nausea, morning sickness, craving or any other problems which is common in pregnancy. My sleeping time had minimized from 9 to 6 hrs. The holy energy provided me enough strength to manage work both at work place and at home. It also gave me strength to travel throughout the India (from second trimesters onwards) without any problem. I also conducted training for my clients without straining much myself. With the grace of Reiki I could actively do my all assignments till one day before of delivery. My colleagues, clients and boss were surprised to see my energy.


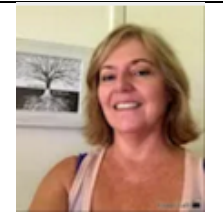


In the presence of sacred energy, the delivery was very comfortable and easy. To the surprise of all staff of hospital I dilated fully in 5 hrs with very less pain and gave birth to my daughter within 15 minutes of labor.

As we all know that a ***"Happy Mother can only give birth to a Happy Child"***.

My daughter (I call her Reiki baby) born with engulfed in sacred energy. The baby started showing her paranormal qualities just after her birth. Reiki energy made her very active from her birth; she could turn, roll and also crawl few steps before completing her first month. With the help of divine energy she could also walk with our hand support at the same time. She uttered her first word "Mum" at the age of three month. There are several such other incidents which made us think that she is blessed with divine energy.

Some Reiki Masters says that she is an Indigo Child and born to lead the world. Whatever it is, I am in bliss to have my baby. I thank to Reiki from bottom of my heart for such an amazing gift.

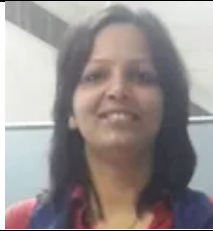
## About the Authors

	<p><i>Tammy Hatherill is the owner/operator of Tammy's Tarot and Healing. She is a well-known Tarot and Reiki Master/Teacher with a regular radio segment on 104.1 Territory FM. Tammy is the author of two books: Trapped Behind Bars and The Diary of a Fallen Angel. You can find her website at: <a href="http://www.tammystarotandhealing.com">www.tammystarotandhealing.com</a> and Facebook: <a href="https://www.facebook.com/pages/Tammys-Tarot-and-Healing/127769387352850">https://www.facebook.com/pages/Tammys-Tarot-and-Healing/127769387352850</a></i></p>
	<p><i>Gustavo is a Reiki Master and holistic therapist in Baradero, Buenos Aires, Argentina. He is dedicated to the dissemination of Reiki and Shiatsu among other therapies. After 10 years of applying these techniques, Gustavo is leaving the practice of chemical engineering to fully engage in these activities and provide outreach sessions in all places where he is called. Gustavo can be contacted through his email, <a href="mailto:vivemejor@gmail.com">vivemejor@gmail.com</a> or his Facebook page, <a href="https://www.facebook.com/Vivemejor.terapias.para.el.alma">https://www.facebook.com/Vivemejor.terapias.para.el.alma</a>.</i></p>
	<p><i>Patti Deschaine is a traditionally trained Usui Reiki Master and owner of Maja Energy Works and Reiki Healing. She resides and practices in Wilmington, NC. She enjoys all types of Reiki and particularly loves using Reiki on animals. Patti can be found at <a href="http://majaenergyworksandreikihealing.com">http://majaenergyworksandreikihealing.com</a> and <a href="https://www.facebook.com/MajaEnergyWorks">https://www.facebook.com/MajaEnergyWorks</a>.</i></p>
	<p><i>Ashwita was a teenager when she learned Reiki, unaware of the impact it was about to have in her life. There was healing, surges of creativity, and plenty of guidance to develop intuition. She started teaching Reiki a decade later and when she witnessed the miracles it brought, and the ease with which it could bring joy and relief to so many lives, she wanted to do more. She left her software job in 2007 to take up Reiki professionally. She now incorporates Reiki, past life therapy, hypnotherapy, EFT and meditation in her healing work. Her book 'Healing Through Reiki' is available on Flipkart and Amazon. You can connect with her through her website <a href="http://www.reiki-bangalore.com/">http://www.reiki-bangalore.com/</a> or visit her blog <a href="http://www.ashwita.com/zen/">http://www.ashwita.com/zen/</a>.</i></p>
	<p><i>Haripriya is a Reiki Master, Angel Healer, and Spiritual Teacher. She was drawn to Reiki right from her childhood and Reiki went on to become part of her life's purpose. Reiki is her constant companion from which she derives peace and contentment. After reaping the fruits of Reiki practice in her life, she was inspired to spread the joy of Reiki. She is the founder of Aananda Holistic Center where she conducts as well as teaches Reiki and Angel Healing. Haripriya resides in Bangalore, India. Reach Haripriya at <a href="mailto:aanandaholistic@gmail.com">aanandaholistic@gmail.com</a> and at Aananda Holistic Center on Facebook.</i></p>





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*Neetu Jha is an Usui Reiki Master, Karmic Reiki healer and a gifted Akashic Record Reader. She has done Master's in Aerospace Engineering (M.Tech) from I.I.T Kharagpur, India. She is working in a simulation software company. She is passionate about healing and wants to spread the awareness of Reiki healing throughout the world. She can be reached at [pusvihealinghome@gmail.com](mailto:pusvihealinghome@gmail.com).*