

The Moon

Manual and channeling
By

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This manual is to be given to Reiki Masters only



When you are attuned to the energies of the Moon you will receive the energies and attributes as follows



Enjoy!



The Moon is the only natural satellite of Earth:

orbit: 384,400 km from Earth

<u>diameter</u>: 3476 km <u>mass</u>: 7.35e22 kg

Called <u>Juna</u> by the Romans, <u>Selene</u> and <u>Artemis</u> by the Greeks, and many other names in other mythologies.

The Moon, of course, has been known since prehistoric times.

It is the second brightest object in the sky after the Sun.

As the Moon orbits around the Earth once per month, the angle between the Earth, the Moon and the Sun changes;

we see this as the cycle of the Moon's phases.

The time between successive new moons is 29.5 days (709 hours), slightly different from the Moon's orbital period (measured against the stars) since the Earth moves a significant distance in its orbit around the Sun in that time.

Due to its size and composition, the Moon is sometimes classified as a <u>terrestrial</u> "planet" along with <u>Mercury</u>, <u>Denus</u>, <u>Earth</u> and <u>Mars</u>.

The Moon represents the yin principle, receptivity, sensitivity and yielding.

It has an affinity with water, and rules the domain of the night,

the unconscious mind, the world of dreams, fantasies and imagination (right brain).

Its expression is through empathy, intuition and nurturing.

The corresponding metal is the reflective Silver whilst in the realm of stones it rules those that reflect faint shimmers of light or are of an iridescent quality, such as Moonstones and Jahradorite.

Animals governed by the Moon are night creatures such as owls or those that embody the nurturing principle.

Cows, for example, with their docile nature, who not only provide us with milk but even carry a symbolic Moon in the shape of their horns on their heads are a perfect representation of the lunar archetype.

Other animals associated with the Moon are those that live in or near water and are affected by the tides, such as all manner of fish and crabs.

In the realm of plants the Moons signature manifests along the same guidelines.

Juna rules all sprouting and germination processes.

She also governs the roots of all plants which represent the mouths in the vegetable kingdom.

The Moons signature is found in fleshy, watery leaves and fruits like Pumpkins and Cucumbers, and in plants that flower at night or grow in or near water and in marshy environments such as Waterlilies and Willows.

A milky juice (latex) is also a signature of the Moon.

Junar Herbs are often soothing, pain-killing, tranquilizing and sometimes even hypnotic or narcotic. The flower coloration varies from pastel colors of all shades to lilac and purple. In the human body the Moon rules the womb, fertility and the child-bearing functions, along with the breasts, stomach and body fluids. She also governs the astral or dream body and the subconscious mind.

Goddesses Associated with the Moon

THE GODDESSES

In the pantheon of gods and goddesses, just as the majority of gods are Sun gods, so the goddesses are largely associated with the Moon.

Because the stories cross the boundaries of countries and religions many of the goddesses are much the same personages with a different name and in a slightly different guise.

They all had the power of life and death and expressed the extremes of their goddess-like natures from the deepest compassion and love to the ultimate in hatred and cruelty

These are not human beings but represent in composite imagery the qualities good and bad that exist in all of us.

In ascribing Astrological signs to each of the goddesses we move through the year as the Sun and Moon cycles move annually around the zodiac.

So the four young initiating White Goddesses move in spring from March Pisces through Aries, Jaurus and Gemini.

The four Mature sustaining Red Goddesses move through the summer from the sign of Cancer, through Teo, Virgo and Tibra.

The destructive four Black Goddesses commence at Scorpio and, move through the signs Sagittarius Capricorn and Aquarius.

<u>Artemis</u>



Artemis-Moon Goddess

Artemis is one of the principle Goddesses of Greek mythology.

She was the daughter of the God Zeus and Leto.

She was chief hunter to the Gods and Goddesses.

Goddess of hunting and wild animals especially bears.
Artemis was also the Goddess of childbirth, of nature, and of the harvest.

As the Moon Goddess, she was sometimes identified with the Goddess Selene and Hectate.

Artemis was a Virgin Huntress; the Greeks called her the Huntress of Souls.

She protected the wild places and animals; to her was known the deep places in Nature where one could rest and regain strength

Oiolence for itself was abhorrent to her, yet she was swift to deal out punishment to offenders, especially those who threatened or harrassed women.

The Amazonian Moon Goddess, she was worshiped at Ephesus, her entire torso covered with nurturing breasts.

Artemis' bow is symbolic of both the crescent Moon as well as of inner selfesteem, of an exquisitely tuned inner tension.

The Amazons(Moon-women), who were loyal to Her, worshipped one aspect of Artemis(the New Moon phase).

As Goddess of the Hunt, she carried a silver bow and was accompanied by a stag and her pack of hounds, the Alani.

she could bring destruction but was usually benign.

The sixth day of the New Moon was hers.

Defender of women who were harassed or threatened by men. Acorns and wormwood were sacred to Her.

Patroness of singers, protectress of young girls, mistress of magick, sorcery, enchantment, psychic power, women's fertility, purification, sports, good weather for travelers, woodlands, the hunt, mental healing, wild animals, mountains, woodland medicines, healing.

Selene



SETENE was the Titan goddess of the moon.

She was depicted as a woman either riding side saddle on a horse or in a chariot drawn by a pair of winged steeds,

Her lunar sphere or crescent was represented as either a crown set upon her head or as the fold of a raised, shining cloak

. Sometimes she was said to drive a team of oxen and her lunar crescent was likened to the horns of a bull.

Selene's great love was the shepherd prince Endymion.

The beautiful boy was granted eternal youth and immortality by Zeus and placed in a state of eternal slumber in a cave near the peak of Lydian Mount Latmos.

There his heavenly bride descended to consort with him in the night.

A number of other goddesses were also associated with the moon, however, it was only Selene whom the old Greek poets ever represented as the actual moon incarnate

Astrology:



The Moon is one of the basic Western astrological planets (even though it is scientifically a natural satellite).

The Moon is personal in sign, house, and aspects.

The moon rules desires as opposed to ego, need as opposed to expediency or reason.

It describes how you feel about yourself, how you handle relationships, and how you emotionally respond to situations and experiences.

It describes the flow of your daily functions; physical, emotional, and mental.

The moon represents your residence and domestic environment.

It rules babies and young children, your mother and other important females in your life.



The Crab June 22 to July 22

Traditional

Cancer Traits

Emotional and loving
Intuitive and imaginative
Shrewd and cautious
Protective and sympathetic

On the dark side....

Changeable and moody
Overemotional and touchy
Clinging and unable to let go

The 'Moon' is the ruling planet of Cancer, also known as the 'Gate of Birth', and as a 'Goddess' has been revered since pre-Christian times as such and also as the 'Enchantress'.

The Moon symbolises 'Motherhood' and 'Water' (the Sun being Fatherhood & Fire).

Cancer reflects the journey of the fourth life cycle, symbolised by the Cycle of the Moon itself, that is the:

New Moon

(birth and growth depicted as the White Goddess);

Full Moon

(love and war depicted as the Red Goddess);

Waning Moon

(maturity, divination and death depicted as the Black Goddess).

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The crab is a nocturnal water creature that is well equipped with its massive claws to defend itself and survives very well in the 'wilds' of the underwater world in which it thrives,

They have also been prized for food throughout the ages. Crabs come in a variety of 'styles' and species and are found in most of the oceans of the world, as well as in many inland waters.

Being a sea scavenger, the crabs help mankind by keeping our waters cleaner.

The colour for Cancer is all the shining colours of the moon SIGUER

Your starstone is the beautiful, translucent, PEART.

The Pearl can be all the silvery colours of the moon and not just white.



The pearl takes on its silvery, shimmering, colours from the color of the linings of the mollusc (oyster) in which it is grown.

A beautiful, perfect pearl can sell for as much as \$250,000.00, so speaking of a 'pearl of great price' becomes readily understandable.

This precious stone can be harmed if subjected to hair spray, acids, perspiration, and some types of cosmetics.

<u>Tarot</u>



The Moon

Basic Card Symbols

A full moon (with a crescent within), twin pillars, two dogs/wolves howling, a stream that runs to the ocean, a crayfish emerging out of the water.

Basic Jarot Story

Following the star the Fool travels through the night. The full Moon rises, illuminating for him a watery path. And he begins to feel disoriented, as if walking in his sleep. He passes under the moon, between two pillars ancient and strange. Suddenly, he looks around to find himself in another land entirely. When he was in the presence of the High Priestess, he saw hints of this dark land though the sheer veil draped behind her throne. And later, when he hung from the tree, he felt himself between the physical world and this one.

Now, he has at last passed behind the veil. Here are the mysteries he sought, at least, here are the dark mysteries, ones that have to do with the most primal and ancient powers, powers of nature, not of civilization. It is a land poets, artists, musicians and madmen know well, a terrifying, alluring place, with very different rules. Wolves, howling in homage to the moon, run wild across this land, hunting along side maidens with bow and arrows; and creatures from childhood nightmares and fantasies peer from shadows, eyes glowing.

The path the Fool was walking is now a river, and he stands hip-deep in the powerful pull of its salty, moonlit waters. There is, on the nearby shore, a small boat, but it has no rutter, no oar. The Fool realizes he has only two choices. He can lose himself in this desolate, primal land of madness and illusion, howl with the wolves, be hunted down, or he can get into the boat, and trust himself to the river. The moon will be in control either way, but in the boat, his surrender to the powers of the unconscious and the natural world will at least take him somewhere. As the artists and poets and magicians know, inspiration, visions, genius, Moon magic, are the rewards of such surrender. The Fool gets into the boat, and shoves off. As the waters sweep him away, moon beams light his "path" and he feels the Mistress of this dark land gazing down at him with the High Priestess's approving eyes.

Neptune is the ancient god of the seas, and the Moon, depicted on the eighteenth tarot trump, controls the ocean tides.

The Moon card actually depicts an astrologer-astronomer measuring the Moon with an upraised compass. Historically speaking, astrology and astronomy were the same for many centuries. The astrologer holds a disc with the Roman numerals from one to twelve written on it, representing the houses of the zodiac. Another version of the Minchiate Moon card has a similar scene with a cloaked spiritual elder, drawing an astrological chart with a measuring compass. An astrolabe is in the background.

Basic Meaning

With Pisces as its ruling sign, the Moon is all about visions and illusions, madness, genius and poetry. This is a card that has to do with sleep, and so with both dreams and nightmares. It is a scary card in that it warns that there might be hidden enemies, tricks and falsehoods. But it should also be remembered that this is a card of great creativity, of powerful magic, primal feelings and intuition.

Metal associated with the moon

Silver and the Moon

The pure silvery Moon was associated with the chaste Moon goddesses, Artemis, 'the Huntress with the Silver Bow', and Diana, whose images were cast from silver.

The silversmiths of Ephesus who made such images are referred to in the New Testament.

Today, in the delicate chemistry of silver we may trace its Moon-nature.

It is a metal which requires darkness for its reactions.

A photographer needs darkness in his studio to work with this metal.

Special bottles and pipettes made of dark glass are used for solutions of silver, and its salts are quickly spoilt by exposure to the light of day.

Silver and gold are the two metals which show an intimate connection with light in their chemistry, although in opposite ways.

The Sun produces the different colours of day, whereas the Moon shining only by reflected light gives the black, white and grey tones of a moonlit scene.

Gold itself produces the different colours, one feels its outgoing radiance, whereas silver receives light images passively, it is precipitated from solution by light.

The silver images of photography are only in black white and grey, and for colour film salts other than silver must be used.

Astrologers associate the Moon with the faculty of imagination, of fantasy, as for example in imaginative writers or dreamy poets.

The same property is seen in the way silver is able to create images.

In photography it creates a memory-image of the past, in mirrors it gives an image of what is in present time before it.

Today, most mirrors are made by coating glass with silver.

When looking at a mirror we never feel we are looking at a sheet of silver. There is a certain receptiveness and passivity here, and similarly when looking at a photograph it never occurs to us that we are really looking at the differential precipitation of colloidal silver.

We are not aware at all of the metal but only of the image it provides.

Silver is used by the cinema industry to form its 'images of the silver screen'.

Silver has always been the staple metal used for making films, in colour as well as in black and white, and the film industry is a major drain on the world's silver reserves.

From an astrological viewpoint, one can say that the dreams and fantasies which the cinema manufactures are somewhat lunar in nature, because the Moon is associated with dreams and the imagination.

By its delicate and receptive Moon nature, the metal silver, in celluloid, will faithfully record light images.

The metal chromatography techniques developed by Kolisko are another example of the image-forming powers of silver.

Here the varying images built up by the precipitation of colloidal silver are produced not by light but by the changing conditions of the cosmos itself.

Properly used, this technique is an empirical method of investigating the correspondences here described. Silver's Moon-quality of receptiveness here manifests remarkably.

A nice point was made by the reviewer of Agnes Tyfe's work Die Signatur der Venus im Pflanzenreich (The signature of Venus in the plant-realm) (1).

This follows on from Tyfe's previous work, The Signature of Mercury in the Plant-Realm.

The reviewer pointed out that Kolisko's work used 'above the Sun' metals, iron, tin, and lead, whereas Tyfe's work with plant sap uses the 'below the Sun' metals, copper and mercury.

So all seven of the metals have now been used for recording chromatographically cosmic events of their associated planets. In both cases silver is normally used for manifesting the images, although in the latter case gold can be used if primarily colour rather than form is desired.

Silver is a mirror-creating element: a solution of silver in a test-tube readily precipitates a mirror onto the glass, this being the school chemistry test for silver in solution.

As a metal it has the highest electrical and thermal conductivity of them all, as well as being the best reflector of visible light known.

Most of the world's silver occurs dissolved in the oceans, reminding us of the Moon's connection with water-processes.

Silver iodide is used to make rain, by sprinkling it as a fine dust onto rainclouds, which leads to condensation.

Shakespeare called the Moon 'Pale governess of floods', and rainfall as well as the tides has been shown to vary with the lunar cycle.

In the 1950s, ionic silver began to be used as a bacteriocide for water purifying systems, in the form of a precipitate on carbon granules. AU.S.

Navy study, using ships passing through contaminated waters, found that a silver concentration of ten parts per billion made the water safe for drinking (homeopathically, a D8 concentration), and this method is nowadays used by shipping companies.

Good domestic water-purifying systems nowadays contain, as well as an ion-exchange system, a silver tube which acts as a bacteriocide.

It has long been known that water carried in silver flagons stays fresh.

Settlers moving across the American West would purify a container of water by leaving a silver dollar in it overnight. At the John Hopkins University of Maryland, researchers kept a community swimming pool clean just with a carbon-silver purifier. A report concluded, 'During the time the silver-carbon filter was in operation, there were no cases of ear infections or eye irritations. Bathers and, in particular, swim teams enjoyed the clean, crystal clear silver-treated water without the usual disinfectants that sting, irritate the eyes, bleach swimsuits and affect hair colour'.(2) Here we see silver's bacteriocide action, its action as the Moon-metal upon water, maintaining its quality. But, silver's Moon-quality of purity can be appreciated in other ways, as in the special sound of silver bells.

From such considerations we see how the following adjectives apply to silver:

Reflective, image-forming (imaginative), receptive, impressionable, sensitive, pure

Are these lunar traits?

I think they are. Compare them with a list of traits which the Gauquelins obtained in their attempt to define a lunar personality:

Doux, impressionable, nonchalant, parle bien, reveur, sensible, spirituel, subtil, sportif (pas) (3)

-a modal personality which they found most pronounced in imaginative writers, poets and dramatists.

Modern Uses

Nowadays, the main growth in silver markets comes from its use in jewellery and ornament mainly in India. The 1990s have seen tremendous growth in this Indian market, much in the form of heavy-weight investment jewellery bangles, ankle-rings and necklaces.

Virtually every Hindu woman wears an ankle chain, which is nearly always silver.

How appropriate that the Moon-metal should be used in these feminine and decorative contexts.

Many domestic and decorative utensils, often given at the time of marriage, are silver, as likewise are those used in devotional ceremonies.

Muslims use much less silver because of strictures imposed by the Koran, which seems odd considering the lunar symbolism inherent in Islam.

Silver s Healing Powers

The healing properties of silver appear as rather maternal and protective as befits its lunar essence.

Here s a website-testimony of a cure, by Jeana who was ill and sore with mastitis - I was very, very ill and the antibiotics were not helping at all, and then her father suggested she try some colloidal silver. Being a sceptic, I drank the glass of silver very slowly, trying to taste any strange aftertaste etc.

By the next morning, my mastitis was completely gone. My breast was no longer red or swollen. My baby had not been nursing well at all during this bout of mastitis; I had to use hot compression to get even one drop of milk from my right breast. But by the next morning my milk was free flowing, and I felt great.

Colloidal silver is regarded as safe to use during pregnancy and lactation.

Silver has a dynamic way of healing injured and damaged tissue. This was pioneered by Dr Robert Becker in The Body electric 1973. He found that by using silver electrodes he could stimulate bone-forming cells and stimulate healing of the skin and soft tissue, as described in a recent review by Mr Best:

Partly as a result of Becker s work silver has been used in bone healing for many years now and is incorporated into bandages to speed up healing a recent US study reported that silver catheters can prevent urinary tract infections much better then uncoated ones (4).

There is a resurgence of interest in colloidal silver for combatting colds and viruses, and it could well be that there is no more useful bottle to have available in the family medicine cupboard.

To quote Best again, Ongoing research may eventually restore silver to its once-accepted status as probably the most versatile and effective natural agent against bacteria, fungi and, recently, viruses available with the hugely important bonus that the latter finds it almost impossible to develop any resistance to it.

Also, colloidal silver is being used in skincare creams for its antiseptic properties, being effective on oily skin which is prone to spots and itches. Colloidal silver is Nature s antibiotic and has an antimicrobial effect, a herbalist at the Jondon Fermacia clinic remarked, adding that it purified the skin.

Doctors are likely to continue opposing these gentle, healing powers of silver, because their theories can t account for it.

As Juna (the Moon) tends to elude the categories of rational explanation, remaining enigmatic in a manner that baffles astronomers, so her metal silver may do likewise.

Blue Moon

A Blue Moon is commonly the name given to the second full moon in a month.

Since a full moon occurs every 29 1/2 days, if there is a full moon on the 1st or 2nd day of a month, there is a good chance there will be a second full or blue moon that month.

In 1999, there were two blue moons very close together.

One on January 31st (after the full moon on Jan, 2nd) and the other on March 31st (after the full moon on March 2nd).

There was another in November 2001, but the next one wasn't until July 2004.

And we won't see two blue moons in one year again until 2018!

Older Definition:

More traditionally, a blue moon was referred to as the 4th full moon in a season.

That is, each of the 4 seasons of the year has 3 months, and will usually have 3 full moons.

Each of these 12 moons has a name like "Harvest Moon," "Hunter's Moon" and the like. But when a season occurs that contains 4 full moons, there is no name for this occasional moon and it was given the name "Blue Moon."



The man in the Moon

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The man in the moon is usually seen as an old man carrying a bundle of sticks upon his back, sometimes carrying a forked stick and lantern and accompanied by a little dog.

Ages ago there went one Sunday morning an old man into the wood to hew sticks. He cut a faggot and slung it on a stout staff, cast it over his shoulder, and began to trudge home with his burden. On his way, he met a handsome man in Sunday suit, walking towards the church.

"Don't you know that it is Sunday, when all good Christians should be resting from their labours?" said the stranger
"Sunday on earth, or Monday in heaven, it's all the same to me!" laughed the old man

"Then bear your bundle forever, and as you value not Sunday on earth yours shall be a perpetual moon day in heaven; and you shall stand for eternity in the moon, a warning to all sabbath-breakers





Plants associated with the moon

The Willow is regarded as feminine and is closely associated with the moon and water. It is seen as a melancholic tree representing sadness, it is believed sitting underneath it will soothe the emotions and banish depression and sadness. In addition it was associated to love, healing, rhythms, and the gaining of eloquence, inspiration, growth and skills. It is said to protect from enchantment.



Herbs associated with the Moon:

Plants (and herbs) ruled by the Moon can be used in spells relating to: compassion, dreams, family, fertility, gardening, healing, love, peace, promoting sleep, prophecy, prophetic (or psychic) dreams), psychic awareness, sleep, and spirituality.

Moon: Plants with little white or pale yellow flowers (Cleavers) and plants with juicy leaves (Catnip) or moon shaped leaves (Caraway).



Mugwort

Mugwort is a fragrant, magical herb that is traditionally used in dream pillows to make dreams more vivid and more memorable.

The silver sheen on the back of the leaf, associated with the moon goddess Artemis, is where Artemisia vulgaris gets its name.

Mugwort is a tonic herb, it is well suited to daily use.

Chock full of vitamins and minerals such as vitamin c, beta-carotine, calcium, and zinc; mugwort makes a nutritious and delicious herbal vinegar.



Cleavers

This small scrambler is actually useful. It can be eaten, either raw (if chewed valiantly into submission) or cooked, whereupon it withers into a wimpy mass. Either way the flavor is bland. The unripe seeds can be eaten, too, if you "skin" them with your teeth or fingers. Ripe seeds are brewed into a coffee substitute.

Cleavers is a cousin of coffee, and of Dyer's Madder, and Sweet Woodruff. In medicine its attributes include alterative, aperient, diuretic, tonic, refrigerant, vulnerary; it's been used to fight cancer, rabies, psoriasis, and ulcers. Matted and bunched up, the stems were formerly employed as a sieve to strain hairs out of milk.



<u>Catnip</u>

Catnip tends to have a sedative effect on humans. It is most often drunk as a tea.

It is also useful for settling an upset stomach. It has also been used to treat headaches, scarlet fever, coughing, insomnia & smallpox.

Catnip can also be used for cuts, studies show it has a natural healing quality. Crush fresh catnip leaves, damp them & apply to your cut. **

Some other medicinal uses for catnip are: Anaesthetic, antibiotic, anti rheumatic, antispasmodic, astringent, carminative, diuretic, muscular aches and pains, rheumatism, chills, cold in the joints, haemorrhoids, toothache.



<u>Carraway</u>

The use of caraway seeds in food goes back to the earliest history of man, as far back as the stone age. Carraway grows wild in Europe, and is used for cooking mainly in the north and the east, The carraway plant is a tall, yellow-green plant with thin leaves, similar to those of the carrot.

Medicinal

Carraway seeds can be prepared as a tea or chewed directly as a breath freshener, to stimulate the appetite, aid digestion and relieve flatulence.



Gemstones associated with the moon

turquoise

One of the main compounds of the Turquoise stone is copper. This is what gives it the blue, green, blueish-green colors.

It also is often combined with the Azurite stone as well.

Turquoise is wonderful for drawing out negative vibrations from a person. It is best to place it at the feet or worn inside the sock for this.

It dissipates negativing as it draws from the body.

It allows the negativity to go back into the ground,

A good stone for helping one to bond with the spiritual. It offers much uplifting.

Also helps open the heart chakra for giving and receiving. Sometimes dyed howlite is often mistaken for turquoise.

And the howlite stone has more of the "black" lines than the actual turquoise stone. But by finding the copper traits in a piece of turquoise, it assures you of true turquoise.

This stone does best with water cleansing and should not be cleansed with the sun.

It should be kept out of the sun as much as possible. Carries the moon's energy or female energy.

It is bet set in the silver metals, also carrying the moon's energy



Amethyst

The amethyst is a powerful stone for healing. It carries many healing properties.

It also aids in psychic awareness and helps with imagery.

It is a stone to help quieten the mind,

If worn while sleeping, it helps you to interpret dreams, and to ward off nightmares.

It enhances intuition and inspirations. Gives you clarity and insight. An excellent stone for meditations.

Good for the upliftment of the spirit

Should never be cleansed by the sun.

Carries the energy of the moon, female energy.

Does best with water cleansing or the moon.

Smudging works for all stones.

The best stone for the 6th chakra

Moonstone



Moonstone seems magical with it's shimmering glow and flashes of brilliant color.

The Romans thought that moonstone was formed out of moonlight and is one of the birthstones for June.

Moonstone can bring flashes of insight, increase intuition, and enhance one's creativity, compassion, endurance and inner confidence.

It is said to enhance the power of the feminine, and to awaken the rainbow body of Light.

<u>Pearl</u>



White Pearls help to develop an even temperament as well as aid in healing, in giving strength and developing purity. Pearls are beneficial in meditation for some people. Wearing pearls at night stimulates dreaming. Pearl is the symbol of the moon and is an emblem of purity, innocence and peace. Pearls represent truth, knowledge and power, celestial

Opals



A gem of psychic awareness - and of the moon and water - opal can increase everything we feel as well as helping the assimilation of emotion,

It is like a full moon that draws hidden emotions to the surface, causing great discomfort, and then flings it back in our face (think of the word "lunatic" derived from the French lune, meaning "moon").

Opals were believed to help women giving birth to let go and relax. In the Middle Ages blonde maidens valued opal necklaces, as they believed they helped their hair keep its colour. Opals help the body assimilate proteins.

Some stories suggest that the opal is an unlucky stone. This belief originated in the 19th century in a story by Sir Walter Scott. This is usually because it breaks easily and needs to be kept separate from the rest of your jewellery.

Because it is a water stone, the opal likes being bathed in cold water. The fire opal stimulates passion and can heal the genital area. Opals vary in colour from translucent cream to fiery black and blue. They usually reflect rainbow colours and were sometimes used to aid prophecy and divination. They are good for the lungs.

Number associated with the Moon

2

two

Two (2) has the primary numerological meanings of dulaity, alternatives, and partnerships.

: In numerology the Moon vibrates to the number 2.

Day f the week associated with the moon

Monday - Is associated with the Moon and the colours of - White, Silver, Grey and Pearl.

Monday is the best time to deal with such matters as: Psychic Pursuits, Psychology, Dreams, Astral Travel, Imagination, Women's Mysteries, Reincarnation, Short Trips, Women, Children, Public, Domestic Concerns, Emotions, Fluids, Magick, Spirituality, Nursing

Full moon magic, Purity, Protection, Truth, Meditation, Peace, Sincerity,

Justice, Warding off Doubts and Fears, Anything to do with Water and

Bodies of Water, Antiques, Trip Planning, Household Activities, Initiation, Astrology, New-Age Pursuits, Archetypes, Totem Animals, Shape-shifting and Religious Experiences.

<u>Kaballah</u>

Jewish Qabalah:

The Number Two is the second Sephira, the Duad.

The name of the second sephira is ChKMH, Chokmah, Wisdom.

Identified by Kaballah as "the Sephirah of Chokmah," this Sphere of energy encompasses the Right Eye, Ear, Nostril, Temple and Skull area; any or all of which can become 'sore' or traumatized by A CRISIS ABOUT "WISDOM."

Wisdom "means" HOWTO ACCURATELY "ACT" IN ONE'S CURRENT STOUATION.

This is not a matter of 'information' that one is missing (for apparently the facts' are already known,) but of HOWTO TAKE ACTION on the known facts. As such, Chokmah-related crises are BEHAUTORAL CRISES, requiring us to exercise "Wisdom" in how we BEHAUE.

In practical terms, all Chokmah crises require us to CHOOSE something; a new way of relating, a new self-opinion, a new approach to being who we are. IT IS NOTEASYTO MAKE SUCH DECISIONS!.. for one can feel that such a change will alter our lives, maybe drastically.

Effective planning of how we want our lives to be in the future the central issue in solving Chokmah-related crises; we must find a way to

Decide what to do, how to become or what to evolve our lives into. Carefull FuturePlanning is of the essence here.



Colours associated with the Moon

White: Signifies: purity, consecration, meditation, divination, exorcism, the full moon, healing, peace, spiritual strength, may be substituted for any other color.

Planet: Moon,

Day: Monday, Astrological: Cancer

Aura Association:	Idealistic, able to adapt easily, high energy
Magickal Properties:	Moon magic, reality, astral travel, restore balance, endurance, meditation, peace, freedom, connection to spirit.

Silver Signifies: purity, the moon, treasure, values, female energy, the unconscious mind,

Day: Monday Astrological: Gemini Deity: Artemis and other Moon Goddesses

Signifies: tranquility, understanding, patience, health, truth, devotion, sincerity, honor, loyalty, peace, wisdom, protection during sleep, astral projection

Planets: Moon, Venus, Saturn, Jupiter

Days: Monday, Friday, Saturday, Thursday Astrological: Libra, Sagittarius

Blue-

Blue transforms violence, anger, and hate.
It soothes and cools.

It gives peace, calm, harmony, satisfaction, bliss, oneness, and understanding of the spiritual realms.

It is predominately feminine in energy, and is ruled by either the Moon, Venus, or Saturn, depending on the hue.

Many consider the Royal Blues as belonging to the male energies of Jupiter.

It is up to you to experiment and decide which works best for you.

Associations:

Planet: Moon, Venus, Saturn, Jupiter

Day: Monday, Friday, Saturday, Thursday

Energy: Female (sometimes male when used with Jupiter/Thursday)

Colors: Blue Whites/Moon, Blues/ Venus, Dark Blues/ Saturn, Royal Blue/Jupiter

Used for: Magick that involves honour, loyalty, peace, tranquility, truth, wisdom, protection during sleep, astral projection and spells to induce prophetic dreams

BAJE:		
Astrological Correspondence:	Moon, Virgo, Capricorn, Aquarius, Pisces	
Date Correspondence:	Friday	
Chakra Association:	Throat~ Neck, throat, thyroid, lungs, windpipe, ears	
Aura Association:	Logical and intelligent	
Magickal Properties;	Encourage wisdom, patience, peace, truth, loyalty, meditation, insight, happiness, fidelity	

Attunement Procedure

The Symbols





Once you have been attuned to The Moon energies, you are able to pass the attributes and energies on to others.

The attunement procedure is simple
There are 3 symbols,
The symbol for the Moon itself and the associated astrological sign of
Cancerplus the Sacred Phoenix symbol which seals In the other symbols

The attunement is done by Intention.

Suggested Method

This is by no means the only method but it is the one I use.

Preparation:

Tight a candle, play soft music, light incense, dim the lights etc according to your methods

Relax.

Call in your Guides, God, Goddess, Great Spirit or whoever you relate to.

Ask for their protection and help with the attunement

State your intention

i.e. to be a clear, pure channel to send the energies of the Moon to
.. for the best that s possible for their Greater Good, and for
them to receive it perfectly and use it for the greater good of all..

You may want to use the Usui Distant symbol if you are doing a distant attunement

To access the energies of the Moon

Picture yourself in some quiet, safe place.

It is night and the sky is and the earth is lit by the light of the moon

Just gaze at it in your mind s eye .feel your eyes getting very

heavy and feel a soft, gentle breeze wafting around you like a delicate

silk scarf.

Now, picture the Moon, round and glowing with soft, pale light

As you watch it become aware of 3 symbols leaving the orbit of your planet and gently floating to earth towards you..

One is quicker than the others—you can feel the energies from it and as it gets closer they become stronger and stronger.

Feel those powerful energies, feel it melt into your body.

Feel the power and the wisdom and the knowledge.

Allow it to be.

Jet go of all external influences and relax into the moment.

What do you see, what do you feel? Everyone will experience something different as it brings to you only what you need.

After a few moments you are aware that the other symbols are now right in front of you. Draw them into your energy field too and feel the love and warmth as the 3 symbols merge
They are like triple flames:

they belong to one an other and now they belong to you.

You may call on these symbols at any time that you need to re-charge or re-connect with the special energies of The Moon

Spend as much time as you need absorbing the ancient knowledge then when you are ready slowly come back to this planet Earth, take a couple of deep breaths and thank your guides and higher self for taking you on this journey.



This manual may be given freely to students but is not to be sold or altered in any way

Without the express permission in writing of the founders

-Midnightowl & Silverwolf

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