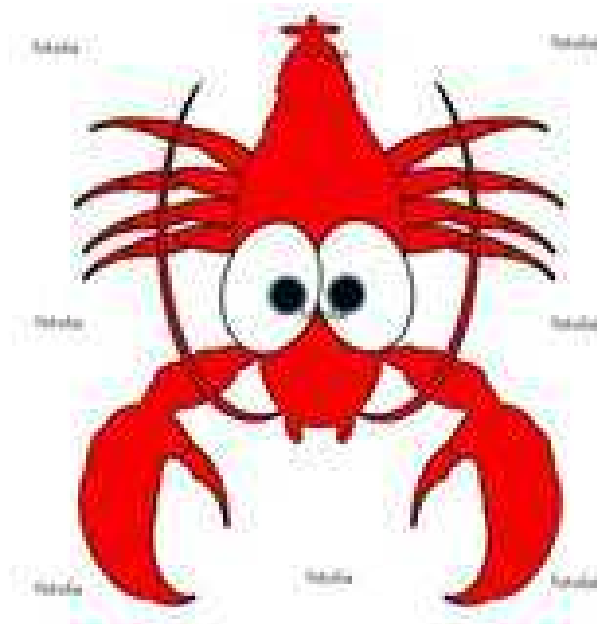


# Lobster Empowerment



By

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## Lobster Totem...

### **strength, persistence, favors, riches**

Lobster's lesson is not to hide from your fears; but to try new things. They show us how to come out of our shells. They serve as a reminder to come forth in spite of fears and to move forward. However, if we encounter danger or trouble by moving forward, we must remember that we can also move backward and back out of trouble.

The Lobster has tremendous concentration and is focused on its objectives. It holds the teachings of shape shifting and transformation. When first hatched, it doesn't look like a lobster at all. It looks more like a bug with hair on its legs.

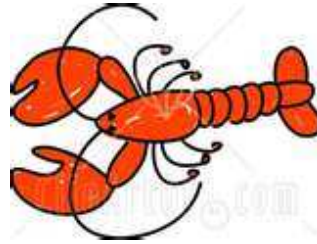
Within the first 5 years of life it will molt, or shed its shell up to 25 times. It will also shed its skin three times before it begins to look like an adult. This process symbolizes its ability to continually transform itself and create new identities.

It is an excellent swimmer and although it will bob around on the surface of the water for the first few weeks of life it eventually takes residence on the bottom. A young lobster rarely ventures out of hiding, If it does, it is attacked by a fish within minutes. Small lobsters will wait for the currents to bring food past their hiding places instead of venturing out to find food. It teaches those with this totem how to develop patience and how to flow with the currents of life.

As a lobster reaches maturity it becomes territorial and secretive. It can cover a mile or more each night foraging for up to 100 different kinds of animals and plants. It has even been known to sneak into its neighbors

burrow and raid it. If hungry the lobster will eat just about anything it can find including another lobster.

The lobster can be aggressive and extremely focused. It knows how to survive at all odds and holds the teachings of survival for anyone who chooses to follow its path.



### **Lobster dreams...**

To dream of seeing lobsters, denotes great favors, and riches will befall you. If you eat them, you will be contaminated by associating too freely with pleasure-seeking people.

If the lobsters are made into a salad, success will not change your generous nature, but you will enjoy to the fullest your ideas of pleasure.

To order a lobster, you will hold prominent positions and command many subordinates.

To see a lobster in your dream, represents strength and persistence. You will hold your own ground and overcome minor difficulties and problems.

To dream that you are eating lobster, indicates that you will regain your confidence.

“When a lobster shows up, it means:

You are in the midst of a powerful process of transformation in which you will find yourself trying out different expressions of who you are throughout each phase.

One of the big lessons right now is patience, particularly in learning to wait for whatever you need to come to you rather than pursuing it.

You will find a number of useful things by rummaging through some of the items you have had in storage for a while. Your best work comes in the evening when the sun goes down.

Call on your lobster when:

You are going through some major life changes such that your old self does not serve you anymore.

It is necessary for you to submerge yourself in your work and stay there for a considerable time.

You are feeling impatient about something you want to achieve or have, feeling confident that it will happen, yet stressing out over the delay.

You have been around a lot of people for quiet a while and need to find some privacy and solitude.



If lobster is your power animal:

You have amazing powers of concentration, and once you set an objective, you stay focused on it.

You are very resourceful and able to find what you need in your immediate environment, often by just foraging around.

Your appearance is such that others are fooled into thinking you are something you are not, until they get to know you.

You are a solitary person, and although you can tolerate other people for a short period of time you get irritable and snappy if you are around them too long.

You acquire greater and greater depth of wisdom and understanding as you mature.” ( Steven D Farmer, PHD Animal Spirit Guides)



## **Symbolism...**

Lobsters appear in the art or folklore of many cultures. The Romans portrayed lobsters, along with other edible sea creatures, on mosaic floors that formed part of domestic and public decoration. The mosaic dramas even depicted battles to-the-death between lobsters and wily octopuses. Helmets worn by warriors immortalized the strength of the lobster. Around 1630, a new Turkish helmet, the Zischägge, or "lobster tail", was being used in Eastern Europe. It had overlapping steel plates over the neck guard, providing both protection and ventilation for the neck. The bowl (head cover) was fluted and had a single adjustable nasal bar, similar to the rostrum (most frontal part) of the lobster.

## **Medicinal value of the lobster....**

During the Middle Ages and Renaissance the medicinal value of the lobster was roasted, pulverized, and dissolved in wine. The lobster's rostrum served as a general remedy for a variety of urinary diseases, as well as for purging kidney stones. Lobster meat was valued as a diuretic, as was the broth made from boiling lobsters. Their gastrolith, a calcareous "rock" found in the stomachs of lobsters preparing to shed their shell, was used for eye inflammations and as a remedy for stomach aches and epilepsy.



## **Lobster folklore....**

While ancient, Middle Age, and Renaissance people appreciated many aspects of the lobster, they did not retain their popularity with the more modern Europeans and Americans. Along the northeastern coast of the U.S., the lobster was once so common in the 17th and 18th centuries that it was considered a "junk" food. When caught in great quantities or stranded on shore after severe storms, lobsters served as garden fertilizer and as a food staple given to widows, orphans, servants, and prisoners. It was so commonly used as a food for servants and prisoners that Massachusetts passed a law forbidding its use more than twice a week -- a daily lobster dinner was considered cruel and unusual punishment! The American revolutionaries hurled the insult "lobsterback" at the red-coated British. It wasn't until the 19th century that lobsters regained their status as a luxury food item, mostly as a result of their popularity with royalty. Since that time, lobsters have become big business and, as a result, have been well studied. These studies have revealed that there's more to these creatures than meets the eye -- or even the palate!



### **ATTUNEMENT:**

There are no pre-requisites for this attunement. The attunement is based on intent and may be sent as intent or chi ball. Always ask your higher sources to be with you and always thank them for their assistance. Please use whatever procedure you normally use to align with receiving your attunement.

This system is free of charge, and it shall always be passed as a gift to others! You are free to share this manual as long as it is kept intact. You are also free to translate it but I would really like to know that you are doing that for my own records.

ENJOY!!

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