



**Healing Prayers  
Scriptures and Affirmations**

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## Healing Words

# What Are Healing Prayers?

The Gospel of Jesus Christ can be stated like this: through the man, Jesus, God ransomed mankind out of the kingdom of darkness ( where sickness, demons, poverty, strife, impurity, sin, and death are the norm ) and transferred us into His Kingdom (the Kingdom of His Dear Son; Revelation 12:10, Colossians 1:13.) In the Kingdom of God - or the Kingdom of Heaven - the blind are given sight, the deaf hear, the mute shout, the lame walk, the dead are raised and the demon possessed/oppressed are set free.

In the Kingdom of God, those in Christ live as children of the Most High. They enjoy special privileges as sons and daughters of the One who is Love. God hears and answers our prayers. Jesus said,

*“Have faith in God. I tell you the truth, if someone says to this mountain, 'Be lifted up and thrown into the sea,' and does not doubt in his heart but believes that what he says will happen, it will be done for him. Mark 11:22-24 Net Bible*

The Apostle John says this:

*“And this is the confidence that we have before him: that whenever we ask anything according to his will, he hears us. And if we know that he hears us in regard to whatever we ask, then we know that we have the requests that we have asked from him. 1 John 5:14,15*

Again we hear from John,

*“ Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.” 3 John 2.*

The keys to answered prayer are:

- Knowing God's will for His children
- Knowing that He hears us and grants our petition if we ask according to His will
- Believing we have what we ask for

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Physical health is the will of God. Emotional and mental health is the will of God. Prosperity is the will of God. Knowing this, we must focus on believing that God always honors His Word and answers petitions which are made according to His will. And His will is not hidden from His children: we have the scripture and we have the Holy Spirit. One way to deepen our faith in God is to speak the Word of God. Recount His promises. Review the scriptures which testify to His goodness and grace towards His children. Internalize the Word of God. Personalize it. Make it God's specific revelation to you.

Speak the Word of God out loud. Proverbs 18:21 says, "Death and life are in the power of the tongue: and they that love it shall eat the fruit there." What follows are some affirmations based upon scriptures dealing with the healing of mind, body, and soul. The affirmations are scripture restated in a way that the word applies specifically to your situation. Read the passages from your bible first, then read the affirmation. Repeat the affirmation and/or restate it as best fits your situation.

Here is an example. I Corinthians 3:16 says this in the King James version:

***"Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?"***

If I suffered from bulimia, I could rephrase this scripture like this:

*"My body is the temple of God. His Holy Spirit dwells within me. I yield my body as a fit vessel for your habitation. Lord, fill me with your sweet Holy Spirit. I will nurture this body, pamper it, keep it healthy and pure, because it truly does not belong to me – I am blessed to be its steward."*

Don't treat these as mantras. Abba Father is not some impersonal force responding to vibrations or "mental science." Jesus said this:

*At that day ye shall ask in my name: and I say not unto you, that I will pray the Father for you: For the Father himself loveth you, because ye have loved me, and have believed that I came out from God. John 16:26, 27*

Read the scriptures. Read and say the affirmations. Put them in your own words. Meditate on them and know that the God who is Love, knows you, loves you, and is ready to answer your prayer.



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# Prayer of Gratitude For Healing

Abba, Father:

Thank you for your healing touch. I called out to you and you heard my cry. You raised me up from the pit of affliction. You loosed me from the grip of ill health. My spirit bears witness that I am your child. Your Spirit is my comfort. I am filled to overflowing with your love and grace. I know without a doubt that neither death, nor life, nor angels, nor heavenly rulers, nor things that are present, nor things to come, nor powers, nor height, nor depth, nor anything else in creation will be able to separate me from your loving kindness.

I am healed mind, body, and soul. The stripes that Jesus bore have provided for my healing. His chastisement has brought me peace. I am clothed with the whole armor of God. I am guarded against the destroyer. No weapon formed against me shall prosper. Principalities, powers, rulers of darkness are cannot overcome a child of God. I love you father.



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**Aches and Pains**: Psalms 25:18 Thank You Lord, for You have seen me in my distress and suffering. You have healed my diseases, eased my pain and forgiven my sins.

**Acne and other Blemishes**: Ephesians 5:27 Through Jesus Christ I am in Your sight - and this is the one, true reality - a perfect and holy person without spot, wrinkle or blemish.

**AIDS/HIV**: Psalms 118:17, Psalms 91:3 God will deliver me from what others may think is a sure death. God's power will heal me from any disease. I declare right now to all that will listen that I will live and not die.

**Allergies**: Song of Solomon 4:12-14 The aroma of perfume delights me. The choicest of foods I can eat and enjoy. The things God has created for my good pleasure do me no harm but the bless me exceedingly.

**Alzheimer's Disease**: Titus 2:2,3 I am sober, serious, temperate, sound in faith, in love and in patience. I get better with age..

**Anemia**: Nehemiah 8:10: I will eat healthy, delicious foods which nourish and strengthens me, but my true source of strength is The LORD.

**Anorexia**: Ecclesiastes 8:15 I will eat and drink with joy and thanksgiving: for this is the will of God.

**Anxiety**: Psalm 37:1-7, Philippians 4:6-7 I am free from worry and anxiety because I trust God. The peace of God surrounds and permeates my being. I know I am loved and cared for.

**Arteriosclerosis**: Joel 3:21 My blood is cleansed of harmful plaque-forming substances. My blood flows freely and unobstructed.

**Arthritis**: Joshua 14:10-11, Proverbs 16:24 As I grow older, I grow stronger. My bones and joints function with the ease and freedom for which they were designed. Meditating on the word of God and praise is health to my bones.

**Back Problems**: Nehemiah 9:5 I will stand up tall and straight to bless The LORD God who strengthens and sustains me.

**Baldness**: 1 Samuel 16:7 God loves me for who I am inwardly. The real me - the heart - is the apple of His eye.

**Bites - Animal/Insect**: Mark 16:18 The Holy Spirit of God protects me at all times.

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Nothing can truly hurt God's beloved.

**Blindness:** Luke 4:18-20 My vision is crystal clear: both my physical eyes and my spiritual eyes. This is a work of God.

**Breast Disorders:** Genesis 49:25 Designed expertly and with love, every part of my body is beautiful, healthy, and functions according to God's Plan.

**Breathing Problems:** Genesis 2:7, Job 27:3 God breathed into me the Breath of Life and I became a living soul. My life is sustained by the Spirit/Breath of God

**Broken Bones:** Psalm 34:19 God is watching over me guarding over my bones. The marvelous capacity for mending He designed is at work even now. My bones are full of strength and life.

**Bruises:** Isaiah 53:5, Luke 4:18 He was bruised for my sake. My punishment for sins were placed upon him. My bruises are healed and I am set free.

**Bulimia:** I Corinthians 3:16 My body is the temple of God. His Holy Spirit dwells within me. I yield my body as a fit vessel for Your habitation. Lord, fill me with Your sweet Holy Spirit. I will nurture this body, pamper it, keep it healthy and pure, because it truly does not belong to me – I am blessed to be its steward.

**Burns:** Daniel Chapter 3 There is no evidence that fire has any power over me. My body can heal and restore itself because of the Wisdom and Power of God

**Cancer:** Ephesians 3:20 Nothing is impossible for God. I am constantly amazed at how His kindness and mercy is beyond all understanding. He answers my prayers in ways I never anticipate and always leave me overjoyed

**Carpal Tunnel:** Psalm 6:2 Full function is restored to my fingers, hand, and wrist. I have a full range of motion and can work or play as long as is necessary and appropriate. My body is working for me and not against me. There is no limit to my abilities.

**Cataracts:** Matthew 9:28 My faith in the power and good intention of God has restored my sight. My spiritual eyes are open wide: my physical eyesight is better than 20/20.

**Cholesterol:** Nehemiah 8:10 Fat and cholesterol are part of the diet God allows. My body is able to regulate levels of cholesterol in ways that promote excellent health.

**Cold Sores (fever blisters):** John 9:1-3 Regardless of what I suffered from in the past or why, I am healed now. To God be the glory!

**Colds:** Deuteronomy 7:15 The common diseases which afflict everyone else never even touch me. The LORD extends a protective shield about me and I am safe.

**Colic:** 1 Corinthians 13:4 I love my baby so much I can endure all things.

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**Coma:** James 5:15 The prayer of faith can raise up the sick. Sins are forgiven and forgotten. God wakens His beloved child from this deep sleep and ushers them into His presence.

**Constipation:** Psalm 51:7-10 Cleanse me internally. Purge me from all the consequences of sin and disobedience to Your spiritual and dietary laws.

**Coughs:** Luke 6:17 I am delivered of coughs, sneezes, tics, spasms, itches, and anything else which is distracting, annoying, debilitating, or aggravating.

**Cuts:** Jeremiah 30:17 The LORD God has restored my health and healed all my wounds.

**Deafness:** Isaiah 25:5 All impediments to my hearing: both physical and spiritual are removed. I can hear clearly the faintest sound. Thank You Lord God.

**Depression:** Psalm 147:3 My broken heart is healed. My joy is renewed. I know what true happiness is.

**Diabetes:** Psalm 84:11 My body is able to regulate the levels of nutrients in my blood. I can eat any nutritious food: I can even enjoy sweets because by body functions optimally as it was designed to by God.

**Diarrhea:** Exodus 23:25 My food and drink are blessed. What I eat and drink nourishes, refreshes, and strengthens me. My body extracts all nutrients from what I eat and eliminates whatever it doesn't need. What a wonderfully engineered system!

**Dizziness/Fainting:** 2 Corinthians 4:16 My strength has been renewed inwardly. As I am inwardly, I manifest outwardly.

**Drug Addictions, Alcoholism:** Proverbs 31:4, I Peter 4:1-5; I have the same mind as Christ Jesus. Sin no longer dominates my life. I no longer over indulge in alcohol or drugs. Getting high is no longer a part of my life. It is not for me. I am a child of God, a prince and priest of the almighty. I am not a slave to wine, drugs, or any addictive substance. No substance shall be allowed to diminish my judgment nor impair my ability to discern truth.

**Feet Problems:** Psalm 40:2 God has great things in store for me. He has set me in position to be a blessing to all. He has set my feet upon a strong unshakable foundation and given me the strength to stand.

**Fibromyalgia:** Jeremiah 33:6 Though physicians may not know what to do, You O Lord will bring about my healing and health. I will enjoy peace: physical and spiritual. I will not worry but I will rest securely knowing that God is my deliverer.

**Fibroids/Female Problems:** Psalm 127:3 The womb was created to be an instrument to



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bless both God and man. Nothing improper, harmful or lacking in blessing has any place within my body.

**Flatulence:** 2 Corinthians 2:16 The only fragrance about me is the fragrance of life: the sweet savor of Christ.

**Flu:** Deuteronomy 7:15 The common diseases that seem to afflict everyone else never even touch me.

**Gout:** Nehemiah 9:21 Because of Your loving-kindness towards me, I am not abandoned to fend for myself. I lack nothing: not food, not shelter, not clothing. I enjoy good health -- this is my heritage. Every joint in my body is functional: pain and swelling free.

**Gum Problems:** Genesis 50:21 God provides my nourishment and He is my nourishment. I meditate upon His goodness as a cow ruminates its feed.

**Hand Problems:** Isaiah 52:11 My hands are instruments of righteousness. They are fit, strong, and able to perform any good work.

**Hay Fever:** Job 33:4 The Spirit (Ruach HaKodesh) of God has made me. As I breathe in and breathe out, it is His breath which gives me life and health.

**Headaches:** Psalm 77:11 My mind is filled with the remembrance of Your mighty deeds. I will remember Your miracles of long ago.

**Heart Problems:** Proverbs 4:20-22 I will meditate upon Your word/rhema. It strengthens the heart and life flows abundantly through me.

**Heartburn:** Luke 24:32 I feel a burning from within, but it is not from food: Your presence and Your rhema lights a perpetual fire within me

**Hemorrhoids:** Isaiah 52:2 I will rise up and sit down with no pain or discomfort. The LORD has set me free from all impediments.

**Hernia:** Isaiah 41:10 The LORD God strengthens me. He is my support and my guard. He upholds my being with His Mighty Hand.

**Herpes:** John 9:1-3 Regardless of what I suffered from in the past or why, I am healed now. To God be the glory!

**High Blood Pressure:** Psalm 107:20 The word of God is complete salvation and peace. My every need is met. I can face the pressures of this day knowing that my God is with me.



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**Hip Problems:** Psalms 18:31-33 The LORD girds me about that I am able to stand firm on my two feet and accomplish any task: Assured, powerful and pain-free.

**Hyperactivity:** Psalm 107:29,30 Our Lord is able to calm the winds, rains, and the sea. He can surely calm the raging storm that rises up within me.

**Impotence:** Joshua 14:11 The power of God can raise the dead. It can give me the strength and vitality of a Young man.

**Infections:** Psalms 91:3 He is my shield and protector from pestilence and destruction. He strengthens me inwardly so that I can fight off the physical and spiritual attacks of the wicked one.

**Infertility:** Deuteronomy 7:13,14 My Father: As Your child and a citizen in Your Kingdom, I thank You for loving me and blessing me with children. I will obey Your command to be fruitful and multiply. You do not require me to do the impossible -- Your Spirit helps me to make it so.

**Insomnia:** Psalms 127:2 God gives those He loves - me - a full and restful sleep. I wake up refreshed and ready for the whatever the new day may bring.

**Itching:** II Kings 5:14 My skin is smooth, irritation and blemish free. As smooth as a baby's behind.

**Jaw Problems:** Isaiah 59:21 The word of The LORD has been placed in my heart and in my mouth. I am able to speak the Word without hesitancy or impediments.

**Kidney Problems:** Malachi 3:3 The Holy Spirit purifies my spirit, soul, and body that I might be a fit and righteous vessel for The LORD

**Knee:** Nehemiah 9:5 I will stand up and bless The LORD at all times. I will rejoice, leaping for joy.

**Laryngitis:** Psalms 35:28 With a strong, clear, and earnest mouth I shall speak of Your righteousness and of Your praise all the day long.

**Leg Problems:** Ephesians 6:13 God's full armor helps me stand in face of any attack of the enemy

**Low Blood Pressure:** Isaiah 40:29 He gives power to the faint; and to them that have no might, He increases strength.

**Lung Problems:** Ezekiel 37:9 The breath of the Almighty fills my lungs with life. It invigorates and energizes every part of my body from the soles of my feet to the marrow of my bones: from my ankle to the crown of my head.

**Menopause:** Genesis 12, Genesis 20, Proverbs 31 I am becoming more beautiful as the

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years go by. Through God's Spirit within I am beautiful inwardly as well. As a Proverbs 31 woman, I am greatly desired.

**Migraines:** 2 Kings 4:19-37 God is able to relieve the worse pain. He can raise the dead.

**Muscles:** Judges 16:28 The Father strengthens me. His Strength, His Life, His Righteousness, His Spirit enables me to handle any problem or move any mountain.

**Nausea:** Joel 3:10 In the words of James Brown, Godfather of soul, "I feel good!"

**Nervousness:** Psalms 118:6-8 I am confident and assured - not because of my own strength but because God is on my side.

**Obesity:** I Corinthians 9:27 I take charge of my body. My appetite submits to my will. My will submits to the Holy Spirit within me. I will live a consistent disciplined life. It is evident to all that I belong to God.

**Pain:** II Corinthians 4:8-11 I am not defeated by pain and suffering. I am able to bear all things, endure all things, rejoice in all things.

**Pink Eye:** II Corinthians 5:7 My vision is clear. My inner sight is unaffected. By faith I know I am healed

**Pituitary Gland:** Ephesians 4:15 My glands, which You created to function perfectly, regulate my physical growth. Your Rhema develops the inner man that I might grow up, conformed to the image of Your beloved Son

**Pneumonia:** Romans 8:11 God's Spirit: His Breath fills me and heals me of any and every disease.

**Poor Eyesight:** Habakkuk 2:2-4 I can see plain all that is before me: in the natural world and in the spirit world. In the present, and in the future.

**Premenstrual Syndrome PMS:** Psalms 30:5 This too shall pass. My love for my family and friends has never been stronger.

**Prostate Problems:** Matthew 17:20 I believe God for the removal of mountains in my life. This little lump has no chance at all.

**Rheumatism:** Matthew 9:6 Nothing is able to hold me down or limit my mobility. I was created to enjoy life: to serve God and my fellow man. My body is my friend, my ally, my instrument with which to live a full life.

**Schizophrenia:** Isaiah 26:3 My God is the focus of my meditation. My thoughts are

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centered on You. My mind is steadfast and I enjoy peace -- perfect peace. The kind of peace which comes from recognizing and trusting the Voice of God.

**Seizures:** Matthew 17:15-22 God is able to bring my body fully under control of my will. And my will submits to my spirit man

**Senility:** Joshua 14:11, Psalms 90:10 I am able to function as well at my present age as any Young person. Better even than most.

**Shoulder Problems:** Isaiah 10:27 All pain and discomfort are lifted off my shoulder. I don't have to bear it. All my burdens are removed and destroyed -- because I am blessed.

**Sinus Problems:** Revelations 22:1 The fluids within my sinus passages run clearly and freely, performing the functions God intended.

**Skin Problems:** Mark 1:40,41 My skin is perfect: free from any blemish, spot, wrinkle, or imperfection. It is God who heals me and keeps me whole

**Sore Throat:** Job 32:20 I will speak and healing will come to my throat. I will verbally affirm the goodness and love of my Father. I will praise Him for His wonderful healing.

**Spasms:** I Thessalonians 5:13 There is peace within my body. There various organs cooperate and work in unison. Every part works together as one unite: united in love

**Stomach:** I Timothy 5:23 There are many routes through which God heals me. Fruits, herbs, meat, and drink nourish and sustain me. I have no need to suffer for any illness.

**Stroke:** Isaiah 32:3,4 All function is restored to my body as my blood flows throughout my body with no hindrance or obstruction. My sight, speech, limbs, and walk are restored. I can speak fluently about the goodness of God.

**Thyroid Problems:** Psalm 42:11 Just as the thyroid produces the hormones which regulate my metabolism, the Spirit of God regulates and energizes my whole being.

**Tumors:** Psalm 91:9-10 No plaque, nor pestilence, nor sickness, nor demonic oppression can touch me because The LORD is my habitation

**Ulcers:** Ecclesiastes 2:24 God has made it known that there is nothing better for men than to eat and drink and enjoy the fruit of my labor. I am healed of all disease - physical and mental - which will keep me from enjoying the food The LORD has blessed me to have.

**Urinary Infections:** Isaiah 58:8 My healing comes quickly and thoroughly. I have no need to feel anxiety as I face life.

**Varicose Veins:** Song of Solomon 5:15 My legs are things of beauty.



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**Venereal Disease:** Isaiah 61:7 I made a mistake and sinned. God has forgiven me. I repent and turn to Him and wonder of wonders: He forgives me, grants me a double portion of His peace, and everlasting joy.

**Viral Infections:** Isaiah 54:17 There is no virus on this earth that is a match for the healing power of God. Go ahead and mutate if You like.

**Vomiting:** Psalms 103:2,3 It does not matter what is causing these symptoms. I trust God. He is working this thing out within me for my own good. He purges me from sin, sickness, and rebellion.

**Warts:** Isaiah 61:3 In place of blemishes, I am made spotless. In place of filthiness, I am washed clean. In place of sadness, I rejoice.

**Yeast Infection:** Matthew 9:22, Mark 5:34, Mark 10:52, Luke 8:48, Luke 17:19 My faith/trust/reliance in God heals me. I receive my healing from the most stubborn illness. I don't accept remission -- I am completely healed

