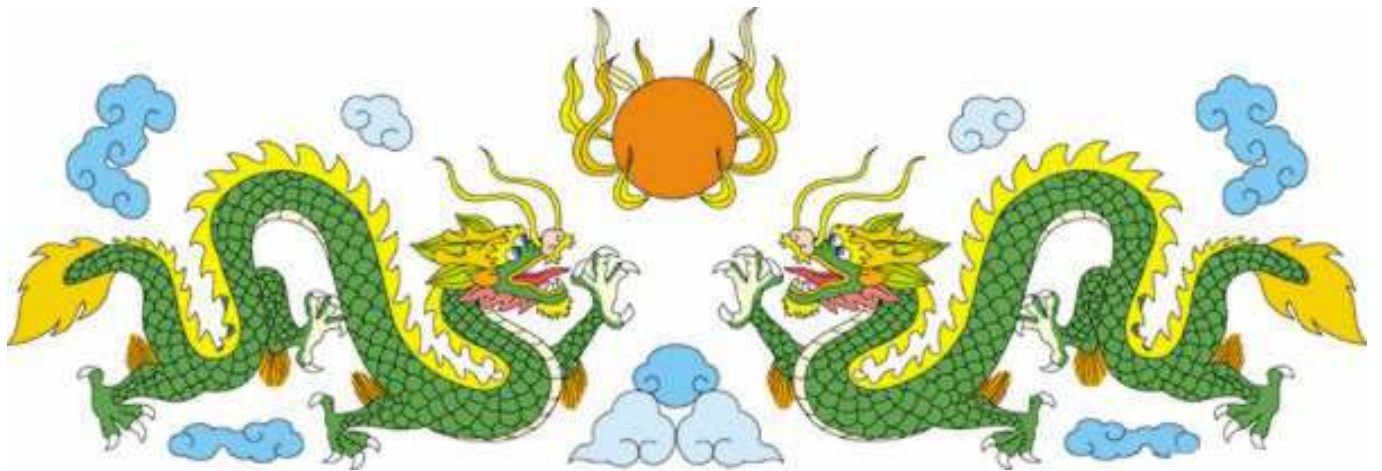


INTERNATIONAL LIGHTWORKERS



Dolphin Sekhem-Seichim-Reiki LightWorker™ Series



Channelling & manual by Carol Ann Tessier
Layout by Jens Søeborg

Dolphin Sekhem-Seichim-Reiki (LightWorker™ Series)

This powerment is a part of LightWorker™ Animal Healing Series, which Carol Ann Tessier uses with her Dolphin Healing groups. It is a part of ...

LightWorker™ Animal Healing Series (Lisa “Ladywolf” Center & Jens Söeborg)

Bear Healing (Lisa Center & Jens Söeborg) – Bear Reiki (Korey Long) (LightWorker™ Series)

Dolphin Sekhem-Seichin-Reiki (Carol Ann Tessier) (LightWorker™ Series)

Orca Healing (Lisa Center & Jens Söeborg) – Orca Reiki (Korey Long) (LightWorker™ Series)

Tiger Healing (Lisa Center & Jens Söeborg) – Tiger Reiki (Korey Long) (LightWorker™ Series)

and close to ...

LightWorker™ Animal Empowerments (all originals)

Bear Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Cougar Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Coyote Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Deer Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Friends of Sea Empowerment (Carol Ann Tessier) (LightWorker™ Series)

Fox Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Great Blue Heron Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Hawk Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Raccoon Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Swan Empowerment (Nan Fahey) (LightWorker™ Series)

Turkey Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Turtle Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Vulture Medicine Empowerment (Lisa “Ladywolf” Center) (LightWorker™ Series)

Wolf Empowerment (Lisa Center & Jens Söeborg) (LightWorker™ Series).

From Carol you can also find ...

LightWorker™ Knighthood Series (mostly by Carol Ann Tessier – all free of cost)

Jedi Knights (Andrew Brocklebank) (LightWorker™ Series)

Knights Hospitaller (Knights of Malta - Jens Söeborg) (LightWorker™ Series)

Knights of Archangel Metatron (Carol Ann Tessier) (LightWorker™ Series)

Knights of Archangel Michael (Carol Ann Tessier) (LightWorker™ Series)

Knights of Divine Mercy (Carol Ann Tessier) (LightWorker™ Series)

Knights of Jeanne d’Arc (Carol Ann Tessier) (LightWorker™ Series)

Knights of Mother Mary (Carol Ann Tessier) (LightWorker™ Series)

Knights of Mary Magdalene (Carol Ann Tessier) (LightWorker™ Series)

Knights of Melchizedek (Carol Ann Tessier) (LightWorker™ Series)

Knights of Saint Andrew (Alasdair Bothwell Gordon & Jens Söeborg) (LightWorker™ Series)

Knights of Saint Cecilia (Carol Ann Tessier) (LightWorker™ Series)

Knights of Saint Columba (Alasdair Bothwell Gordon & Jens Söeborg) (LightWorker™ Series)

Knights of Saint Francis (Carol Ann Tessier) (LightWorker™ Series)

Knights of Saint George (Andrew Brocklebank & Jens Söeborg) (LightWorker™ Series)

Knights of Saint Germain (Carol Ann Tessier) (LightWorker™ Series)

Knights of Saint John the Baptist (Carol Ann Tessier) (LightWorker™ Series)

Knights of Saint Margaret of Scotland (Alasdair B. Gordon & J. Söeborg) (LightWorker™ Series)

Knights of Saint Patrick (Nan Fahey & Jens Söeborg) (LightWorker™ Series)

Knights of Saint Stephen (Carol Ann Tessier) (LightWorker™ Series)

Knights of the Holy Grail (Carol Ann Tessier) (LightWorker™ Series)

Knights of the Rosary (Carol Ann Tessier) (LightWorker™ Series)


Knights of the Round Table (Andrea Baginski & Jens Söeborg) (LightWorker™ Series)

Knights Templar (Jens Söeborg) (LightWorker™ Series)

Teutonic Knights (Andrea Baginski & Jens Söeborg) (LightWorker™ Series)

What is Dolphin Sekhem-Seichim-Reiki?

Dolphin Sekhem-Seichim-Reiki is an energy system given to me by my Dolphin guide Misha, along with the Netjeru Isis, Osiris and Ra. It is an energy system that combines ancient Egyptian and Dolphin healing techniques.

Sekhem -  - is a Kemetite (Ancient Egyptian) word that means power. Sekhem is also the Egyptian equivalent of the Indian term prana and the words chi and ki as used in the Orient to denote the all encompassing force that holds the universe together and is present in all life.

Sekhem is all around us and in us; it is living light energy as well as an ancient Egyptian system of healing. Sekhem is represented by the Sekhem sceptre; seen to the right.

Reiki - 霊気 - is a Japanese word meaning "universal life force". Reiki and Seichim are stand-alone healing systems that until recently have been taught and applied separately.

Sekhem-Seichim-Reiki (SSR) is a healing matrix that is a unique integration of these three related, yet distinct, multidimensional energies. Sekhem, Seichim and Reiki work together as a unified trinity of sacred healing energies to completely balance and harmonize a person's physical, emotional, mental and spiritual bodies. This expands the individual's capacity to carry more light and love and anchors and grounds the essential life force within his or her energy system.



SSR is an energy system that encompasses the full spectrum of electromagnetic frequencies available from the Source of ALL LOVE. Each of its three components plays a specific role that when combined with the others creates a unique synergy. Reiki anchors and grounds the healing vortex of the universal life force in the physical and subtle bodies and into the Earth. Reiki also assists in the early stages of opening the doorway or portal to accessing the many levels of one's higher nature. Where Reiki leaves off in this latter function, the multidimensional living light energy of Seichim takes over.

Seichim dissolves barriers to the higher self, activates and strengthens the light body and opens and enhances one's connection to his or her angelic guides, the ascended masters and the Source of ALL LOVE.

As the energies of Heaven and Earth come together to spiral, dance and become One within the heart, Sekhem balances and merges the physical and subtle bodies, unifying all polarities including masculine and feminine. The lotus blossom of the unified heart chakra bursts open and unfolds, bringing forth the eternal golden blue-white flame of what some call the indwelling Christ Consciousness and the I Am Presence. Thus, SSR is a trinity, defined by J.C. Cooper in An Illustrated Encyclopedia of Traditional Symbols as a unity; a three-in-one and a one-in-three that creates unity in diversity, with the third (Sekhem) uniting the opposites (Reiki and Seichim).

At the expansive level of the Source of ALL LOVE, all that exists is fully united in the One, including each of the components of SSR. In this realm of being, there is no duality or separation from the Creator - no Heaven and Earth, masculine and feminine, dark and light, or love and fear. This is the true nature of the Sekhem energy - total oneness, harmony, peace and unification. It is this enlightened state of consciousness, health and well being in which we are seeking to live.

At this stage of humanity's evolution, most people are not clear enough to handle this high level of energy without causing major distress in the circuitry of the human energy system. For this reason, the electromagnetic frequencies of Sekhem adjust themselves by stepping down their "voltage" to meet us where we are, which for the time being includes duality consciousness. Thus, the vibrational frequencies of Reiki meet us at the foundational level of our physical or Earth existence, then flow into Seichim, which helps us open to and connect with our divine or Heavenly nature and the infinite multidimensional frequencies available from the Source of ALL LOVE.

Under the guidance of the recipient's higher self, just the right amount of pure Sekhem energy then flows into the "high octane" blend of SSR, facilitating the growth, integration, elevation and balancing of all levels of the individual's being. Another key component of this process is the building and widening of the central light column, which is a person's direct line to the Source of ALL LOVE as well as the mechanism for grounding the SSR energy stream into the cellular memory of the physical body and the Earth.

As the physical and subtle bodies of the human auric field begin to merge, a force field is created around the person that gradually allows the acceptance of greater and greater amounts of universal light frequencies without overwhelming the person's energy structure. This process in turn prepares the way for the oversoul to descend and live in the physical body. The oversoul is that already-perfected part of a person's consciousness that exists on the plane of universal love and wisdom. In this way, the SSR healing matrix assists the entire energy structure in becoming centered in and attuned to the unified heart chakra.

Seichim energy also exhibits strong physical links with the temples, monuments and tombs of Kemet (Old Egypt).

Dolphin Reiki Meditation by Shanti Johnson

This is a wonderful and relaxing meditation to do before receiving or giving the attunement. I recommend purchasing dolphins actually being recorded on a CD or use the meditation recorded by Shanti herself and turning that on when doing the meditation.

Find a quiet place free of distractions. If you are indoors, a bathtub, or anywhere near water, a pool, ocean, lake, canal, or even running fountains of water. Make sure if you wear clothes to try and wear natural fibres, loose fitting.

Find a position that is comfortable for you. I like the half lotus yoga position, or a seated or laying down position. Quiet your mind. Still your thoughts.



Relax your body. Your face; your jaw - relaxing. Your shoulders; your neck - relaxed. Your arms; your hands - feel at peace. Your torso; your hips - letting go. Your legs; your feet - totally relaxed.

Now close your eyes. Focus on your breathing. Inhale slowly and deeply through your nose. Retain the breath as long as is comfortable. Exhale through the mouth - slowly and completely. Repeat for three more breathes.

Breathing in dolphin love to body, mind and soul. See yourself by a body of water. A glowing sun shines down on the calm water. In the distance you see dolphins. You hear their sounds. They call to you.

Slowly you enter the water allowing yourself to be submerged in the energies. Ahead of you the dolphins wait - they have been waiting for you a long time - hearing your call, and welcome you; beckoning you onward.

You swim forward until you are close to them. They greet and smile, and watch you warmly come to them - surrounding you in love and everlasting peace. Somewhere in your soul there is a recognition of their peace and connectedness, sounds, energies and thoughts.

They have come to take you on a spiritual journey through the gateways of the physical world to the higher realms. Swim with them. Allow your mind to listen to their sounds feel their vibes; your thoughts to follow their teachings.

Enjoy your journey into awareness of the collective unconsciousness.

Dolphin Love empowerment

These next two are both from Mark Scott, Creator of Dolphin Reiki
~nicholle.scot@ntlworld.co.uk



Reach out to the dolphins with your heart chakra, connect with the dolphins through your heart chakra, see your heart chakra expand and take on the form of a lotus, as the lotus opens to its full glory you feel a deeper and deeper connection with the dolphins and their great love for human kind. You can stay like this for a while (if only using for yourself) or you can send this love out into the world, universe, Earth herself, a person, a situation, ect. Good to do once a week, just pick a person(s), situation or the Earth to send it to.

I see the lotus as green if that helps you all.

Dolphin Hug

Send with attunements...

Connect with the dolphins, feel the glow of the golden dolphins wrap around you like a warm blanket, take as long as you need to get this feeling.

Ask that the gold dolphins envelop your attunee with this glorious feeling.

You can also send this to anyone while doing healings/treatments.

Dolphin Meditation for Peace

<http://www.ascendpress.org/articles/dolphin-whale/Dolphin5.html>

Sit quietly. Imagine yourself under the ocean and swimming with us beloved. We know not the distortion that you do that imbalance you so. Put on some soft music, light some candles, and relax. Move inward, for our world is a part of your world, and you can access our world through your heart. The heart is the key to connection and communion with all species. Within the heart is a hologram of Earth and all species therein. We are both within and without beloved.



Now intend to commune with us, and we will come near with our light bodies. We will utilize sonar to assist in transmuting the remaining electrical and radioactive distortion that pervades your field. Feel the body relax, feel the tenseness disappear, but do not fall asleep. Perhaps remaining seated and upright will be useful.

Now move into a deep meditative state, placing all thoughts of all others outside of your sacred space and home. Breathe deeply, and experience the internal peace that is possible as one comes to complete balance in one's field. And now from such a state of peace, intend world peace for all your human brothers and sisters. You will reach them all beloved. You are more powerful than you think as you have a global or larger auric field. There is not one human that you do not touch.

Reach out to your extended human family with the message "Peace be with you beloved". This message has a multifaceted meaning and over time, and with enough focus therein, shall anchor world peace into the physical. And as the last armaments are dismantled through human global demand, a new era will emerge that is most joyous, most magnificent, and most wondrous to behold. You might think, this is impossible, to imagine humans dismantling armament.

Envision it beloved and make it your world dream for Earth; with enough humans along with all other species envisioning this vision, so it will come to be, and not in the distant future, but in the coming decade. This is the potential future we have always as a species seen for mankind, human after human holding hands and demanding peace, and demanding the dismantling of all machinery for warfare. We will envision this outcome with you. From the depths of the oceans in which we reside, we understand peace.

Dolphins and whales exist by and large in a state of peace continuously in the wild. It is why so many humans come to be with us, to find the peace and unity within, and to remember communion between all life forms founded upon love. We foresee many more humans awakening in the decade ahead, and perhaps even coming to be with us. We welcome this, and it allows an ancient fear that is related to dolphin and whale hunting to be healed between us.

Why is peace so imperative at this time in history? History may yet go in either of two directions, and the continued intent for peace will force history to go upon the path of awakening rather than the path of annihilation. The path of annihilation is pushed aside and into the nonphysical realms, and from there it will not manifest in the physical. To say that there are not those beings still surrounding Earth that would not like to reverse this would be a lie. They are there, and they are watching for every opportunity possible to alter the course of Earth's future. The continued dance of awakening must be intended by all species along with the human species in order for such intent to override the other possibility. And so it will be with continued focus, and it is for this reason that we share such with our ascending human brothers and sisters.

Dolphin Healing Quick Pick Me Up Technique

Included in the Way of the Dolphin Book, by Shanti Johnson. Copyright 2005 from Way of the Dolphin Healing Book

For those times when you are ready to pull your hair out and scream at the top of your lungs!

The dolphins gave me this technique when I was tired, lonely and hungry and at my wits end, and after visualizing this I felt refreshed, calm, open, compassionate and loving! I did it for only 5 minutes that is why I call it the pick me up!

Find a location where you can close your eyes for only 3-5 minutes (bathroom works well!)

Breathe in and out deeply three whole times, one for mind, one for body and one for soul.....

Now visualize that 3 beautiful Golden Dolphins coming up your chakras from the center of the Earth, visualize the Golden Dolphins going up your root chakra (pelvis area); then The Golden Dolphins moving up to your second chakra (sacral area); see the Golden Dolphins move up to your third chakra (belly area); then going up to your heart chakra (heart area); now see the Golden Dolphins move up thru your throat chakra (throat area); now visualize the Golden Dolphins going up thru the third eye chakra (space between your eyebrows); then finally visualize the Golden Dolphins moving up to your crown chakra (head area).



As they enter your crown chakra now visualize the Golden Dolphins doing a flip and coming back down thru your third eye chakra thru the throat chakra and now to the heart chakra. Now visualize the Golden Dolphins (three of them) carrying big black oversize garbage bags on their backs as they come out of your heart chakra and to the universe where they disappear. Visualize them doing this again and again (notice the Golden Dolphins returning empty handed) pulling negativity in large black oversized garbage bags from your heart chakra over and over again till you feel ready to let them go. On their last exit out of the heart chakra with the large oversized garbage bags full of negativity and such thank them for their assistance and send them love and healing.

When you are ready come out of this technique again breathing three times deeply, one for mind, one for soul and one for body.

I hope that you use this technique when needed as you would aspirin or a cup of coffee! It is a wonderful way to open up our heart chakra and feel renewed energy with the dolphins. I found it comically that the golden beautiful dolphins (a true site to behold) would carry oversized black garbage bags on their backs! The garbage bags represent what we carry with us (the trash of negativity, pain and suffering) and that the golden dolphins literally want to lighten our loads! And to point out to us humans to lighten up your self!

The symbolism of the garbage bags being so well obvious was not to exciting to me (I thought maybe beautiful rainbows, brilliant light, etc!.) but the golden dolphins mentioned that most of our worries, problems, and pains are so very obvious too, if we just pay attention and be here now~ AND SMILE!

By the way - the Golden Dolphins are believed to have existed on Ancient Atlantis~
Namaste, Shanti Johnson

Daydream With a Dolphin

by Joan Fleitas - <http://www.lehman.cuny.edu/faculty/jfleitas/bandaides/dolphin.html>

Do you know who I am - child? You see me jumping high and diving deep in the blue water, and you feel the ocean spray on your cheeks. I can see that your eyes smile. I am here for you, and when your thoughts call me in from the sea, I stay by your side. They call me dolphin. I am the breath of heaven.

When you ask for me, I take you out to play, away from the tests and the medicines. Away from the pain and the fear. We splash in the cool water together, and as I swim, you ride with me on my back. The sun is warm, and you laugh out loud. They call me dolphin. I am the breath of heaven.

Do you know that dolphin means womb? Before you were born, when you were very, very tiny, you lived in your mother's womb, and you were so happy there - warm and cuddly and so happy. Her womb protected you, and you grew bigger and bigger until it was time for you to be born. I protect you, too, and help you to grow healthy and strong. You are the breath of heaven. They call you child.

When you float quietly with me in the calm, clear water, I teach you my secrets. I show you how I breathe through my blowhole, and how I make a spray that glistens in the sun like tiny diamonds. You breathe deeply like I do, and like me, you send the cool air everywhere in your body. You even send it to the tips of your toes. It makes you feel so good. So free. So filled with new energy. When it's time to breathe out, you blow gently and tell your hurt to go away with the old air. It does. You are the breath of heaven. They call you child.



Do you know that I can talk? I make a clickety-click sound. I click so that I can learn about where we are together, and where we should go, and what makes you the precious child that you are. And I click to help you heal. You can feel my clicks, and you love the tingly way they tiptoe all over your body. You can hear them, too, as you listen very carefully. You listen to me, and I listen to you. Heaven surrounds us. We are one.

When you are lonely or sad, remember me, and call me to your side. When you are sick or hurt, whisper your feelings and I will hear. I will take you on my back to visit my family, and we will surround you with love. We play, and our whistles and squeaks make you laugh. What a beautiful laugh. It touches the sky and stretches around the world. It is magic and it softens those hard feelings. Now you breathe them out, and they disappear over the glassy waves. Our eyes meet, our souls touch, and Heaven is our breath.

Dolphin Clear Waters Activation

Copyright 2005 Shanti Johnson

This is also great first thing to do first thing in the morning - or any time you feel as though you are overloaded, and waves are hitting you from every which way! This technique takes five minutes! And is powerful clearing technique.

Find a comfortable place to lie down and close your eyes.

Breathe in and out, deeply and slowly. Breathing in golden light, full of beautiful rays of gold, every shade you can imagine ~



As you do this also, ask the golden dolphins to come in at this time.

You will see three golden dolphins. As they appear to you, ask them to clear anything that is no longer needed by you at this time. Open yourself to the dolphins and trust them, totally to cleanse your chakras, aura, mind, body and soul. As you continue to visualize the golden rays filling you up. You will fill a sense of peace and calm come over you. It is not necessary for you to view the work the dolphins are doing. Just let it happen, this process is different for everyone.

Now feel the dolphins breathing in dark, black energy from you, and see them blow out golden rays of light back to you. The circle of life, back and forth. The old, stale, negative energy being recycled by the dolphins into beautiful golden light! Ekekkek..

Let them do this for as long as needed. Feel yourself lighten, your energy renew and all of your senses being reawakened.

When you are ready, let the golden dolphins go, and thank them for their assistance, and love for you!

You can come out of this by breathing in and out three deep breaths of blue healing clear water, feel it fill you up, as you become the beautiful blue healing clear water! Open your eyes when you are ready, and smile, like dolphins do!

Doing this daily, will really clear you immediately, so you don't get a build up of negativity! And to release old, stale energy that is still hanging around.

Dolphin Sekhem-Seichim-Reiki Symbols

Dolphin Breath

Unconditional Love

Element: Water

Wind: South ~Recalling the Child Within~

Medicine: Universal Harmony – Manna/Breath



Dolphin Medicine Hoop Blessing



Native American Sacred Hoop Visionquest - Cosmology of Sacred Hoop Great Spirit

The Sacred Hoop symbolizes the Circle of Life and the power of the circle matrix that is the creative foundation of the universe. The sky, the planet, the sun, the stars, the moon, the whirling wind, the nests of birds, the tepees, the seasons, and life cycles follow this circle round pattern. The Four Powers nourish the blossoming World Tree at the center of the Circle of Life.

For the people to thrive and blossom, the Sacred Hoop must be whole and unbroken. There are four equally important ways of perceiving things in life and of pursuing knowledge. These are also known as the Four Directions, the Four Powers, and the Four Quarters. They are the four cardinal points of the circle, each of which represents different power essences of nature, seasonal rhythms, and stages of life.

Native American Sacred Hoop Medicine Wheel with Prayer Ties.

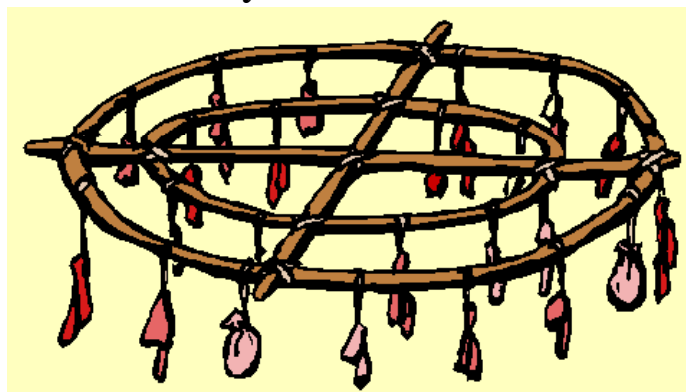
These four directions are:

North (Wisdom, White, Buffalo, Maturity, Strength and Stamina);

East (Peace, Gold, Eagle, Elder, Clarity and Illumination);

South (Expansion, Green, Mouse, Infancy, Wholesomeness and Expectation); and

West (Nourishment, Black, Bear, Youth, Introspection and Authenticity).



The Medicine Wheel is circle that symbolizes all of life and the lives of individual beings as they express the power of the world through harmonious movements, and, as they are nourished by the spiral of constant circular motion of the wheel of Spirit.

Medicine Wheel traditions vary from tribe to tribe. An example of a medicine wheel is one where the center of the wheel is bisected by two paths. The path from North to South is the road everyone travels in life; while, the path from East to West is the road individuals travel as they learn lessons, growing in Spirit.

Golden Ankh

Symbol of Eternal Life. The gods are often seen holding an Ankh to someone's lips and this is considered to be an offering of "The Breath of Life."



Ancient Egyptian Mantra Initiation

This is an initiation the meditation of the Ancient Egyptian (Kemetic) mantra ANKH BA. That is shown in hieroglyphs [Medu Netjer] like this:

To receive the initiation

While there are no required rituals or symbols, three steps are recommended to help you focus your intention:

- 1.**
Go into your quiet inner space and verify that both your heart and your mind are willing to receive the initiation.
- 2.**
Then make a specific statement, either out loud or to yourself, that you wish to receive the initiation. The exact words don't matter.
- 3.**
Call Upon Isis and Ra.



4.
When you're ready; then view at the image on the next page that has been specially prepared to facilitate the initiation. Look at the screen for at least 30 seconds. The spiritual energy that carries the initiation will enter your energy field through your eyes, empowering you to do the mantra meditation. You only need to do the above steps once in your life.



How to do the meditation

The meditation uses the mantra "ANKH BA". This mantra can be translated "The soul lives", meaning that the soul is a living reality that we are meant to experience here on earth, thereby bringing feelings of profound joy, aliveness and love into our daily life.

More information on this mantra and its pronunciation are noted below. To do the meditation, repeat the mantra ANKH BA (either out loud or mentally) while simultaneously focusing your attention on the point midway between your eyebrows.





If you can sense the chakra in this area, you will get somewhat better results by focusing on the chakra itself - however, it is enough to focus your attention on the surface of the skin midway between the eyebrows. If your attention wanders from either the mantra or the between-the-eyebrows point, then gently bring it back.

The emphasis is on refocusing your attention, not trying to drive out other thoughts. Although the image of the ankh carries the energy of the empowering initiation, it is not part of the ANKH BA meditation itself. The meditation does not require visualizing an ankh.

To get the best results from this meditation, it is recommended that you do it at least 3 times per week. It is also suggested that you meditate for at least 20 minutes per time. Most people reach a point of diminishing returns after about 45 minutes; however it is safe to do the meditation for as long as you want because the energies that the meditation brings in will temporarily shut off if you start to overcharge yourself.

NOTE:

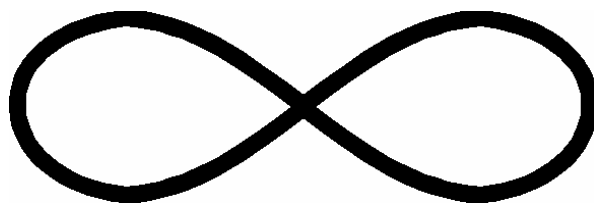
 - The ankh is an ancient Egyptian symbol taking the form of a T-shape surmounted by a loop. The ankh has multiple meanings, including eternal life. It is also the word for physical life.

 - The word "ba" had somewhat different meanings in different ancient Egyptian schools; here it is best translated as "soul".

It is through the soul that we have eternal life and even physical life, for without the soul the body is just lifeless clay. Here's a guide to pronouncing the phrase "ankh ba": In the word "ankh" the letter "a" is pronounced like the "a" in "hat", the "n" is pronounced like the "n" in "ring", the "kh" is pronounced like the "k" in "bake". In the word "ba", the "b" is pronounced like the "b" in "bed" and the "a" is pronounced like the "a" in "car".

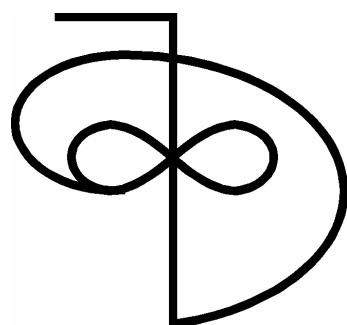
Infinity

This sign, the number 8 positioned horizontally...denotes the idea of infinitely great or infinity, referring to distances or numbers. Sometimes the concept of infinity in mathematical systems is expressed by the infinity sign. It represents a double endlessness or eternity.



The infinity is the representation of how the Seichim energy operates. It is a sense of completeness. When connecting to Seichim focus on universal love from the One Source.

You will feel this especially in the Heart Chakra.



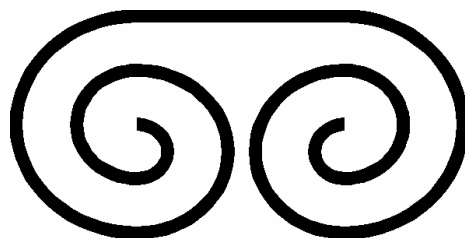
Cho Ku Ret (also called Zara)

Zara is used to awaken the consciousness or initiate inanimate objects. This brings the objects innate characteristics to the foreground, and enables one to empower and work with it as if it were animate. For example you can use Zara to awaken your car so it is always a reliable and safe conveyance. You can awaken your bed so your sleep is perfect and connected. You can do this with your food, with clothing. My friend used the symbol over his suit before a big interview and got a great job that he, on paper, was not qualified for. Draw it on your house, in your office and other places that you frequent so that they are filled with this wonderful energy.

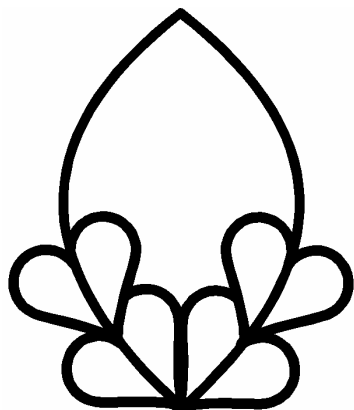
To use the symbol you have many choices. You can simply draw it and let energy beam from your palms into the object to empower them. You can also use any symbol techniques from Reiki or other styles that you know that you are comfortable with. You can also attune objects using the Seichim empowerment and placing the symbol on them. This will be discussed when we cover the attunement process.

Angel Wings - Realization of Potential

Angel Wings is one of my favorite Seichim Symbols. Angel Wings is the Realization of Potential. It can be used on everything. Meditating with it helps unblock potential, freeing us to make changes and grow. The goal of Seichim is to connect fully to the universe. Angel Wings helps us see our spiritual nature in relation to all things. The symbol has two spirals moving to each side. The symbol represents balance, but also moving energy in the pattern that the spirals suggest. Angel Wings is used in attunements and treatments to "seal in" the energy. The feel of this symbol is remarkable, and has both a light and loving feel and a heavy spiral all at once.



When using Angel Wings in treatments first begin the treatment. Then use whatever symbols are appropriate and then the AngelWings to work on blockages and to help others (or yourself realize potential). It is a good symbol to use after scanning to help break up problem areas and the seal in the healing energy. Use AngelWings at the end of the treatment to seal in healing.



Male-Female Balance

(Everlasting Flower of Enlightenment - Golden Sun)

Everything in creation seeks balance. In Chinese mythology it was said that from the Tao came the Yin and the Yang, and from the Yin and Yang came the 10,000 things (i.e., all creation). Yin and Yang represent balance, but something more. Everything contains within it the essence of its opposite. This symbol represents balance. The symbol is like a flower, with two hearts on each side. All is duality. The symbol expresses a unification of the parts of ourselves that are dual in nature.

This symbol represents and is used to balance the Masculine and Feminine energies in a person. Carl Gustav Jung, the eminent psychologist discussed at length the "anima" and "animus", the male and female aspects of all beings. By bringing them into balance the person feels a sense of wholeness, unity and completion. This male female balance is expressed in most religions. The Yin and Yang express both this duality and the idea that even a polar opposite contains some of the essence of its opposite. The Hebrew name for God, represented by IHVI (Yod Heh Vau Heh) is a blend of Masculine and Feminine.

This symbol helps us to find balance in ourselves. Some of us are too yin and others too yang, too masculine or too feminine. Although the symbol is called "male-female balance", it refers to all the dualities that we are and experience. With balance comes emotional integration. This is an acceptance of the diverse parts of who we are. What also comes is freedom. We free ourselves from the patterned conditionings and ways of acting that are out of balance. In this way we respond out of love in situations, not react out of preprogrammed conditioning that is out of balance.

The attunement brings the aspect of the energy into us, it increases our awareness of balance and the awareness to do so. However, it is not magic and does not remove the work that must accompany this. The Meditation with the symbol helps increase the awareness and action.

Using the symbol in healing is just like using any other symbol. Good areas to treat are the heart, and brain or any area that you intuitively feel will help. Using this aspect of the energy helps to bring balance to them.

This symbol is also called by other names in other seichim styles. In one it is called the shining everlasting flower of enlightenment. It is the flower of the heart. By moving from duality we experience the oneness and experience satori or a onepoint connection with the all, the at-onement.

High/Low/God

This symbol is used to Align the higher, lower and God selves of an individual so that they all work together for the highest good of the individual. Notice that the alignment reflects a trinity, or tripartite structure that is so common in most spiritual systems.

The Alignment is vertical. It flows from the Infinite, through us and into the earth. We become the infinity as the different aspects of our nature are brought into alignment.

The symbol is called the "High/Low/God" Symbol. It represents this flow of energy from the divine, through our "selves". The "High" self, or "Higher Self" is often thought of as the soul. It is our highest level of being and closest to the divine. The "Low" self is the ego. It is under our conscious control and is responsible for making the choices that we do in life. The ego is an amalgam of all our experiences, beliefs, conditionings and as such often has moved away from the divine order and soul order. We become trapped in our beliefs and conditionings that prevent us from seeing reality as it truly *is* and move farther and farther from the divine order. This order is what the Taoists call the Tao or "the way".

We have different aspects of ourselves. We have physical, emotional and spiritual needs. This symbol helps us cleanse and let go of the things that prevent us from seeing things are they are, not as we want them to be. When we are in alignment with the divine order we experience harmony in our lives.

This Facet is thought to be a very important cleanse and can bring about big changes in one's life. Letting go of conditionings is never easy and the cleanse can be difficult for some. It is not an overwhelming process, but it will bring to the fore ideas and conditionings you have that you may need to address as you come more into focus with your life's plan and mission.

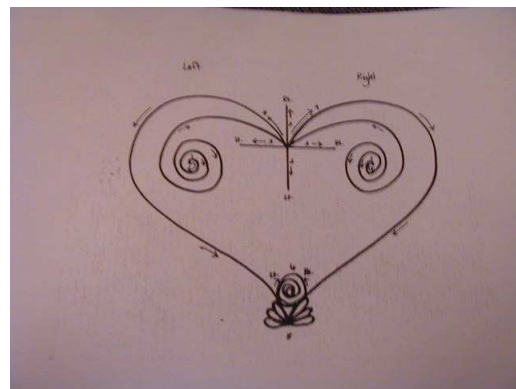
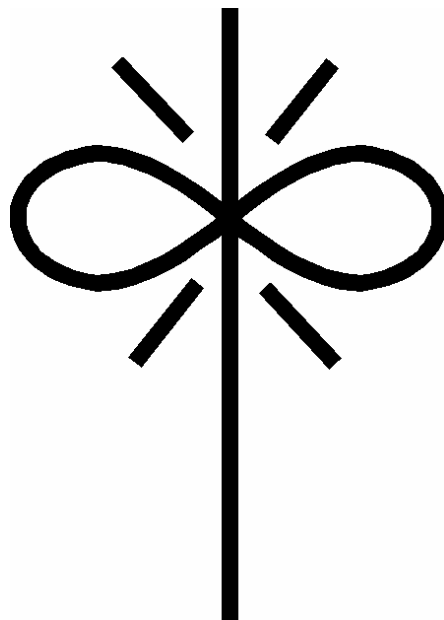
Symbol of Oneness ->



SUN:

Symbol of God/Universe Life and Creation Energy

Also represents Regeneration, Revitalization, Growth and Abundance



Eef Tchay (Endless Inner Sight)

The Eef Tchay Symbol is used to open the third Eye, and give one Endless Inner Sight. It allows you to see through the veils of illusion and see things as they really are. It is also used to enhance psychic sight.

This symbol represents the Eye of Horus. It is the awakening and opening of the third eye and the awareness of the third eye. Some schools teach that the third eye (or pituitary) actually swells and bursts any calcification or covering when it is fully open and working.

With the Eef Tchay, we are able to see what needs healed. This is not necessarily with the eyes but with the third eye. In Reiki Ryoho this skill is called "Reiji. We also find our discernment, the ability to know spiritually increases.

This energy system is to be given out freely to all that ask. To pass this energy system, simply say, "Dolphin Masters, Angels, Isis, Ra, and Osiris please come to my side. Make me a clear channel for attunements. Please assist me in attuning, (State name) to Dolphin Sekhem-Seichim Teacher".

Love,
Carol Ann Tessier

