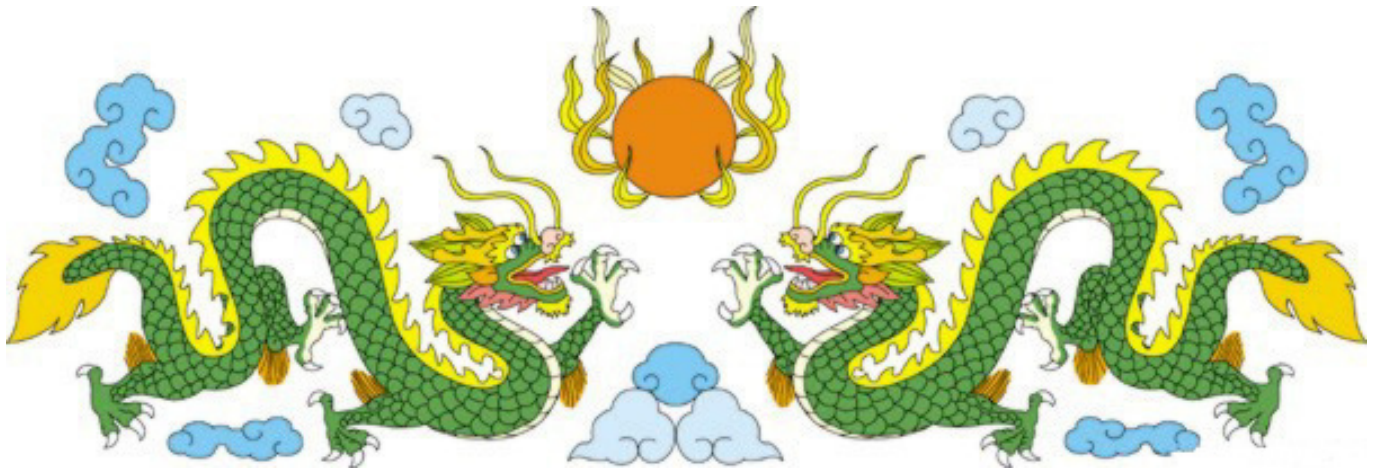


# INTERNATIONAL LIGHTWORKERS



## Canary Attunement LightWorker™ Series



**Channelled & written by Gail Schumann  
Layout by Jens Søborg**

## Canary Attunement (LightWorker™ Series)

I know Gail M. Schumann, as she has been a member of the Healing Information Group for many years. She is also State Director for Personal Ponies in New Hampshire, USA.

Personal Ponies (PP) is a national non-profit organization dedicated to the belief that the life of a child with disabilities can be immeasurably enriched by having a small pony to love and care for. Founded in 1986, PP has grown into a national organization involving hundreds of volunteers throughout the country which mission is to make magic in children's lives, to bring smiles and joy in a most unusual way.

There is something special that happens between a pint-sized pony and a child. There is "magic" of this little animal that speaks to a child in its own way! In 1994, a call from Marianne Alexander inquiring about miniature sheep brought New Hampshire into the world of PP. It also brought pony pals into the PP world, as ponies are never placed alone; they are always placed with another pony or a companion.



Being in so close contact with the animals, Gail has made many attunements. This one we present among the ...

### LightWorker™ Animal Empowerments (all originals)

Albatross Empowerment (Carol Ann Tessier) (LightWorker™ Series)

Bat Empowerment (Elizabeth Hibel) (LightWorker™ Series) - 20 \$

Bear Empowerment (Brenda "Silverwolf" Hanlon) (LightWorker™ Series) - 15 \$

Buffalo Empowerment (Brenda "Silverwolf" Hanlon) (LightWorker™ Series) - 15 \$

Butterfly Empowerment (Nan Fahey) (LightWorker™ Series)

### Canary Attunement (Gail Schumann) (LightWorker™ Series)

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Goat Empowerment (Brenda "Silverwolf" Hanlon) (LightWorker™ Series) - 15 \$

Hawk Empowerment (Lisa "Ladywolf" Center) (LightWorker™ Series)

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Zebra Empowerment (Jens Söeborg) (LightWorker™ Series)

### **LightWorker™ Animal Medicine Empowerments (all originals)**

Armadillo Medicine Empowerment (Lisa "Ladywolf" Center) (LightWorker™ Series)  
Bear Medicine Empowerment (Lisa "Ladywolf" Center) (LightWorker™ Series)  
Cougar Medicine Empowerment (Lisa "Ladywolf" Center) (LightWorker™ Series)  
Coyote Medicine Empowerment (Lisa "Ladywolf" Center) (LightWorker™ Series)  
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Raccoon Medicine Empowerment (Lisa "Ladywolf" Center) (LightWorker™ Series)  
Spirit of the Spider Medicine™ (Nicole Lanning) (LightWorker™ Series) - 10 \$  
Turkey Medicine Empowerment (Lisa "Ladywolf" Center) (LightWorker™ Series)  
Turtle Medicine Empowerment (Lisa "Ladywolf" Center) (LightWorker™ Series)  
Vulture Medicine Empowerment (Lisa "Ladywolf" Center) (LightWorker™ Series)

## **Canary Attunement**

When we think of totem animals, we think of powerful creatures like the bear or wolf. We do not usually think of the humble canary listed among such prestigious company. However, the canary traces its mystical roots back to the mistrel brotherhood of the middle ages - the people of the Harz Mountains in Germany. Canaries are also linked to the bardic tradition in Nuremburg that was founded to teach the physical and spiritual power of sound. They found the canary a nice parallel.

People with the canary as a totem find that their voice becomes awakened. This awakening doesn't necessarily translate into musical talent. Instead, it refers to the symbolic "song" of life. People need to think about the song their life has been singing and think about removing any "sour" notes. The meaning behind the words may also be felt more. Loving words become moreso, while words that might have only been a slight barb, cut deeply. Sound, whether spoken or sung, is one of the most powerful forces in the universe.





With it, you can heal, enlighten, excite, manifest and awaken. Your words will have more force – they will be felt more lovingly or hurt more deeply.

Canaries also reflect an awakening of the heart and throat chakras (power centers within the body). This gives power to the words and emotions making them felt more strongly than they might otherwise have been felt.

Canaries give people more sensitivity to the atmosphere in their environment. Canaries thrive in fresh, clean air and surrounded by love.

## Canaries - Warning System for Miners

Early miners in the Harz in Germany and the early coal miners in USA didn't have the special equipment miners have today to measure gas in the air, so it was impossible to tell if the gases were building up to dangerous levels. Miners started to use canaries to test the air quality in the mines. Canaries are very sensitive to carbon monoxide. The canaries would chirp and sing and make noise all day long.

But, if the carbon monoxide levels got too high, the canaries would have trouble breathing, and maybe even die. When the canaries were no longer singing, miners would know that the gas levels were too high. They would leave the mine quickly to avoid being caught in an explosion. This is how canaries acted as a warning system for miners.

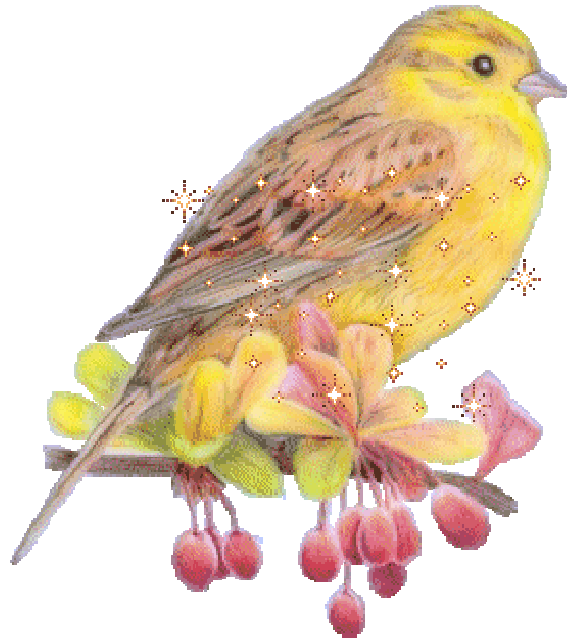
## Canaries as pets

The custom of keeping songbirds and ornamental birds in captivity goes back at least as far as the ancient Roman, Egyptian, and Chinese cultures. Most or all of the cage birds kept by these cultures seem to have been trapped wild specimens, but the canary would make a fine symbolic stand-in for them, and in some ways serves as the logical culmination of the ancient art of cage bird keeping. And, although the ancestors of our own canaries have been in captivity only since the Spanish conquest of the Canary Islands in the late 1400's, these creatures merit placement among domestic animals that have a much longer history with us, like dogs and cats and even roosters, because they have become a part of human myth in their own small way. A myth is a story which is intended to convey some deeper human meaning, truth, or reality than mere facts can convey. Myths, whether they are based on actual historical events or not, are meaningful, true, and real in a way that everyday ways of knowing fall short of.



Although its appearance didn't immediately draw the attention of the Spanish conquistadors and sailors, the canary's song certainly did. It was for this quality alone that the first of these birds were exported back to Spain, and the first part of the canary myth involves the breeding of the little birds in captivity once they got there. The story goes that the Spaniards discovered the secrets of breeding the birds after long years of trial and error, and jealously guarded these secrets, thereby maintaining a monopoly on the supply of the songsters to the courts of Europe. Because only the males sang, they alone were in demand, and all the females could be kept in Spain for breeding, ensuring that the monopoly would continue indefinitely. It was said that the Spanish monasteries and friaries, where the religious had mastered the art of canary breeding, grew quite rich. Soon, the Gregorian chant of every major religious house in Spain was accompanied by the songs of the breeding birds. At that time, according to the myth, it became fashionable for a wealthy lover to present a singing canary in a bejeweled golden cage to the object of his affection, but the magnificent cage was a mere trifling accessory when compared to the monetary value of the bird within! Well beyond the reign of Elizabeth I of England, who was said to have received many such gifts, this continued to be a common practice in the royal courts of Europe. According to the second part of the canary myth, a chance occurrence ended the Spanish monopoly (Bielfeld 15ff).

As it was returning to Spain from the Canary Islands, a Spanish treasure ship was forced off course by a terrible storm. When the storm was over, the sailors found themselves on the Italian island of Elba; the consignment of birds aboard ship escaped or was released out of pity by the sailors and soon populated the little island. The Italians, as keen to make a buck as the Spaniards, soon heard of this event and began first trapping and later breeding the birds. Shortly thereafter, breeding began in Germany as well, and between these three sources enough birds were eventually raised for prices to drop (Galloway 5).



In 1709 and 1713 Hervieux, the superintendent of aviaries and poultry yards for the Duchess De Berry, identified 29 varieties of canary under his care in his Treatise on the Serins of the Canary Islands. Elaborate explanations and descriptions that amount to a sort of mythical “wish list” have grown up around this simple naming of the colors of the common canary available at that time. There are those who still strongly hold that every subsequent breed of canary can be identified from, or at least have its origins traced back to, this holy grail of a list. In this way, everyone’s favorite breed gets to be 300 years old, and that’s a long way back in canary culture (Galloway 10ff).

From this point the line of canary myth can be followed to Germany where it takes on even larger dimensions as a Teutonic tragic sense is added to it. Here, out of the adversity of the miner’s life of darkness and damp comes a breed of song canaries which are called edelroller or “noble roller” in Germany, in an effort to show the importance of this breed in the German mind. Here is, according to German roller breeders, a canary’s canary, one that has perfected the hollow rolling depths that a canary’s voice is capable of. There is even an operetta called *Der Vogelhandler* about the young Tyrolese and Harzer men who tramp off on romantic adventures to far flung regions with 200 small cages strapped to their backs, their home villages depending for survival on the extra income to be brought in by the sale of the rollers.

As part of our own waterslager’s breed myth, a travelogue which mentions canaries that have “watery” songs around the city of Mechelen, between Brussels and Antwerp, is supposed to have been written just a year after Hervieux’s 1713 work. This would mean that the waterslager’s origin approaches that magic 300 year mark as well.

I think the real point behind all of these myths is to express the human fascination with these little birds, to show the high value that has been placed on them, beyond gold and jewels, by those who appreciate their lively behavior, trim looks, and varied song.



## Attunement

There is a tug at the heartstring that ties us to all of the living things around us when we hear these creatures express themselves in song, a tug that brings out the romantic in all of us. With the Italian bird trappers we wish to profit by contact with these birds, and with the German miners we wish to raise ourselves from the darkness of a life without birdsong. In short, the telling and retelling of these myths help us to express our passion about these little birds and their songs. Please call upon your Higher Self, Angels, Spirit Guides and anyone else you wish to join you and then call the Canary to join you. Ask to receive the beauty and song that this little bird has to offer you. Let the joy in the song fill your heart to the brim. Let the music fill your ears. And when you are ready to return from your meditative state please thank everyone that joined you, thank the canary and remember the song he sang to you.

## Passing the attunement

Ask your Higher Self, Angels, Spirit Guides and anyone else you would like present and the Canary to assist you in sending (person's name) on (date) the Canary attunement. Please ask the Canary to sing a special song for them. Thank everyone that has assisted you and seal the attunement in love and light and song.

