

# *Angel Light Healing*



A Guide To Self-Empowerment Using the  
ANGEL LIGHT HEALING TECHNIQUES

As taught by:

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## *About Sensei Clayton*



Ordained Minister in Five Metaphysical/New-Thought Churches  
Meditation Instructor, Initiate of the Nyingma School of Tibetan  
Buddhism • Reiki Master/Teacher in both Traditional and Non  
Traditional Reiki Systems • Angel Light Healing Facilitator •  
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Randolph E. Clayton, Sensei is the Director of the Western North Carolina Reiki Center. A student of metaphysics for many years, he was ordained in 1995 after years of study to act as a metaphysical minister, and in 1996 he started the Universal Church of Light Church and Seminary in Wilmington, NC.

While studying Metaphysics, Sensei Clayton was introduced to Naturopathy which follows two universal concepts; *Primo non nocere* (First, do no harm) and *Vis medicatrix naturae* (With the medicine of nature). He began studying Naturopathy, and was introduced to a Naturopath who was herself a Usui Reiki Practitioner.

He began studying Reiki, and later Buddhism, and became a Reiki Teacher and Meditation Instructor. He eventually founded the International Institute for Energetic Medicine to instruct people on natural and energetic healing practices.

Eventually he moved to Asheville, NC, to set up a practice emphasizing the practice of Reiki as a system of spiritual healing, and a *sadhana* (spiritual practice leading to enlightenment).

He resides in Canton, NC, with his partner. He can be contacted by e-mail at [wncreiki@gmail.com](mailto:wncreiki@gmail.com) or by telephone at (828) 335-6190.

May all beings benefit!

## **Introduction to Angel Light Healing**

I was introduced to Angel Light Healing, by Chris Kinross, who was trained and initiated into **Karuna Ki** and **Imara Reiki** by Barton Wendel, the developer of **Imara Reiki**.

Barton was a Reiki Master, Karuna Ki Master, Massage Therapist, and was trained as a Facilitator (Healer) in the Laho-Chi system. Barton mixed elements of Laho-Chi with Karuna and Reiki to create a new system called **Imara Reiki**.

In addition, the main teachers of Laho-Chi, also taught a method of spiritual healing attributed to the angels called **Angel Light Healing**. This system was given for free, and a ritual of initiation or empowerment was used to connect others to the energy; a ritual that could be guided by a teacher, or done simply by the student.

## **Mastery through Angel Light Healing**

Angel Light Healing is unique in that it does not require waiting periods, advanced or complicated training, multiple empowerments or initiations, complicated symbols, or even a teacher – though the teacher at least can be beneficial.

All that IS required – is your commitment to heal, and a few basic supplies.

To that end, let me mention a few points:

- This technique will not make you a Master. You are a facilitator for the Creator (God/Goddess/Spirit) ONLY – the real power, in this system, is there. That does not negate traditions which require personal mastery, but it isn't found here.
- As such – your lineage is directly from the Creator – through the Angels – to you.

- As far as **training goes**, I was given the teachings of Angel Light Healing from my **Karuna Ki** and **Imara Reiki** master/teacher, Chris Kinross, who in turn received these teachings from Barton Wendel. I believe Barton Wendel received them from Dan and Rio Watson, and I have no idea who they received those teachings from – or if they created the teachings themselves.

### **My Experience with Angel Light Healing**

I would say that my experiences with Angel Light Healing have been wonderful, but in essence – not necessary – because I have been working with the Angels and especially the Cardinal Archangels through prayer and devotion since 1991.

What Angel Light Healing does – is offer people without that experience – a way to mark their connection and to work with the angels in a powerful, supportive, and life-affirming way.

### **Before taking Angel Light Healing**

- Do you want to complete this spiritual work for the benefit of others?
- Do you feel called to bring healing to others?
- Do you believe that everyone has the right to experience the touch of spirit – regardless of their religious beliefs or how the Divine manifests to them?

## **Receiving the Angel Light Healing Initiation**

To receive the Angel Light Healing Initiation, you will need a few items:

A small table you can turn into a temporary altar/shrine

A glass of water

A white candle -- and a white, clear, silver, or gold candle holder.

A white sheet, towel, or cloth.

In addition, you can place images of angels, saints, Christ, or other sacred images to represent the forces you are calling on.

You will also want something to represent your connection to the spirit. I was told that you should wear clean clothes – all white, or natural cotton colors – or should wrap yourself in a white sheet. What I suggest to my students is getting white satin cord to bless and use as a sign of your commitment, because then you can take that with you wherever you go.

Set up the altar with the white cloth, and the water and candle, and any sacred images you wish to place on the shrine. Hold your hands in a prayer position with the white cord in between them, and kneel before the shrine saying:

**(Lord/God/Spirit) please bless me, that I may be initiated into Your Divine Healing Service. I pledge my heart and hands to the healing of all humanity. I humbly give thanks to thee. Amen.**

Mindfully, take a sip from the glass of water – and understand that you are receiving the blessings of the Creator. Drink the rest of the water, and place the glass back up on the altar.

Place your head to the ground for three minutes – in supplication to the Creator for what you have requested. Allow yourself to be filled with Divine Light.

Announce –

Solitarily: **“I am now initiated into Angel Light Healing.”**

When initiating someone else: **"You are now initiated into Angel Light Healing."**

If you are teaching a group, pair up and give Angel Light Healing to each other for ten or twenty minutes, and then switch.

If you are teaching a singular person, let them do Angel Light Healing on you, and then do Angel Light Healing on them.

If you are doing the Self Initiation, simply do Angel Light Self Healing for ten minutes on yourself.

Remember – the more healthy and connected you are, the better your healing abilities will be.

## **Angel Light Healing**

Place one hand just slightly below the navel and one hand on the top of the head. Allow yourself to be filled with the Light of the Creator of the Universe, and silently or out loud affirm:

**Angels of Light, Please heal \_\_\_\_\_. (three times)**

To do self healing, just place your hands on yourself in those positions and state: "Angels of Light, Please heal me", three times.

## **Calling On Specific Angels**

You may also wish to call on the names of specific angels who represent natural and spiritual forces awake within the Universe.

Raphael is the Archangel of Healing, and was given the title "Physician of God".

Michael is the Archangel of Strength and Protection, and is also powerful in granting us the strength to make it through a hard surgery, or a long illness.

Gabriel is the Archangel of Truth, Understanding, and he offers us hidden and sacred wisdom.

Auriel is the Archangel of Honor and Devotion, and he helps grant us the ability to honor and serve, and be faithful and true.

To invoke a specific angelic entity declare

**I am that I am Archangel Raphael** – and then begin with your healing work.

I am that I am is one of the oldest Hebrew names of God, referring to God as the Creator, Beginning, and Ending of the Universe, and all that is and ever will be – including within us.

## **Final Notes**

Angel Light Healing is to be given free of charge. However, offerings to benefit the activities of those teachers sharing this information is welcome. Offerings of any kind – whether directly to the teacher – or to the Universe as a whole – benefit both the givers and the receivers.

These teachings should not be trademarked and copyrighted. As we received these teachings for free, we should in turn offer them for free to our communities.

## **Ministry of Healing**

Many of us were called by our individual faith/s to provide healing to those in need, with no concern for our own care. That being said, there are many places (the State of Florida, for example) which is trying to regulate the practice of spiritual healing – whether provided by Ministers or Lay-People. Be aware of the laws in your state, and before believing anyone specific website which states to have detailed listings of the laws in your area, contact your local City offices, county offices, or Secretary of State for more information.

Life, Prosperity, and Good Health....

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