

Ancient
Fairy Stone Healing
Empowerment



As Received and Written By

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Fairy (Faery) Stones

In the British Isles many of the large old stones have been associated in some way to the Fairy (Faery) and Druids, or they have god/goddess legends attached to them. It was considered bad luck to try to move them. Large standing stones or stone monuments located throughout the countryside have been associated with the Fae and were often considered useful for healing purposes. Stones in general have a very long history of use in healing of various types of maladies, used for divining the outcome of illness and quite often were used in hopes of curing infertility. Through the ages sick children have been passed through stones with large holes in them or ritually led through stone archways to combat illnesses.

A STONE OF PROPHECY

The famed Highland Seer Kenneth MacKenzie also known as the Drahan Seer of the Isle of Lewis, gained his gift of sight after an encounter with the Land of Fairy (Faery). The legend says that one day when he lay down to rest from his labors he fell fast asleep. Without realizing it he had fallen asleep on a fairy hill. When he awoke, he found a small round stone with a hole in its center lying on his breast. When he looked through the hole he found he could see many things. He could see the future. He could see people's motives and their actions and over time he became known as a prophet because of these gifts. The stone that he was given by the Fairy is called a Holey stone.

HOLEY STONES



The Holey stones are centuries old stones carved by nature. The holes are worn completely through the stone and have at least one naturally occurring hole. These old stones carry the wisdom of nature and of the ages; and they have extremely powerful magical properties such as good health and protection associated with them. Protection is considered to be the most important property.

The Holey stones are said to bestow the gift of psychic sight when looked through. Legend has it that if you look through a holey stone during the light of a full moon you can see fairies (faeries), visions, ghosts, non-physical entities, and the other-world even 'heaven'!



In some magical crafts the holed stone is associated with fairies. It is considered a doorway, or key to the doorway, into the fairy kingdom and in Italian folk magic, it is believed these stones have the power to bind a fairy to one's service for a length of time.

Holey stones have earned a variety of names, fairy stones, luck stones, wish stones, Goddess stones, Hag stones, mare-stanes, men-an-tol, an-cloc cosanta (drilled stones), crick stones (modern name), and even Odin stones deriving from a legend that says Odin transformed himself into a worm and slipped through a hole in a rock.



ELF STONES

Smaller healing stones were quite common. They were carried to relieve severe pain; they were carried for protection from the Evil Eye.

Elf-stones or ancient stone arrowheads are usually found near fairy hills and are held to be of great magical value because they were thought to be weapons used by elves and fairies. These stones were said to have great power and virtue but once removed from the ground they were thought to lose this power if it ever again should touch the Earth. It was a fairly common belief that power could be grounded or drained away into the Earth should the powerful object again come in contact with it.



HEED THIS WARNING...As to anything thought to have magical properties there is always the negative side effect to the positive. Being Elf-Shot or Elf-Stroked by malicious fairies is such a negative aspect. These naughty fairies fire their arrowheads at unsuspecting humans causing them harm yet leaving no visible means of knowing what had caused their illness thus being Elf-Shot. Sometimes the illness caused paralysis (today we call it a stroke) or even death, thus being Elf-Stroked. But by keeping your magical stones powered up and ready you should be able to prevent the malicious, naughty Fae from striking you down!

VARIOUS HEALING STONES

Reportedly, in the Scottish Highlands, healing charm stones have been passed down through families throughout the generations. Some of these healing stones were simple rocks of grey, green, or black, as well as many types of crystals. These stones were used for healing various ailments and were considered a very big treasure to their owners.



To heal with these stones...the chosen stone was dipped into water a prescribed number of times, usually the magically charged number three. With the charged stone having infused the water with its healing properties the water was consumed. There

were times that the stones were dipped into the sacred water of holy wells thus making the water much more powerful. This water was then used to bathe a person or an animal suffering from some ailment. The power blessed stones were used to rub over the afflicted part of the body or the entire body for healing purposes. Sometimes, the stone itself was touched and a wish was made.



In Wales, the healing power of stones was brought together with the healing power of herbs, and an ointment for healing joint pain was made by pounding flint stone, primroses, and chickweed together. In parts of Scotland pieces of white or rose quartz



were used to prevent rheumatism and other ailments. These were known as fever stones. The stones were put into boiling water; when the water had cooled, it was used to wash arms, legs, and other afflicted parts. Other times, the water was consumed to help cure fevers. It is probable that prayers were said over the stone-blessed water. Often, bottles

of treated water were sent out as Cures by the keepers or guardian of the stones.

One of these blessed stones was referred to as "the white stone of the faeries". The legend is that the stone had been given to a young boy by a fairy one day while the boy had been pouring water on a fairy knoll. A greatly appreciative fairy appeared at his side and gifted him with the stone as a reward for providing such refreshment. The fairy told the boy that the stone would heal his father of his pain if it was rubbed on the painful part of the body, and the water into which the stone had been dipped was consumed. The stone not only cured the boys' father but cured others suffering the same illnesses



Special yellow crystals were found near a holy well near Lough Neagh in Ireland. These crystals were said to grow in one night, Midsummer's Eve, and were found in great number scattered for a few miles about the general vicinity of the holy well. They were said to have power to avert evil and bring good luck and blessings if the Fairy Doctors pronounced certain secret words over them while gathering them.

It is said that in some places in Ireland, pilgrims visiting the holy wells gathered the small white stones found on the ground nearby and used them to make their prayers with. They would place the stones in a pile to make monuments between the rounds of their praying. Sometimes while praying the pilgrims heard soft beautiful music, which seemed to rise up from the watery depths of the well itself. Upon hearing the music the pilgrims would impulsively laugh and clap in joy. Usually such a response resulted in a cessation of the magical music, and often caused their piles of prayer stones to come tumbling down. If this happened, the pilgrims took it as sign that they should not have laughed while angels were singing, so they knelt down and resumed their prayers in a more reverent manner. In ancient Ireland, quartz crystal was often referred to as Godstone. The dead were often buried with small white stones or pieces of quartz crystal. Godstones have been found in burial sites in Britain, Scotland, the Hebrides, and the Isle of Man, which shows the custom to be a very widespread. While no good reason has ever been given for this, it is easy to speculate that, as with the above custom of praying with the stones at the holy wells, these godstones were also some kind of prayer stones conveying prayers or messages of love to the deceased, or perhaps messages sent with the deceased to the gods. Most of the white godstones were smooth, clean, polished, and water-worn. Perhaps the intention of placing these stones with the deceased was to make a connection between death and rebirth-with the smooth, water-cleansed stones representing the necessary preparation for rebirth.



ST. FILLAN'S STONES

In a village in Wales, there existed some strange and curiously shaped stones that were used for both healing and averting evil. They were river stones, and the constant washing of the waters was most likely responsible for their strange shapes. St. Fillan, who lived there in the 8th century and founded a nearby monastery had a reputation as a healer and was said to have used a set of stones whose shapes resembled parts of a human body. These stones resemble the organs they are said to heal: eyes, kidneys, liver, lungs, and heart.



The big round stone which appears to have eyes and a smiling mouth is to treat head problems -- everything from eyesight and hearing loss to headaches from any cause. The stone with one indentation like a belly button is to treat the front of the body. The stone of similar shape, but without the belly button is to treat the back of the body. The five additional stones are to treat the arms and legs.

St. Fillan left eight healing stones which are now kept at Tweed Mill in Killin. The official guardian of the stones is always an elderly woman of the family in which had the stones in their care. She would use the stones to heal by passing or rubbing them over the afflicted body part three times one way, three times the other, and then three times the first way again, while reciting an incantation in Gaelic. The number nine in their usage, and their guardianship by an old woman whose mill-keeping occupation associates her with the water of the "well-guardians," all show that this particular tradition is indeed part of a much older magical healing tradition.



People can come to the mill and hold the stones and rub them on afflicted parts of the body. The bed of leaves, twigs, and river wrack on which the stones rest is replaced every Christmas eve.

BULLAUN



Another interesting example of the use of stone in healing is that of bullauns. These are a stone basin of varying sizes and antiquity that contain a hole and within that hole sits a smaller stone. Rainwater tends to gather in the stone basins, and it is considered very sacred and healing. The rainwater that gathered in the bullaun stones is said to hold the magical potency of newness, vitality, and regeneration. The water was consumed, rags were dipped in it and applied to sore places, and various types of offerings were deposited within it. Bullauns were thought to be useful for specific things, such as eye problems, warts, rheumatism, and the like. In Christian times, the water was sometimes collected for use as baptismal water. It is also believed this stone is sacred to Goddess Brigid.

Some of the hollow stone basins were referred to as "cup and ring" stones. They have traditionally been used for a variety of magical purposes including use



as a place to leave offerings for the faeries. In the Highlands and Islands of Scotland, milk was poured into these basins as offerings to the grugach, the long-

haired and sometimes shaggy haired fairies or spirits who watched over and protected the cattle and the fields.



The presence of the smaller stone within suggests that these stones had a mortar and pestle type usage. The sexual connotation of this usage definitely suggests use in fertility magic so it is not surprising to find that one of their primary uses of the stones was for issues of virility, fertility, and childbirth. The stones' suggestive shape imbued them with the power in what such a sexual union of opposites holds: the very power to create new life. Powerful healing magic indeed!



IN CONCLUSION

Modern science tells us that many stones used for healing contain a crystalline structure and have various piezoelectric properties relative to expansion and contraction. Under certain conditions and a certain amount of pressure these crystalline structures or stones give off light. The physical properties of crystals allow that they can hold, focus, magnify, and transmit energy. When crystalline stones are boiled in water, certain nutritious minerals may be released.

Besides the Fairies and the Celts there are many other cultures that have made use of healing stones, so it is certain that the stones properties were known and very useful in the hands of a dedicated healer. Perhaps the knowledge of the stones properties was not as prevalent as what we know today but they were certainly ahead of their time as it where back then.

ATTUNEMENT:

There are no pre-requisites for this attunement. The attunement is based on intent and may be sent as intent or as chi ball. Always ask your higher sources to be with you and always thank them for their assistance. Whatever procedure you do to align with receiving attunements please continue to do them for this attunement as well.

This system is free of charge, and it shall always be passed as a gift to others! You are free to share this manual as long as it is kept intact.



Other Systems I Have Founded:

Majestic Conch Shell Empowerment

Wabi Sabi Empowerment

Banyan Tree Empowerment

Disclaimer: All information in this document is for spiritual and enjoyment purposes only and not meant to treat any disease or illness. If you are not well, please seek the attention of a properly licensed professional immediately.